

# Midtjysk supervinterlang 4

# Stræktider

# Vandskellet-12-02-2023

Plads Navn

Klasse

Tid

B124km

## 1 Simon Thrane Hansen 23

2:06:02

05:19= 06:58= 08:17= 09:12= 11:08= 13:27= 14:16= 20:19= 21:43= 24:01= 27:07= 32:21= 35:02= 38:49= 41:38= 44:27= 47:22= 56:44= 61:39= 62:56= 67:42= 69:44= 73:28= 76:43= 81:13= 83:40=  
 05:19= 01:39= 01:19= 00:55= 01:56= 02:19= 00:49= 06:03= 01:24= 02:18= 03:06= 05:14= 02:41= 03:47= 02:49= 02:49= 02:55= 09:22= 04:55= 01:17= 04:46= 02:02= 03:44= 03:15= 04:30= 02:27=  
 00:00=  
 85:48= 91:04= 95:37= 98:36= 100:48= 108:37= 112:40= 114:31= 117:30= 119:21= 121:59= 125:04= 126:02=  
 02:08= 05:16= 04:33= 02:59= 02:12= 07:49= 04:03= 01:51= 02:59= 01:51= 02:38= 03:05= 00:58=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

## 2 Henrik Rindom Knudsen 15

2:13:10

05:26+ 07:12+ 08:55+ 09:48+ 11:53+ 14:04+ 15:10+ 21:52+ 23:26+ 25:41+ 28:56+ 34:32+ 37:16+ 41:07+ 44:02+ 46:59+ 49:54+ 59:37+ 64:23+ 65:50+ 70:59+ 72:59+ 76:34+ 79:41+ 84:23+ 86:54+  
 05:26+ 01:46+ 01:43+ 00:53- 02:05+ 02:11- 01:06+ 06:42+ 01:34+ 02:15- 03:15+ 05:36+ 02:44+ 03:51+ 02:55+ 02:57+ 02:55= 09:43+ 04:46- 01:27+ 05:09+ 02:00- 03:35- 03:07- 04:42+ 02:31+  
 00:07+ 00:07+ 00:24& 00:02- 00:09+ 00:08- 00:17& 00:39# 00:10# 00:03- 00:09+ 00:22+ 00:03+ 00:04+ 00:06+ 00:08+ 00:00= 00:21+ 00:09- 00:10# 00:23+ 00:02- 00:09- 00:08- 00:12+ 00:04+  
 89:22+ 94:59+ 100:08+ 103:14+ 105:31+ 114:35+ 118:42+ 120:44+ 123:56+ 126:04+ 128:44+ 132:08+ 133:10+  
 02:28+ 05:37+ 05:09+ 03:06+ 02:17+ 09:04+ 04:07+ 02:02+ 03:12+ 02:08+ 02:40+ 03:24+ 01:02+  
 00:20# 00:21+ 00:36# 00:07+ 00:05+ 01:15# 00:04+ 00:11+ 00:13+ 00:17# 00:02+ 00:19# 00:04+

## 3 Mikael Halberg Martinsen 22

2:50:57

05:47+ 07:53+ 09:38+ 10:45+ 13:53+ 16:50+ 18:13+ 26:27+ 28:14+ 30:21+ 34:25+ 41:45+ 46:44+ 51:22+ 54:53+ 58:26+ 61:51+ 74:39+ 81:18+ 84:27+ 90:58+ 93:29+ 97:33+ 101:33+ 108:03+ 111:07+  
 05:47+ 02:06+ 01:45+ 01:07+ 03:08+ 02:57+ 01:23+ 08:14+ 01:47+ 02:07- 04:04+ 07:20+ 04:59+ 04:38+ 03:31+ 03:33+ 03:25+ 12:48+ 06:39+ 03:09+ 06:31+ 02:31+ 04:04+ 04:00+ 06:30+ 03:04+  
 00:28+ 00:27& 00:26& 00:12# 01:12& 00:38& 00:34& 02:11& 00:23& 00:11- 00:58& 02:06& 02:18& 00:51# 00:42# 00:44& 00:30# 03:26& 01:44& 01:52@ 01:45& 00:29# 00:20+ 00:45# 02:00& 00:37&  
 114:13+ 121:42+ 128:20+ 132:06+ 135:01+ 145:37+ 150:59+ 153:50+ 157:58+ 161:19+ 164:42+ 169:27+ 170:57+  
 03:06+ 07:29+ 06:38+ 03:46+ 02:55+ 10:36+ 05:22+ 02:51+ 04:08+ 03:21+ 03:23+ 04:45+ 01:30+  
 00:58& 02:13& 02:05& 00:47& 00:43& 02:47& 01:19& 01:00& 01:09& 01:30& 00:45& 01:40& 00:32&

## 4 Flemming J. Christensen 22

3:08:32

07:26+ 10:37+ 12:56+ 14:28+ 17:29+ 21:01+ 22:46+ 32:11+ 34:10+ 36:37+ 41:24+ 49:18+ 53:29+ 59:08+ 63:29+ 67:23+ 71:50+ 85:37+ 92:30+ 95:04+ 101:57+ 104:58+ 109:53+ 116:01+ 122:50+ 126:43+  
 07:26+ 03:11+ 02:19+ 01:32+ 03:01+ 03:32+ 01:45+ 09:25+ 01:59+ 02:27+ 04:47+ 07:54+ 04:11+ 05:39+ 04:21+ 03:54+ 04:27+ 13:47+ 06:53+ 02:34+ 06:53+ 03:01+ 04:55+ 06:08+ 06:49+ 03:53+  
 02:07& 01:32& 01:00& 00:37& 01:05& 01:13& 00:56@ 03:22& 00:35& 00:09+ 01:41& 02:40& 01:30& 01:52& 01:32& 01:05& 01:32& 04:25& 01:58& 01:17& 02:07& 00:59& 01:11& 02:53& 02:19& 01:26&  
 129:56+ 137:26+ 144:57+ 148:56+ 152:46+ 163:38+ 170:06+ 172:50+ 176:53+ 180:03+ 183:25+ 187:29+ 188:32+  
 03:13+ 07:30+ 07:31+ 03:59+ 03:50+ 10:52+ 06:28+ 02:44+ 04:03+ 03:10+ 03:22+ 04:04+ 01:03+  
 01:05& 02:14& 02:58& 01:00& 01:38& 03:03& 02:25& 00:53& 01:04& 01:19& 00:44& 00:59& 00:05+

## 5 Anne Movin 22

3:38:43

04:43- 06:14- 23:23+ 25:25+ 32:32+ 35:18+ 36:50+ 37:17+ 39:44+ 41:13+ 44:54+ 53:43+ 58:09+ 64:20+ 68:36+ 73:04+ 77:59+ 96:12+ 104:54+  
 04:43- 01:31- 17:09+ 02:02+ 07:07+ 02:46+ 01:32+ 00:27- 02:27+ 01:29- 03:41+ 08:49+ 04:26+ 06:11+ 04:16+ 04:28+ 04:55+ 18:13+ 08:42+  
 00:36- 00:08- 15:50@ 01:07@ 05:11@ 00:27# 00:43& 05:36- 01:03& 00:49- 00:35# 03:35& 01:45& 02:24& 01:27& 01:39& 02:00& 08:51& 03:47&

## 6 Anne Brolin Gade NOTEAM

3:54:18

09:03+ 12:15+ 14:22+ 15:41+ 20:47+ 25:11+ 29:38+ 39:14+ 41:47+ 44:34+ 49:45+ 60:42+ 66:04+ 73:57+ 78:40+ 83:36+ 88:26+ 106:24+ 117:39+ 123:27+ 132:47+ 136:10+ 142:05+ 147:10+ 156:07+ 160:37+  
 09:03+ 03:12+ 02:07+ 01:19+ 05:06+ 04:24+ 04:27+ 09:36+ 02:33+ 02:47+ 05:11+ 10:57+ 05:22+ 07:53+ 04:43+ 04:56+ 04:50+ 17:58+ 11:15+ 05:48+ 09:20+ 03:23+ 05:55+ 05:05+ 08:57+ 04:30+  
 03:44& 01:33& 00:48& 00:24& 03:10@ 02:05& 03:38@ 03:33& 01:09& 00:29# 02:05& 05:43@ 02:41& 04:06@ 01:54& 02:07& 01:55& 08:36& 06:20@ 04:31@ 04:34& 01:21& 02:11& 01:50& 04:27& 02:03&  
 164:59+ 175:42+ 183:41+ 188:33+ 192:42+ 206:12+ 212:30+ 215:56+ 220:36+ 224:15+ 228:05+ 232:48+ 234:18+  
 04:22+ 10:43+ 07:59+ 04:52+ 04:09+ 13:30+ 06:18+ 03:26+ 04:40+ 03:39+ 03:50+ 04:43+ 01:30+  
 02:14@ 05:27@ 03:26& 01:53& 01:57& 05:41& 02:15& 01:35& 01:41& 01:48& 01:12& 01:38& 00:32&

## 7 Niels Jensen 11

4:00:29

08:04+ 10:52+ 12:59+ 14:29+ 17:46+ 21:19+ 22:47+ 33:12+ 35:24+ 38:16+ 44:10+ 54:53+ 60:07+ 66:50+ 72:10+ 76:49+ 81:41+ 101:36+ 111:16+ 113:48+ 122:43+ 126:35+ 133:15+ 139:13+ 148:50+ 154:45+  
 08:04+ 02:48+ 02:07+ 01:30+ 03:17+ 03:33+ 01:28+ 10:25+ 02:12+ 02:52+ 05:54+ 10:43+ 05:14+ 06:43+ 05:20+ 04:39+ 04:52+ 19:55+ 09:40+ 02:32+ 08:55+ 03:52+ 06:40+ 05:58+ 09:37+ 05:55+  
 02:45& 01:09& 00:48& 00:35& 01:21& 01:14& 00:39& 04:22& 00:48& 00:34# 02:48& 05:29@ 02:33&  
 160:01+ 170:29+ 181:41+ 187:59+ 192:40+ 207:33+ 215:01+ 218:47+ 225:02+ 228:28+ 232:56+ 238:57+ 240:29+  
 05:16+ 10:28+ 11:12+ 06:18+ 04:41+ 14:53+ 07:28+ 03:46+ 06:15+ 03:26+ 04:28+ 06:01+ 01:32+  
 03:08@ 05:12& 06:39@ 03:19@ 02:29@ 07:04& 03:25& 01:55@ 03:16@ 01:35& 01:50& 02:56& 00:34&

### Beste stræktid for klassen

04:43 01:31 01:19 00:53 01:56 02:11 00:49 00:27 01:24 01:29 03:06 05:14 02:41 03:47 02:49 02:49 02:55 09:22 04:46 01:17 04:46 02:00 03:35 03:07 04:30 02:27 02:08 05:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## B219km

|          |                       |           |                |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|-----------------------|-----------|----------------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>1</b> | <b>Mathias Nyvang</b> | <b>26</b> | <b>2:33:36</b> |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:30=   | 07:58=                | 10:30=    | 13:13=         | 16:22=  | 23:42=  | 25:26=  | 27:55=  | 31:38=  | 34:24=  | 37:54= | 41:19= | 43:41= | 45:35= | 47:58= | 53:12= | 64:09= | 71:47= | 73:56= | 77:00= | 80:02= | 83:50= | 86:59= | 92:27= | 95:45= | 98:58= |        |        |
| 03:30=   | 04:28=                | 02:32=    | 02:43=         | 03:09=  | 07:20=  | 03:09=  | 07:20=  | 01:44=  | 02:29=  | 03:43= | 02:46= | 03:30= | 03:25= | 02:22= | 01:54= | 02:23= | 05:14= | 10:57= | 07:38= | 02:09= | 03:04= | 03:02= | 03:48= | 03:09= | 05:28= | 03:18= | 03:13= |
| 00:00=   | 00:00=                | 00:00=    | 00:00=         | 00:00=  | 00:00=  | 00:00=  | 00:00=  | 00:00=  | 00:00=  | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |        |
| 101:53=  | 117:23=               | 125:48=   | 130:50=        | 135:25= | 141:40= | 144:33= | 149:55= | 152:47= | 153:36= |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:55=   | 15:30=                | 08:25=    | 05:02=         | 04:35=  | 06:15=  | 02:53=  | 05:22=  | 02:52=  | 00:49=  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:00=   | 00:00=                | 00:00=    | 00:00=         | 00:00=  | 00:00=  | 00:00=  | 00:00=  | 00:00=  | 00:00=  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

|          |                        |           |                |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
|----------|------------------------|-----------|----------------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|
| <b>2</b> | <b>Thorkild Jensen</b> | <b>20</b> | <b>2:40:19</b> |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
| 03:09-   | 08:14+                 | 11:09+    | 14:55+         | 16:44+  | 25:04+  | 27:08+  | 29:47+  | 33:49+  | 37:31+  | 41:56+ | 45:41+ | 48:22+ | 50:48+ | 53:24+ | 59:44+ | 71:48+ | 80:54+ | 83:20+ | 88:15+ | 92:06+ | 96:58+ | 100:09+ | 105:21+ | 109:25+ | 113:06+ |
| 03:09-   | 05:05+                 | 02:55+    | 03:46+         | 01:49-  | 08:20+  | 02:04+  | 02:39+  | 04:02+  | 03:42+  | 04:25+ | 03:45+ | 02:41+ | 02:26+ | 02:36+ | 06:20+ | 12:04+ | 09:06+ | 02:26+ | 04:55+ | 03:51+ | 04:52+ | 03:11+  | 05:12-  | 04:04+  | 03:41+  |
| 00:21-   | 00:37#                 | 00:23#    | 01:03&         | 01:20-  | 01:00#  | 00:20#  | 00:10+  | 00:19+  | 00:56&  | 00:55& | 00:20+ | 00:19# | 00:32& | 00:13+ | 01:06# | 01:07# | 01:28# | 00:17# | 01:51& | 00:49& | 01:04& | 00:02+  | 00:16-  | 00:46#  | 00:28#  |
| 116:58+  | 122:36+                | 128:53+   | 134:46+        | 138:07+ | 145:16+ | 149:22+ | 155:52+ | 159:12+ | 160:19+ |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
| 03:52+   | 05:38-                 | 06:17-    | 05:53+         | 03:21-  | 07:09+  | 04:06+  | 06:30+  | 03:20+  | 01:07+  |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
| 00:57&   | 09:52-                 | 02:08-    | 00:51#         | 01:14-  | 00:54#  | 01:13&  | 01:08#  | 00:28#  | 00:18&  |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |

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|----------|---------------------------|----------|----------------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|
| <b>3</b> | <b>Troels Christensen</b> | <b>2</b> | <b>2:40:31</b> |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
| 03:12-   | 08:25+                    | 11:21+   | 15:00+         | 16:58+  | 25:16+  | 27:14+  | 29:39+  | 34:13+  | 37:52+  | 41:58+ | 45:53+ | 48:41+ | 50:53+ | 53:36+ | 60:14+ | 71:57+ | 81:10+ | 84:17+ | 88:18+ | 92:27+ | 97:10+ | 100:19+ | 105:19+ | 109:29+ | 113:31+ |
| 03:12-   | 05:13+                    | 02:56+   | 03:39+         | 01:58-  | 08:18+  | 01:58+  | 02:25-  | 04:34+  | 03:39+  | 04:06+ | 03:55+ | 02:48+ | 02:12+ | 02:43+ | 06:38+ | 11:43+ | 09:13+ | 03:07+ | 04:01+ | 04:09+ | 04:43+ | 03:09=  | 05:00-  | 04:10+  | 04:02+  |
| 00:18-   | 00:45#                    | 00:24#   | 00:56&         | 01:11-  | 00:58#  | 00:14#  | 00:04-  | 00:51#  | 00:53&  | 00:36# | 00:30# | 00:26# | 00:18# | 00:20# | 01:24& | 00:46+ | 01:35# | 00:58& | 00:57& | 01:07& | 00:55# | 00:00=  | 00:28-  | 00:52&  | 00:49&  |
| 117:01+  | 122:40+                   | 128:57+  | 134:54+        | 138:06+ | 145:43+ | 149:32+ | 156:01+ | 159:22+ | 160:31+ |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
| 03:30+   | 05:39-                    | 06:17-   | 05:57+         | 03:12-  | 07:37+  | 03:49+  | 06:29+  | 03:21+  | 01:09+  |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |
| 00:35#   | 09:51-                    | 02:08-   | 00:55#         | 01:23-  | 01:22#  | 00:56&  | 01:07#  | 00:29#  | 00:20&  |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |

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|----------|----------------------|-----------|----------------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|---------|
| <b>4</b> | <b>Johan Nielsen</b> | <b>22</b> | <b>3:03:38</b> |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |
| 04:26+   | 10:11+               | 13:18+    | 18:54+         | 20:37+  | 32:07+  | 34:30+  | 37:16+  | 42:57+  | 46:49+  | 51:13+ | 55:36+ | 58:24+ | 60:44+ | 64:00+ | 71:01+ | 84:15+ | 95:18+ | 98:24+ | 102:55+ | 107:06+ | 111:59+ | 115:25+ | 120:48+ | 125:20+ | 130:00+ |
| 04:26+   | 05:45+               | 03:07+    | 05:36+         | 01:43-  | 11:30+  | 02:23+  | 02:46+  | 05:41+  | 03:52+  | 04:24+ | 04:23+ | 02:48+ | 02:20+ | 03:16+ | 07:01+ | 13:14+ | 11:03+ | 03:06+ | 04:31+  | 04:11+  | 04:53+  | 03:26+  | 05:23-  | 04:32+  | 04:40+  |
| 00:56&   | 01:17&               | 00:35#    | 02:53@         | 01:26-  | 04:10&  | 00:39&  | 00:17#  | 01:58&  | 01:06&  | 00:54& | 00:58& | 00:26# | 00:26# | 00:53& | 01:47& | 02:17# | 03:25& | 00:57& | 01:27&  | 01:09&  | 01:05&  | 00:17+  | 00:05-  | 01:14&  | 01:27&  |
| 134:09+  | 141:27+              | 148:03+   | 156:26+        | 159:52+ | 167:49+ | 171:29+ | 178:23+ | 182:10+ | 183:38+ |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |
| 04:09+   | 07:18-               | 06:36-    | 08:23+         | 03:26-  | 07:57+  | 03:40+  | 06:54+  | 03:47+  | 01:28+  |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |
| 01:14&   | 08:12-               | 01:49-    | 03:21&         | 01:09-  | 01:42&  | 00:47&  | 01:32&  | 00:55&  | 00:39&  |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |

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|----------|-----------------------|----------|----------------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|
| <b>5</b> | <b>Søren Andersen</b> | <b>4</b> | <b>3:14:55</b> |         |         |         |         |         |         |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 04:16+   | 10:09+                | 13:27+   | 16:50+         | 18:27+  | 27:51+  | 30:03+  | 33:10+  | 38:12+  | 41:57+  | 46:19+ | 50:20+ | 53:11+ | 55:47+ | 59:02+ | 66:28+ | 81:49+ | 92:05+ | 94:22+ | 99:06+ | 111:04+ | 116:28+ | 119:53+ | 125:42+ | 130:44+ | 135:43+ |
| 04:16+   | 05:53+                | 03:18+   | 03:23+         | 01:37-  | 09:24+  | 02:12+  | 03:07+  | 05:02+  | 03:45+  | 04:22+ | 04:01+ | 02:51+ | 02:36+ | 03:15+ | 07:26+ | 15:21+ | 10:16+ | 02:17+ | 04:44+ | 11:58+  | 05:24+  | 03:25+  | 05:49+  | 05:02+  | 04:59+  |
| 00:46#   | 01:25&                | 00:46&   | 00:40#         | 01:32-  | 02:04&  | 00:28&  | 00:38&  | 01:19&  | 00:59&  | 00:52# | 00:36# | 00:29# | 00:42& | 00:52& | 02:12& | 04:24& | 02:38& | 00:08+ | 01:40& | 08:56@  | 01:36&  | 00:16+  | 00:21+  | 01:44&  | 01:46&  |
| 140:06+  | 148:30+               | 156:23+  | 163:08+        | 167:13+ | 176:03+ | 180:49+ | 188:39+ | 193:00+ | 194:55+ |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 04:23+   | 08:24-                | 07:53-   | 06:45+         | 04:05-  | 08:50+  | 04:46+  | 07:50+  | 04:21+  | 01:55+  |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 01:28&   | 07:06-                | 00:32-   | 01:43&         | 00:30-  | 02:35&  | 01:53&  | 02:28&  | 01:29&  | 01:06@  |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |

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|----------|----------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|--|--|--|--|--|--|--|--|
| <b>6</b> | <b>Jesper Madsen</b> | <b>15</b> | <b>3:40:45</b> |        |        |        |        |        |        |        |        |        |        |        |         |         |         |  |  |  |  |  |  |  |  |
| 03:45+   | 09:12+               | 14:29+    | 20:42+         | 25:29+ | 32:29+ | 38:34+ | 44:36+ | 49:54+ | 61:10+ | 68:42+ | 76:33+ | 80:32+ | 91:11+ | 96:30+ | 106:09+ | 111:20+ | 113:02+ |  |  |  |  |  |  |  |  |
| 03:45+   | 05:27+               | 05:17+    | 06:13+         | 04:47+ | 07:00- | 06:05+ | 06:02+ | 05:18+ | 11:16+ | 07:32+ | 07:51+ | 03:59+ | 10:39+ | 05:19+ | 09:39+  | 05:11-  | 01:42-  |  |  |  |  |  |  |  |  |
| 00:15+   | 00:59#               | 02:45@    | 03:30@         | 01:38& | 00:20- | 04:21@ | 03:33@ | 01:35& | 08:30@ | 04:02@ | 04:26@ | 01:37& | 08:45@ | 02:56@ | 04:25&  | 05:46-  | 05:56-  |  |  |  |  |  |  |  |  |

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|----------|---------------------|-----------|----------------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| <b>7</b> | <b>Walther Kamp</b> | <b>15</b> | <b>3:40:47</b> |         |         |         |         |         |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |         |         |
| 04:51+   | 11:18+              | 15:24+    | 20:28+         | 22:53+  | 33:53+  | 36:26+  | 39:22+  | 44:54+  | 49:07+ | 53:55+ | 59:03+ | 62:23+ | 64:50+ | 69:27+ | 77:55+ | 92:24+ | 107:54+ | 111:24+ | 122:14+ | 128:24+ | 133:04+ | 140:04+ | 146:20+ | 152:24+ | 157:38+ |
| 04:51+   | 06:27+              | 04:06+    | 05:04+         | 02:25-  | 11:00+  | 02:33+  | 02:56+  | 05:32+  | 04:13+ | 04:48+ | 05:08+ | 03:20+ | 02:27+ | 04:37+ | 08:28+ | 14:29+ | 15:30+  | 03:30+  | 10:50+  | 06:10+  | 04:40+  | 07:00+  | 06:16+  | 06:04+  | 05:14+  |
| 01:21&   | 01:59&              | 01:34&    | 02:21&         | 00:44-  | 03:40&  | 00:49&  | 00:27#  | 01:49&  | 01:27& | 01:18& | 01:43& | 00:58& | 00:33& | 02:14& | 03:14& | 03:32& | 07:52@  | 01:21&  | 07:46@  | 03:08@  | 00:52#  | 03:51@  | 00:48#  | 02:46&  | 02:01&  |
| 168:58+  | 176:21+             | 184:17+   | 188:17+        | 198:55+ | 204:16+ | 213:58+ | 219:06+ | 220:47+ |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |         |         |
| 11:20+   | 07:23-              | 07:56-    | 04:00-         | 10:38+  | 05:21-  | 09:42+  | 05:08-  | 01:41-  |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |         |         |
| 08:25@   | 08:07-              | 00:29-    | 01:02-         | 06:03@  | 00:54-  | 06:49@  | 00:14-  | 01:11-  |        |        |        |        |        |        |        |        |         |         |         |         |         |         |         |         |         |

### Beste stræktid for klassen

|       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 03:09 | 04:28 | 02:32 | 02:43 | 01:37 | 07:00 | 01:44 | 02:25 | 03:43 | 02:46 | 03:30 | 03:25 | 02:22 | 01:54 | 02:23 | 05:14 | 05:11 | 01:42 | 02:09 | 03:04 | 03:02 | 03:48 | 03:09 | 05:00 | 03:18 | 03:13 | 02:55 | 05:00 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### B314km

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|----------|--------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>1</b> | <b>Thomas Blok</b> | <b>18</b> | <b>1:25:19</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:10=   | 05:34=             | 07:07=    | 09:05=         | 10:01= | 11:31= | 15:49= | 16:28= | 19:00= | 21:14= | 25:13= | 29:11= | 30:44= | 32:35= | 36:06= | 38:14= | 40:33= | 43:37= | 46:43= | 48:22= | 50:44= | 59:34= | 61:56= | 65:09= | 68:11= | 69:51= |
| 02:10=   | 03:24=             | 01:33=    | 01:58=         | 00:56= | 01:30= | 04:18= | 00:39= | 02:32= | 02:14= | 03:59= | 03:58= | 01:33= | 01:51= | 03:31= | 02:08= | 02:19= | 03:04= | 03:06= | 01:39= | 02:22= | 08:50= | 02:22= | 03:13= | 03:02= | 01:40= |
| 00:00=   | 00:00=             | 00:00=    | 00:00=         | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 72:27=   | 77:54=             | 80:00=    | 82:09=         | 84:22= | 85:19= |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:36=   | 05:27=             | 02:06=    | 02:09=         | 02:13= | 00:57= |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:00=   | 00:00=             | 00:00=    | 00:00=         | 00:00= | 00:00= |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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|----------|----------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>2</b> | <b>Kristian Blok</b> | <b>18</b> | <b>1:28:49</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:08-   | 05:37+               | 07:10+    | 09:02-         | 09:59- | 11:34+ | 15:47- | 16:27- | 18:11- | 20:20- | 24:58- | 29:02- | 30:40- | 32:33- | 36:09+ | 38:17+ | 40:39+ | 43:49+ | 46:59+ | 48:53+ | 51:34+ | 61:10+ | 63:51+ | 67:18+ | 69:51+ | 71:36+ |
| 02:08-   | 03:29+               | 01:33=    | 01:52-         | 00:57+ | 01:35+ | 04:13- | 00:40+ | 01:44- | 02:09- | 04:38+ | 04:04+ | 01:38+ | 01:53+ | 03:36+ | 02:08= | 02:22+ | 03:10+ | 03:10+ | 01:54+ | 02:41+ | 09:36+ | 02:41+ | 03:27+ | 02:33- | 01:45+ |
| 00:02-   | 00:05+               | 00:00=    | 00:06-         | 00:01+ | 00:05+ | 00:05- | 00:01+ | 00:48- | 00:05- | 00:39# | 00:06+ | 00:05+ | 00:02+ | 00:05+ | 00:00= | 00:03+ | 00:06+ | 00:04+ | 00:15# | 00:19# | 00:46+ | 00:19# | 00:14+ | 00:29- | 00:05+ |
| 74:31+   | 80:35+               | 83:08+    | 85:34+         | 87:45+ | 88:49+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:55+   | 06:04+               | 02:33+    | 02:26+         | 02:11- | 01:04+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:19#   | 00:37#               | 00:27#    | 00:17#         | 00:02- | 00:07# |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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|----------|-------------------|---------------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>3</b> | <b>Kent Kragh</b> | <b>OK PAN</b> | <b>1:34:58</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:24+   | 06:30+            | 08:17+        | 10:42+         | 11:54+ | 13:38+ | 18:29+ | 19:15+ | 21:22+ | 23:32+ | 27:58+ | 32:29+ | 34:16+ | 36:21+ | 40:17+ | 42:40+ | 44:59+ | 48:19+ | 52:07+ | 54:01+ | 56:59+ | 66:36+ | 69:13+ | 72:44+ | 75:35+ | 77:30+ |
| 02:24+   | 04:06+            | 01:47+        | 02:25+         | 01:12+ | 01:44+ | 04:51+ | 00:46+ | 02:07- | 02:10- | 04:26+ | 04:31+ | 01:47+ | 02:05+ | 03:56+ | 02:23+ | 02:19= | 03:20+ | 03:48+ | 01:54+ | 02:58+ | 09:37+ | 02:37+ | 03:31+ | 02:51- | 01:55+ |
| 00:14#   | 00:42#            | 00:14#        | 00:27#         | 00:16& | 00:14# | 00:33# | 00:07# | 00:25- | 00:04- | 00:27# | 00:33# | 00:14# | 00:14# | 00:25# | 00:15# | 00:00= | 00:16+ | 00:42# | 00:15# | 00:36& | 00:47+ | 00:15# | 00:18+ | 00:11- | 00:15# |
| 80:18+   | 86:28+            | 89:12+        | 92:07+         | 94:07+ | 94:58+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:48+   | 06:10+            | 02:44+        | 02:55+         | 02:00- | 00:51- |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:12+   | 00:43#            | 00:38&        | 00:46&         | 00:13- | 00:06- |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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| <b>4</b> | <b>Jens Liengård</b> | <b>18</b> | <b>1:36:33</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:10=   | 06:01+               | 07:36+    | 10:19+         | 11:59+ | 13:40+ | 18:14+ | 18:58+ | 21:05+ | 23:31+ | 28:00+ | 32:19+ | 34:05+ | 36:10+ | 40:01+ | 42:17+ | 44:37+ | 48:02+ | 51:36+ | 53:53+ | 56:50+ | 67:06+ | 69:43+ | 74:09+ | 76:47+ | 78:42+ |
| 02:10=   | 03:51+               | 01:35+    | 02:43+         | 01:40+ | 01:41+ | 04:34+ | 00:44+ | 02:07- | 02:26+ | 04:29+ | 04:19+ | 01:46+ | 02:05+ | 03:51+ | 02:16+ | 02:20+ | 03:25+ | 03:34+ | 02:17+ | 02:57+ | 10:16+ | 02:37+ | 04:26+ | 02:38- | 01:55+ |
| 00:00=   | 00:27#               | 00:02+    | 00:45&         | 00:44& | 00:11# | 00:16+ | 00:05# | 00:25- | 00:12+ | 00:30# | 00:21+ | 00:13# | 00:14# | 00:20+ | 00:08+ | 00:01+ | 00:21# | 00:28# | 00:38& | 00:35# | 01:26# | 00:15# | 01:13& | 00:24- | 00:15# |
| 81:33+   | 88:17+               | 90:58+    | 93:40+         | 95:47+ | 96:33+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:51+   | 06:44+               | 02:41+    | 02:42+         | 02:07- | 00:46- |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:15+   | 01:17#               | 00:35&    | 00:33&         | 00:06- | 00:11- |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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| <b>5</b> | <b>Eva Jørgensen</b> | <b>18</b> | <b>1:37:13</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:16+   | 06:10+               | 07:45+    | 10:10+         | 11:48+ | 13:38+ | 18:12+ | 18:55+ | 21:03+ | 23:37+ | 27:49+ | 32:12+ | 33:59+ | 36:08+ | 40:08+ | 42:30+ | 45:02+ | 48:28+ | 52:03+ | 54:02+ | 57:04+ | 67:13+ | 69:55+ | 73:42+ | 76:38+ | 78:57+ |
| 02:16+   | 03:54+               | 01:35+    | 02:25+         | 01:38+ | 01:50+ | 04:34+ | 00:43+ | 02:08- | 02:34+ | 04:12+ | 04:23+ | 01:47+ | 02:09+ | 04:00+ | 02:22+ | 02:32+ | 03:26+ | 03:35+ | 01:59+ | 03:02+ | 10:09+ | 02:42+ | 03:47+ | 02:56- | 02:19+ |
| 00:06+   | 00:30#               | 00:02+    | 00:27#         | 00:42& | 00:20# | 00:16+ | 00:04# | 00:24- | 00:20# | 00:13+ | 00:25# | 00:14# | 00:18# | 00:29# | 00:14# | 00:13+ | 00:22# | 00:29# | 00:20# | 00:40& | 01:19# | 00:20# | 00:34# | 00:06- | 00:39& |
| 82:19+   | 88:48+               | 91:27+    | 93:57+         | 96:10+ | 97:13+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:22+   | 06:29+               | 02:39+    | 02:30+         | 02:13= | 01:03+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:46&   | 01:02#               | 00:33&    | 00:21#         | 00:00= | 00:06# |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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| <b>6</b> | <b>Torben Kristensen</b> | <b>18</b> | <b>1:45:57</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:46-   | 02:56-                   | 06:09-    | 11:51+         | 16:24+ | 18:23+ | 20:48+ | 25:13+ | 28:05+ | 31:03+ | 34:59+ | 38:43+ | 40:52+ | 44:15+ | 55:04+ | 57:56+ | 62:13+ | 65:25+ | 68:05+ | 71:07+ | 77:48+ | 80:49+ | 83:47+ | 86:16+ | 87:22+ |
| 00:46-   | 02:10-                   | 03:13+    | 05:42+         | 04:33+ | 01:59+ | 02:25- | 04:25+ | 02:52+ | 02:58+ | 03:56- | 03:44- | 02:09+ | 03:23+ | 10:49+ | 02:52+ | 04:17+ | 03:12+ | 02:40- | 03:02+ | 06:41+ | 03:01- | 02:58+ | 02:29- | 01:06- |
| 01:24-   | 01:14-                   | 01:40@    | 03:44@         | 03:37@ | 00:29& | 01:53- | 03:46@ | 00:20# | 00:44& | 00:03- | 00:14- | 00:36& | 01:32& | 07:18@ | 00:44& | 01:58& | 00:08+ | 00:26- | 01:23& | 04:19@ | 05:49- | 00:36& | 00:44- | 01:56- |

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|----------|----------------------|-----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>7</b> | <b>Michael Filyo</b> | <b>22</b> | <b>1:50:43</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:32+   | 06:49+               | 08:39+    | 11:11+         | 12:55+  | 15:03+  | 20:16+ | 21:04+ | 23:34+ | 26:15+ | 31:15+ | 36:34+ | 38:32+ | 41:07+ | 45:42+ | 48:38+ | 51:20+ | 55:07+ | 59:06+ | 61:28+ | 65:09+ | 77:26+ | 80:40+ | 85:01+ | 88:13+ | 91:22+ |
| 02:32+   | 04:17+               | 01:50+    | 02:32+         | 01:44+  | 02:08+  | 05:13+ | 00:48+ | 02:30- | 02:41+ | 05:00+ | 05:19+ | 01:58+ | 02:35+ | 04:35+ | 02:56+ | 02:42+ | 03:47+ | 03:59+ | 02:22+ | 03:41+ | 12:17+ | 03:14+ | 04:21+ | 03:12+ | 03:09+ |
| 00:22#   | 00:53&               | 00:17#    | 00:34&         | 00:48&  | 00:38&  | 00:55# | 00:09# | 00:02- | 00:27# | 01:01& | 01:21& | 00:25& | 00:44& | 01:04& | 00:48& | 00:23# | 00:43# | 00:53& | 00:43& | 01:19& | 03:27& | 00:52& | 01:08& | 00:10+ | 01:29& |
| 94:06+   | 100:52+              | 104:14+   | 107:19+        | 109:34+ | 110:43+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:44+   | 06:46+               | 03:22+    | 03:05+         | 02:15+  | 01:09+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 00:08+   | 01:19#               | 01:16&    | 00:56&         | 00:02+  | 00:12#  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

| Class | Navn | Klasse | Tid |
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|          |                                  |             |                |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|----------------------------------|-------------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>8</b> | <b>Christian Bertel Andersen</b> | <b>Akif</b> | <b>1:54:46</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:18+   | 06:33+                           | 09:12+      | 11:52+         | 13:09+  | 15:15+  | 21:03+ | 21:55+ | 24:27+ | 27:46+ | 33:18+ | 38:25+ | 40:20+ | 42:53+ | 47:24+ | 50:08+ | 53:07+ | 57:19+ | 61:41+ | 64:09+ | 67:35+ | 79:33+ | 82:34+ | 86:53+ | 90:27+ | 92:44+ |
| 02:18+   | 04:15+                           | 02:39+      | 02:40+         | 01:17+  | 02:06+  | 05:48+ | 00:52+ | 02:32= | 03:19+ | 05:32+ | 05:07+ | 01:55+ | 02:33+ | 04:31+ | 02:44+ | 02:59+ | 04:12+ | 04:22+ | 02:28+ | 03:26+ | 11:58+ | 03:01+ | 04:19+ | 03:34+ | 02:17+ |
| 00:08+   | 00:51#                           | 01:06&      | 00:42&         | 00:21&  | 00:36&  | 01:30& | 00:13& | 00:00= | 01:05& | 01:33& | 01:09& | 00:22# | 00:42& | 01:00& | 00:36& | 00:40& | 01:08& | 01:16& | 00:49& | 01:04& | 03:08& | 00:39& | 01:06& | 00:32# | 00:37& |
| 96:30+   | 104:17+                          | 107:33+     | 110:56+        | 113:39+ | 114:46+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:46+   | 07:47+                           | 03:16+      | 03:23+         | 02:43+  | 01:07+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 01:10&   | 02:20&                           | 01:10&      | 01:14&         | 00:30#  | 00:10#  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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| <b>9</b> | <b>Leif E. Larsen</b> | <b>Thok</b> | <b>1:56:07</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:02+   | 08:13+                | 10:23+      | 12:58+         | 14:19+  | 16:29+  | 22:14+ | 23:14+ | 25:56+ | 28:34+ | 32:00+ | 37:21+ | 39:33+ | 42:06+ | 47:03+ | 50:03+ | 53:09+ | 57:21+ | 61:54+ | 64:31+ | 68:09+ | 80:39+ | 83:58+ | 88:39+ | 92:22+ | 94:58+ |
| 03:02+   | 05:11+                | 02:10+      | 02:35+         | 01:21+  | 02:10+  | 05:45+ | 01:00+ | 02:42+ | 02:38+ | 03:26+ | 05:21+ | 02:12+ | 02:33+ | 04:57+ | 03:00+ | 03:06+ | 04:12+ | 04:33+ | 02:37+ | 03:38+ | 12:30+ | 03:19+ | 04:41+ | 03:43+ | 02:36+ |
| 03:02+   | 05:11+                | 02:10+      | 02:35+         | 01:21+  | 02:10+  | 05:45+ | 01:00+ | 02:42+ | 02:38+ | 03:26+ | 05:21+ | 02:12+ | 02:33+ | 04:57+ | 03:00+ | 03:06+ | 04:12+ | 04:33+ | 02:37+ | 03:38+ | 12:30+ | 03:19+ | 04:41+ | 03:43+ | 02:36+ |
| 98:35+   | 106:33+               | 109:31+     | 112:33+        | 115:05+ | 116:07+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:37+   | 07:58+                | 02:58+      | 03:02+         | 02:32+  | 01:02+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:37+   | 07:58+                | 02:58+      | 03:02+         | 02:32+  | 01:02+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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|-----------|-------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>10</b> | <b>Ole Jensen</b> | <b>7</b> | <b>1:57:40</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 02:33+    | 07:28+            | 09:34+   | 12:05+         | 13:31+  | 15:58+  | 21:22+ | 22:08+ | 24:40+ | 27:49+ | 34:14+ | 39:38+ | 41:47+ | 44:11+ | 48:59+ | 51:47+ | 55:04+ | 59:14+ | 63:49+ | 66:03+ | 69:50+ | 82:10+ | 85:12+ | 90:05+ | 93:52+ | 97:37+ |
| 02:33+    | 04:55+            | 02:06+   | 02:31+         | 01:26+  | 02:27+  | 05:24+ | 00:46+ | 02:32+ | 03:09+ | 06:25+ | 05:24+ | 02:09+ | 02:24+ | 04:48+ | 02:48+ | 03:17+ | 04:10+ | 04:35+ | 02:14+ | 03:47+ | 12:20+ | 03:02+ | 04:53+ | 03:47+ | 03:45+ |
| 02:33+    | 04:55+            | 02:06+   | 02:31+         | 01:26+  | 02:27+  | 05:24+ | 00:46+ | 02:32+ | 03:09+ | 06:25+ | 05:24+ | 02:09+ | 02:24+ | 04:48+ | 02:48+ | 03:17+ | 04:10+ | 04:35+ | 02:14+ | 03:47+ | 12:20+ | 03:02+ | 04:53+ | 03:47+ | 03:45+ |
| 101:15+   | 107:50+           | 111:10+  | 114:30+        | 116:41+ | 117:40+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:38+    | 06:35+            | 03:20+   | 03:20+         | 02:11+  | 00:59+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:38+    | 06:35+            | 03:20+   | 03:20+         | 02:11+  | 00:59+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |

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| <b>11</b> | <b>Henrik Bach</b> | <b>7</b> | <b>2:10:59</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |
| 02:50+    | 08:17+             | 10:49+   | 13:47+         | 17:14+  | 20:12+  | 26:05+ | 26:54+ | 31:10+ | 34:13+ | 39:27+ | 44:54+ | 46:58+ | 49:31+ | 54:36+ | 57:27+ | 60:30+ | 65:09+ | 70:16+ | 73:14+ | 77:08+ | 89:49+ | 93:26+ | 98:12+ | 104:33+ | 106:58+ |
| 02:50+    | 05:27+             | 02:32+   | 02:58+         | 03:27+  | 02:58+  | 05:53+ | 00:49+ | 04:16+ | 03:03+ | 05:14+ | 05:27+ | 02:04+ | 02:33+ | 05:05+ | 02:51+ | 03:03+ | 04:39+ | 05:07+ | 02:58+ | 03:54+ | 12:41+ | 03:37+ | 04:46+ | 06:21+  | 02:25+  |
| 02:50+    | 05:27+             | 02:32+   | 02:58+         | 03:27+  | 02:58+  | 05:53+ | 00:49+ | 04:16+ | 03:03+ | 05:14+ | 05:27+ | 02:04+ | 02:33+ | 05:05+ | 02:51+ | 03:03+ | 04:39+ | 05:07+ | 02:58+ | 03:54+ | 12:41+ | 03:37+ | 04:46+ | 06:21+  | 02:25+  |
| 110:39+   | 119:31+            | 123:07+  | 126:59+        | 129:51+ | 130:59+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |
| 03:41+    | 08:52+             | 03:36+   | 03:52+         | 02:52+  | 01:08+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |
| 03:41+    | 08:52+             | 03:36+   | 03:52+         | 02:52+  | 01:08+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |

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|-----------|-----------------------|-----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|
| <b>12</b> | <b>Jan Sommerlund</b> | <b>22</b> | <b>2:13:24</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:13+    | 08:53+                | 10:48+    | 13:27+         | 14:56+  | 21:07+  | 27:00+ | 27:58+ | 30:34+ | 34:04+ | 40:22+ | 46:02+ | 48:11+ | 50:57+ | 55:40+ | 58:47+ | 61:37+ | 65:42+ | 70:45+ | 73:44+ | 78:04+ | 90:36+ | 94:15+ | 100:53+ | 105:11+ | 108:00+ |
| 04:13+    | 04:40+                | 01:55+    | 02:39+         | 01:29+  | 06:11+  | 05:53+ | 00:58+ | 02:36+ | 03:30+ | 06:18+ | 05:40+ | 02:09+ | 02:46+ | 04:43+ | 03:07+ | 02:50+ | 04:05+ | 05:03+ | 02:59+ | 04:20+ | 12:32+ | 03:39+ | 06:38+  | 04:18+  | 02:49+  |
| 04:13+    | 04:40+                | 01:55+    | 02:39+         | 01:29+  | 06:11+  | 05:53+ | 00:58+ | 02:36+ | 03:30+ | 06:18+ | 05:40+ | 02:09+ | 02:46+ | 04:43+ | 03:07+ | 02:50+ | 04:05+ | 05:03+ | 02:59+ | 04:20+ | 12:32+ | 03:39+ | 06:38+  | 04:18+  | 02:49+  |
| 112:40+   | 120:43+               | 124:18+   | 128:16+        | 131:57+ | 133:24+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:40+    | 08:03+                | 03:35+    | 03:58+         | 03:41+  | 01:27+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:40+    | 08:03+                | 03:35+    | 03:58+         | 03:41+  | 01:27+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |

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|-----------|--------------------|-----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|
| <b>13</b> | <b>Morten Kjær</b> | <b>22</b> | <b>2:13:28</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:10+    | 08:48+             | 10:45+    | 13:24+         | 14:52+  | 21:03+  | 27:03+ | 27:55+ | 30:21+ | 33:59+ | 40:18+ | 46:04+ | 48:16+ | 51:01+ | 55:38+ | 58:35+ | 61:29+ | 65:44+ | 70:48+ | 73:41+ | 77:55+ | 90:31+ | 94:12+ | 100:47+ | 105:09+ | 107:56+ |
| 04:10+    | 04:38+             | 01:57+    | 02:39+         | 01:28+  | 06:11+  | 06:00+ | 00:52+ | 02:26+ | 03:38+ | 06:19+ | 05:46+ | 02:12+ | 02:45+ | 04:37+ | 02:57+ | 02:54+ | 04:15+ | 05:04+ | 02:53+ | 04:14+ | 12:36+ | 03:41+ | 06:35+  | 04:22+  | 02:47+  |
| 04:10+    | 04:38+             | 01:57+    | 02:39+         | 01:28+  | 06:11+  | 06:00+ | 00:52+ | 02:26+ | 03:38+ | 06:19+ | 05:46+ | 02:12+ | 02:45+ | 04:37+ | 02:57+ | 02:54+ | 04:15+ | 05:04+ | 02:53+ | 04:14+ | 12:36+ | 03:41+ | 06:35+  | 04:22+  | 02:47+  |
| 112:49+   | 120:41+            | 124:29+   | 128:23+        | 131:48+ | 133:28+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:53+    | 07:52+             | 03:48+    | 03:54+         | 03:25+  | 01:40+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:53+    | 07:52+             | 03:48+    | 03:54+         | 03:25+  | 01:40+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |

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|-----------|----------------------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|
| <b>14</b> | <b>Kenn Heldgaard Kristensen</b> | <b>4</b> | <b>2:13:47</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 02:52+    | 08:42+                           | 11:24+   | 14:28+         | 16:34+  | 20:42+  | 26:54+ | 27:59+ | 30:58+ | 34:13+ | 40:56+ | 47:24+ | 49:33+ | 52:25+ | 57:37+ | 60:46+ | 64:03+ | 68:58+ | 74:11+ | 76:54+ | 80:38+ | 93:25+ | 96:52+ | 102:04+ | 106:57+ | 109:23+ |
| 02:52+    | 05:50+                           | 02:42+   | 03:04+         | 02:06+  | 04:08+  | 06:12+ | 01:05+ | 02:59+ | 03:15+ | 06:43+ | 06:28+ | 02:09+ | 02:52+ | 05:12+ | 03:09+ | 03:17+ | 04:55+ | 05:13+ | 02:43+ | 03:44+ | 12:47+ | 03:27+ | 05:12+  | 04:53+  | 02:26+  |
| 02:52+    | 05:50+                           | 02:42+   | 03:04+         | 02:06+  | 04:08+  | 06:12+ | 01:05+ | 02:59+ | 03:15+ | 06:43+ | 06:28+ | 02:09+ | 02:52+ | 05:12+ | 03:09+ | 03:17+ | 04:55+ | 05:13+ | 02:43+ | 03:44+ | 12:47+ | 03:27+ | 05:12+  | 04:53+  | 02:26+  |
| 113:28+   | 121:57+                          | 125:35+  | 129:29+        | 132:37+ | 133:47+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:05+    | 08:29+                           | 03:38+   | 03:54+         | 03:08+  | 01:10+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |
| 04:05+    | 08:29+                           | 03:38+   | 03:54+         | 03:08+  | 01:10+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |

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|-----------|-----------------------------|-------------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| <b>15</b> | <b>Poul Henning Poulsen</b> | <b>Thok</b> | <b>2:30:09</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 02:58+    | 09:35+                      | 12:23+      | 15:28+         | 17:13+  | 22:48+  | 29:30+ | 30:32+ | 33:17+ | 36:40+ | 43:44+ | 50:18+ | 52:51+ | 56:12+ | 62:42+ | 66:29+ | 70:03+ | 75:10+ | 80:30+ | 83:33+ | 88:08+ | 104:30+ | 109:21+ | 115:20+ | 120:13+ | 123:11+ |
| 02:58+    | 06:37+                      | 02:48+      | 03:05+         | 01:45+  | 05:35+  | 06:42+ | 01:02+ | 02:45+ | 03:23+ | 07:04+ | 06:34+ | 02:33+ | 03:21+ | 06:30+ | 03:47+ | 03:34+ | 05:07+ | 05:20+ | 03:03+ | 04:35+ | 16:22+  | 04:51+  | 05:59+  | 04:53+  | 02:58+  |
| 02:58+    | 06:37+                      | 02:48+      | 03:05+         | 01:45+  | 05:35+  | 06:42+ | 01:02+ | 02:45+ | 03:23+ | 07:04+ | 06:34+ | 02:33+ | 03:21+ | 06:30+ | 03:47+ | 03:34+ | 05:07+ | 05:20+ | 03:03+ | 04:35+ | 16:22+  | 04:51+  | 05:59+  | 04:53+  | 02:58+  |
| 127:23+   | 136:54+                     | 140:43+     | 145:12+        | 148:39+ | 150:09+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:12+    | 09:31+                      | 03:49+      | 04:29+         | 03:27+  | 01:30+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:12+    | 09:31+                      | 03:49+      | 04:29+         | 03:27+  | 01:30+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |

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|-----------|------------------------|---------------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| <b>16</b> | <b>Lars Kirkegaard</b> | <b>NOTEAM</b> | <b>2:30:52</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:27+    | 11:55+                 | 14:22+        | 17:20+         | 19:10+  | 22:59+  | 29:48+ | 31:02+ | 36:54+ | 40:04+ | 46:11+ | 52:23+ | 54:40+ | 57:23+ | 62:46+ | 66:01+ | 69:22+ | 75:06+ | 81:53+ | 85:39+ | 91:07+ | 103:40+ | 106:59+ | 111:47+ | 121:05+ | 125:58+ |
| 03:27+    | 08:28+                 | 02:27+        | 02:58+         | 01:50+  | 03:49+  | 06:49+ | 01:14+ | 05:52+ | 03:10+ | 06:07+ | 06:12+ | 02:17+ | 02:43+ | 05:23+ | 03:15+ | 03:21+ | 05:44+ | 06:47+ | 03:46+ | 05:28+ | 12:33+  | 03:19+  | 04:48+  | 09:18+  | 04:53+  |
| 03:27+    | 08:28+                 | 02:27+        | 02:58+         | 01:50+  | 03:49+  | 06:49+ | 01:14+ | 05:52+ | 03:10+ | 06:07+ | 06:12+ | 02:17+ | 02:43+ | 05:23+ | 03:15+ | 03:21+ | 05:44+ | 06:47+ | 03:46+ | 05:28+ | 12:33+  | 03:19+  | 04:48+  | 09:18+  | 04:53+  |
| 129:43+   | 137:36+                | 141:24+       | 146:05+        | 149:27+ | 150:52+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:45+    | 07:53+                 | 03:48+        | 04:41+         | 03:22+  | 01:25+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:45+    | 07:53+                 | 03:48+        | 04:41+         | 03:22+  | 01:25+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |

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|-----------|-------------------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|
| <b>17</b> | <b>Leif Skovgaard Knudsen</b> | <b>3</b> | <b>2:51:39</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 03:58+    | 11:15+                        | 14:05+   | 18:31+         | 20:26+  | 23:28+  | 31:10+ | 32:35+ | 35:50+ | 40:34+ | 49:18+ | 56:47+ | 59:56+ | 63:37+ | 70:15+ | 74:23+ | 78:23+ | 84:34+ | 90:56+ | 95:10+ | 100:00+ | 117:58+ | 122:27+ | 128:27+ | 136:25+ | 140:02+ |
| 03:58+    | 07:17+                        | 02:50+   | 04:26+         | 01:55+  | 03:02+  | 07:42+ | 01:25+ | 03:15+ | 04:44+ | 08:44+ | 07:29+ | 03:09+ | 03:41+ | 06:38+ | 04:08+ | 04:00+ | 06:11+ | 06:22+ | 04:14+ | 04:50+  | 17:58+  | 04:29+  | 06:00+  | 07:58+  | 03:37+  |
| 03:58+    | 07:17+                        | 02:50+   | 04:26+         | 01:55+  | 03:02+  | 07:42+ | 01:25+ | 03:15+ | 04:44+ | 08:44+ | 07:29+ | 03:09+ | 03:41+ | 06:38+ | 04:08+ | 04:00+ | 06:11+ | 06:22+ | 04:14+ | 04:50+  | 17:58+  | 04:29+  | 06:00+  | 07:58+  | 03:37+  |
| 145:15+   | 156:54+                       | 161:37+  | 166:20+        | 170:06+ | 171:39+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 05:13+    | 11:39+                        | 04:43+   | 04:43+         | 03:46+  | 01:33+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 05:13+    | 11:39+                        | 04:43+   | 04:43+         | 03:46+  | 01:33+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |

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|-----------|-------------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| <b>18</b> | <b>Lone Fyhn Olesen</b> | <b>9</b> | <b>2:51:45</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:33+    | 10:21+                  | 13:31+   | 17:39+         | 20:20+  | 23:42+  | 31:08+ | 32:25+ | 36:38+ | 40:30+ | 48:52+ | 55:32+ | 58:35+ | 62:21+ | 68:55+ | 73:44+ | 78:12+ | 84:26+ | 90:59+ | 94:50+ | 99:46+ | 118:09+ | 123:04+ | 129:41+ | 136:28+ | 141:28+ |
| 03:33+    | 06:48+                  | 03:10+   | 04:08+         | 02:41+  | 03:22+  | 07:26+ | 01:17+ | 04:13+ | 03:52+ | 08:22+ | 06:40+ | 03:03+ | 03:46+ | 06:34+ | 04:49+ | 04:28+ | 06:14+ | 06:33+ | 03:51+ | 04:56+ | 18:23+  | 04:55+  | 06:37+  | 06:47+  | 05:00+  |
| 03:33+    | 06:48+                  | 03:10+   | 04:08+         | 02:41+  | 03:22+  | 07:26+ | 01:17+ | 04:13+ | 03:52+ | 08:22+ | 06:40+ | 03:03+ | 03:46+ | 06:34+ | 04:49+ | 04:28+ | 06:14+ | 06:33+ | 03:51+ | 04:56+ | 18:23+  | 04:55+  | 06:37+  | 06:47+  | 05:00+  |
| 146:02+   | 156:57+                 | 161:13+  | 166:33+        | 170:20+ | 171:45+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:34+    | 10:55+                  | 04:16+   | 05:20+         | 03:47+  | 01:25+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:34+    | 10:55+                  | 04:16+   | 05:20+         | 03:47+  | 01:25+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |

|           |                               |          |                |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
|-----------|-------------------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| <b>19</b> | <b>Rikke Brandt Jespersen</b> | <b>9</b> | <b>2:51:52</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:37+    | 10:33+                        | 13:42+   | 17:46+         | 20:24+  | 23:45+  | 31:20+ | 32:32+ | 36:36+ | 40:41+ | 49:06+ | 55:39+ | 58:48+ | 62:19+ | 69:04+ | 73:52+ | 78:16+ | 84:31+ | 91:12+ | 94:57+ | 99:54+ | 118:15+ | 123:09+ | 129:55+ | 136:38+ | 141:33+ |
| 03:37+    | 06:56+                        | 03:09+   | 04:04+         | 02:38+  | 03:21+  | 07:35+ | 01:12+ | 04:04+ | 04:05+ | 08:25+ | 06:33+ | 03:09+ | 03:31+ | 06:45+ | 04:48+ | 04:24+ | 06:15+ | 06:41+ | 03:45+ | 04:57+ | 18:21+  | 04:54+  | 06:46+  | 06:43+  | 04:55+  |
| 03:37+    | 06:56+                        | 03:09+   | 04:04+         | 02:38+  | 03:21+  | 07:35+ | 01:12+ | 04:04+ | 04:05+ | 08:25+ | 06:33+ | 03:09+ | 03:31+ | 06:45+ | 04:48+ | 04:24+ | 06:15+ | 06:41+ | 03:45+ | 04:57+ | 18:21+  | 04:54+  | 06:46+  | 06:43+  | 04:55+  |
| 146:06+   | 157:01+                       | 161:29+  | 166:51+        | 170:30+ | 171:52+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:33+    | 10:55+                        | 04:28+   | 05:22+         | 03:39+  | 01:22+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:33+    | 10:55+                        | 04:28+   | 05:22+         | 03:39+  | 01:22+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |

|           |                  |          |                |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
|-----------|------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| <b>20</b> | <b>Jane Ejby</b> | <b>9</b> | <b>2:52:00</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:28+    | 10:23+           | 13:34+   | 17:35+         | 20:18+  | 23:39+  | 31:11+ | 32:29+ | 36:43+ | 40:37+ | 48:47+ | 55:26+ | 58:43+ | 62:12+ | 69:01+ | 73:49+ | 78:05+ | 84:28+ | 91:16+ | 94:54+ | 99:59+ | 118:22+ | 123:15+ | 129:53+ | 136:35+ | 141:18+ |
| 03:28+    | 06:55+           | 03:11+   | 04:01+         | 02:43+  | 03:21+  | 07:32+ | 01:18+ | 04:14+ | 03:54+ | 08:10+ | 06:39+ | 03:17+ | 03:29+ | 06:49+ | 04:48+ | 04:16+ | 06:23+ | 06:48+ | 03:38+ | 05:05+ | 18:23+  | 04:53+  | 06:38+  | 06:42+  | 04:43+  |
| 03:28+    | 06:55+           | 03:11+   | 04:01+         | 02:43+  | 03:21+  | 07:32+ | 01:18+ | 04:14+ | 03:54+ | 08:10+ | 06:39+ | 03:17+ | 03:29+ | 06:49+ | 04:48+ | 04:16+ | 06:23+ | 06:48+ | 03:38+ | 05:05+ | 18:23+  | 04:53+  | 06:38+  | 06:42+  | 04:43+  |
| 146:09+   | 157:05+          | 161:31+  | 166:44+        | 170:35+ | 172:00+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:51+    | 10:56+           | 04:26+   | 05:13+         | 03:51+  | 01:25+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 04:51+    | 10:56+           | 04:26+   | 05:13+         | 03:51+  | 01:25+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |

|           |                             |          |                |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
|-----------|-----------------------------|----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|
| <b>21</b> | <b>Mette Marie Lungholt</b> | <b>9</b> | <b>2:52:08</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 03:31+    | 10:30+                      | 13:49+   | 17:58+         | 20:27+  | 23:47+  | 31:24+ | 32:35+ | 36:41+ | 40:50+ | 49:11+ | 55:51+ | 58:39+ | 62:29+ | 69:33+ | 73:54+ | 78:20+ | 84:38+ | 90:57+ | 95:02+ | 100:09+ | 118:28+ | 123:28+ | 130:24+ | 136:25+ | 141:15+ |
| 03:31+    | 06:59+                      | 03:19+   | 04:09+         | 02:29+  | 03:20+  | 07:37+ | 01:11+ | 04:06+ | 04:09+ | 08:21+ | 06:40+ | 02:48+ | 03:50+ | 07:04+ | 04:21+ | 04:26+ | 06:18+ | 06:19+ | 04:05+ | 05:07+  | 18:19+  | 05:00+  | 06:56+  | 06:01+  | 04:50+  |
| 03:31+    | 06:59+                      | 03:19+   | 04:09+         | 02:29+  | 03:20+  | 07:37+ | 01:11+ | 04:06+ | 04:09+ | 08:21+ | 06:40+ | 02:48+ | 03:50+ | 07:04+ | 04:21+ | 04:26+ | 06:18+ | 06:19+ | 04:05+ | 05:07+  | 18:19+  | 05:00+  | 06:56+  | 06:01+  | 04:50+  |
| 146:13+   | 157:11+                     | 161:23+  | 166:39+        | 170:27+ | 172:08+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 04:58+    | 10:58+                      | 04:12+   | 05:16+         | 03:48+  | 01:41+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 04:58+    | 10:58+                      | 04:12+   | 05:16+         | 03:48+  | 01:41+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |

### B314km

|           |                          |           |                |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
|-----------|--------------------------|-----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|
| <b>22</b> | <b>Anne-Mette Jansen</b> | <b>17</b> | <b>2:56:57</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 03:27+    | 11:13+                   | 14:18+    | 19:03+         | 21:18+  | 25:47+  | 33:21+ | 34:44+ | 38:41+ | 42:42+ | 50:41+ | 57:46+ | 60:45+ | 64:29+ | 70:49+ | 75:07+ | 79:05+ | 85:36+ | 92:17+ | 95:47+ | 99:56+ | 118:51+ | 123:44+ | 129:40+ | 139:41+ | 144:13+ |
| 03:27+    | 07:46+                   | 03:05+    | 04:45+         | 02:15+  | 04:29+  | 07:34+ | 01:23+ | 03:57+ | 04:01+ | 07:59+ | 07:05+ | 02:59+ | 03:44+ | 06:20+ | 04:18+ | 03:58+ | 06:31+ | 06:41+ | 03:30+ | 04:09+ | 18:55+  | 04:53+  | 05:56+  | 10:01+  | 04:32+  |
| 03:27+    | 07:46+                   | 03:05+    | 04:45+         | 02:15+  | 04:29+  | 07:34+ | 01:23+ | 03:57+ | 04:01+ | 07:59+ | 07:05+ | 02:59+ | 03:44+ | 06:20+ | 04:18+ | 03:58+ | 06:31+ | 06:41+ | 03:30+ | 04:09+ | 18:55+  | 04:53+  | 05:56+  | 10:01+  | 04:32+  |
| 149:25+   | 160:14+                  | 164:41+   | 170:23+        | 175:13+ | 176:57+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 05:12+    | 10:49+                   | 04:27+    | 05:42+         | 04:50+  | 01:44+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |
| 05:12+    | 10:49+                   | 04:27+    | 05:42+         | 04:50+  | 01:44+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |

|           |                           |           |                |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
|-----------|---------------------------|-----------|----------------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|
| <b>23</b> | <b>Peter Mørup Jansen</b> | <b>17</b> | <b>2:57:01</b> |         |         |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 03:33+    | 11:14+                    | 13:54+    | 18:54+         | 21:05+  | 25:50+  | 33:23+ | 34:34+ | 38:35+ | 42:33+ | 50:46+ | 57:41+ | 60:34+ | 64:32+ | 70:26+ | 74:59+ | 79:09+ | 85:34+ | 92:23+ | 95:54+ | 100:05+ | 118:59+ | 123:37+ | 129:42+ | 139:44+ | 144:08+ |
| 03:33+    | 07:41+                    | 02:40+    | 05:00+         | 02:11+  | 04:45+  | 07:33+ | 01:11+ | 04:01+ | 03:58+ | 08:13+ | 06:55+ | 02:53+ | 03:58+ | 05:54+ | 04:33+ | 04:10+ | 06:25+ | 06:49+ | 03:31+ | 04:11+  | 18:54+  | 04:38+  | 06:05+  | 10:02+  | 04:24+  |
| 03:33+    | 07:41+                    | 02:40+    | 05:00+         | 02:11+  | 04:45+  | 07:33+ | 01:11+ | 04:01+ | 03:58+ | 08:13+ | 06:55+ | 02:53+ | 03:58+ | 05:54+ | 04:33+ | 04:10+ | 06:25+ | 06:49+ | 03:31+ | 04:11+  | 18:54+  | 04:38+  | 06:05+  | 10:02+  | 04:24+  |
| 149:29+   | 160:16+                   | 164:47+   | 170:26+        | 174:53+ | 177:01+ |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 05:21+    | 10:47+                    | 04:31+    | 05:39+         | 04:27+  | 02:08+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |
| 05:21+    | 10:47+                    | 04:31+    | 05:39+         | 04:27+  | 02:08+  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |         |         |         |         |

### Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### B4 9km

|          |                         |          |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|-------------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>1</b> | <b>Henrik Henriksen</b> | <b>5</b> | <b>1:17:00</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:34=   | 08:34=                  | 10:53=   | 13:39=         | 14:28= | 16:47= | 19:17= | 22:52= | 25:36= | 30:23= | 34:22= | 36:29= | 40:16= | 47:47= | 50:48= | 55:03= | 59:22= | 66:53= | 70:33= | 73:43= | 75:57= | 77:00= |
| 04:34=   | 04:00=                  | 02:19=   | 02:46=         | 00:49= | 02:19= | 02:30= | 03:35= | 02:44= | 04:47= | 03:59= | 02:07= | 03:47= | 07:31= | 03:01= | 04:15= | 04:19= | 07:31= | 03:40= | 03:10= | 02:14= | 01:03= |
| 00:00=   | 00:00=                  | 00:00=   | 00:00=         | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |

|          |                    |           |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|--------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>2</b> | <b>Per Filskov</b> | <b>18</b> | <b>1:21:47</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:34-   | 08:05-             | 10:29-    | 13:12-         | 14:03- | 16:42- | 19:30+ | 25:15+ | 28:07+ | 34:37+ | 37:31+ | 39:53+ | 52:07+ | 55:14+ | 59:43+ | 62:56+ | 69:43+ | 73:44+ | 76:58+ | 79:59+ | 81:47+ |
| 03:34-   | 04:31+             | 02:24+    | 02:43-         | 00:51+ | 02:39+ | 02:48+ | 05:45+ | 02:52+ | 06:30+ | 02:54- | 02:22+ | 12:14+ | 03:07- | 04:29+ | 03:13- | 06:47+ | 04:01- | 03:14- | 03:01- | 01:48- |
| 01:00-   | 00:31#             | 00:05+    | 00:03-         | 00:02+ | 00:20# | 00:18# | 02:10& | 00:08+ | 01:43& | 01:05- | 00:15# | 08:27@ | 04:24- | 01:28& | 01:02- | 02:28& | 03:30- | 00:26- | 00:09- | 00:26- |

|          |                       |          |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|-----------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>3</b> | <b>Mads Mikkelsen</b> | <b>5</b> | <b>1:22:58</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:39+   | 08:43+                | 11:10+   | 14:01+         | 14:52+ | 17:23+ | 20:34+ | 24:31+ | 27:47+ | 32:46+ | 35:37+ | 37:55+ | 41:37+ | 50:06+ | 53:58+ | 59:13+ | 63:20+ | 72:40+ | 76:49+ | 79:32+ | 81:55+ | 82:58+ |
| 04:39+   | 04:04+                | 02:27+   | 02:51+         | 00:51+ | 02:31+ | 03:11+ | 03:57+ | 03:16+ | 04:59+ | 02:51- | 02:18+ | 03:42- | 08:29+ | 03:52+ | 05:15+ | 04:07- | 09:20+ | 04:09+ | 02:43- | 02:23+ | 01:03= |
| 00:05+   | 00:04+                | 00:08+   | 00:05+         | 00:02+ | 00:12+ | 00:41& | 00:22# | 00:32# | 00:12+ | 01:08- | 00:11+ | 00:05- | 00:58# | 00:51& | 01:00# | 00:12- | 01:49# | 00:29# | 00:27- | 00:09+ | 00:00= |

|          |                            |           |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|----------------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>4</b> | <b>Mads Ellegaard Juhl</b> | <b>14</b> | <b>1:26:13</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:23-   | 09:14+                     | 12:02+    | 14:51+         | 15:47+ | 18:27+ | 21:23+ | 27:13+ | 30:09+ | 35:51+ | 39:16+ | 41:48+ | 45:59+ | 54:03+ | 57:25+ | 62:17+ | 66:09+ | 74:38+ | 78:39+ | 82:28+ | 85:04+ | 86:13+ |
| 04:23-   | 04:51+                     | 02:48+    | 02:49+         | 00:56+ | 02:40+ | 02:56+ | 05:50+ | 02:56+ | 05:42+ | 03:25- | 02:32+ | 04:11+ | 08:04+ | 03:22+ | 04:52+ | 03:52- | 08:29+ | 04:01+ | 03:49+ | 02:36+ | 01:09+ |
| 00:11-   | 00:51#                     | 00:29#    | 00:03+         | 00:07# | 00:21# | 00:26# | 02:15& | 00:12+ | 00:55# | 00:34- | 00:25# | 00:24# | 00:33+ | 00:21# | 00:37# | 00:27- | 00:58# | 00:21+ | 00:39# | 00:22# | 00:06+ |

|          |                     |           |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|---------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>5</b> | <b>Jens Isaksen</b> | <b>22</b> | <b>1:28:20</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:26-   | 09:59+              | 13:18+    | 16:29+         | 17:42+ | 20:44+ | 23:48+ | 29:26+ | 32:30+ | 38:01+ | 40:56+ | 43:19+ | 47:18+ | 55:54+ | 59:07+ | 64:03+ | 69:07+ | 76:10+ | 81:07+ | 85:03+ | 87:25+ | 88:20+ |
| 04:26-   | 05:33+              | 03:19+    | 03:11+         | 01:13+ | 03:02+ | 03:04+ | 05:38+ | 03:04+ | 05:31+ | 02:55- | 02:23+ | 03:59+ | 08:36+ | 03:13+ | 04:56+ | 05:04+ | 07:03- | 04:57+ | 03:56+ | 02:22+ | 00:55- |
| 00:08-   | 01:33&              | 01:00&    | 00:25#         | 00:24& | 00:43& | 00:34# | 02:03& | 00:20# | 00:44# | 01:04- | 00:16# | 00:12+ | 01:05# | 00:12+ | 00:41# | 00:45# | 00:28- | 01:17& | 00:46# | 00:08+ | 00:08- |

|          |                         |          |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|----------|-------------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>6</b> | <b>Søren Kligenberg</b> | <b>3</b> | <b>1:36:25</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:33-   | 10:39+                  | 14:01+   | 17:15+         | 18:25+ | 21:37+ | 26:26+ | 33:14+ | 36:32+ | 42:17+ | 45:38+ | 48:17+ | 52:33+ | 61:23+ | 64:56+ | 70:28+ | 74:30+ | 84:04+ | 88:26+ | 91:46+ | 94:57+ | 96:25+ |
| 04:33-   | 06:06+                  | 03:22+   | 03:14+         | 01:10+ | 03:12+ | 04:49+ | 06:48+ | 03:18+ | 05:45+ | 03:21- | 02:39+ | 04:16+ | 08:50+ | 03:33+ | 05:32+ | 04:02- | 09:34+ | 04:22+ | 03:20+ | 03:11+ | 01:28+ |
| 00:01-   | 02:06&                  | 01:03&   | 00:28#         | 00:21& | 00:53& | 02:19& | 03:13& | 00:34# | 00:58# | 00:38- | 00:32& | 00:29# | 01:19# | 00:32# | 01:17& | 00:17- | 02:03& | 00:42# | 00:10+ | 00:57& | 00:25& |

|          |                           |          |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |
|----------|---------------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| <b>7</b> | <b>Kurt Finn Petersen</b> | <b>3</b> | <b>1:42:33</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |         |         |
| 05:12+   | 11:02+                    | 14:38+   | 18:09+         | 19:27+ | 23:10+ | 27:27+ | 35:06+ | 39:10+ | 45:16+ | 48:50+ | 51:56+ | 56:30+ | 65:44+ | 69:26+ | 75:03+ | 79:06+ | 86:56+ | 92:34+ | 97:15+ | 100:54+ | 102:33+ |
| 05:12+   | 05:50+                    | 03:36+   | 03:31+         | 01:18+ | 03:43+ | 04:17+ | 07:39+ | 04:04+ | 06:06+ | 03:34- | 03:06+ | 04:34+ | 09:14+ | 03:42+ | 05:37+ | 04:03- | 07:50+ | 05:38+ | 04:41+ | 03:39+  | 01:39+  |
| 00:38#   | 01:50&                    | 01:17&   | 00:45&         | 00:29& | 01:24& | 01:47& | 04:04@ | 01:20& | 01:19& | 00:25- | 00:59& | 00:47# | 01:43# | 00:41# | 01:22& | 00:16- | 00:19+ | 01:58& | 01:31& | 01:25&  | 00:36&  |

**Class Navn****Klasse****Tid****B4 9km**

**8 Henrik B. Thomsen**  
 05:17+ 09:05+ 12:37+ 14:07+ 28:51+ 33:54+  
 05:17+ 03:48- 03:32+ 01:30- 14:44+ 05:03+  
 00:43# 00:12- 01:13& 01:16- 13:55@ 02:44@

**11 1:45:23**

**9 Jakob Holm**  
 04:33+ 10:14+ 13:37+ 17:09+ 18:25+ 22:16+ 25:52+ 33:46+ 37:07+ 42:59+ 46:23+ 49:41+ 54:39+ 65:07+ 69:04+ 75:49+ 81:43+ 91:27+ 96:59+ 101:16+ 104:32+ 106:06+  
 04:33+ 05:41+ 03:23+ 03:32+ 01:16+ 03:51+ 03:36+ 07:54+ 03:21+ 05:52+ 03:24+ 03:18+ 04:58+ 10:28+ 03:57+ 06:45+ 05:54+ 09:44+ 05:32+ 04:17+ 03:16+ 01:34+  
 04:33+ 05:41+ 03:23+ 03:32+ 01:16+ 03:51+ 03:36+ 07:54+ 03:21+ 05:52+ 03:24+ 03:18+ 04:58+ 10:28+ 03:57+ 06:45+ 05:54+ 09:44+ 05:32+ 04:17+ 03:16+ 01:34+

**Ok Pan 1:46:06**

**10 Erik Damgaard**  
 04:38+ 10:24+ 13:46+ 17:12+ 18:21+ 21:55+ 25:25+ 33:11+ 37:03+ 43:56+ 47:40+ 50:43+ 55:49+ 67:13+ 71:46+ 78:10+ 83:18+ 93:21+ 98:41+ 102:43+ 106:23+ 107:46+  
 04:38+ 05:46+ 03:22+ 03:26+ 01:09+ 03:34+ 03:30+ 07:46+ 03:52+ 06:53+ 03:44+ 03:03+ 05:06+ 11:24+ 04:33+ 06:24+ 05:08+ 10:03+ 05:20+ 04:02+ 03:40+ 01:23+  
 04:38+ 05:46+ 03:22+ 03:26+ 01:09+ 03:34+ 03:30+ 07:46+ 03:52+ 06:53+ 03:44+ 03:03+ 05:06+ 11:24+ 04:33+ 06:24+ 05:08+ 10:03+ 05:20+ 04:02+ 03:40+ 01:23+

**3 1:47:46**

**11 Inger Lise Simonsen**  
 05:04+ 10:46+ 13:53+ 17:42+ 19:00+ 23:23+ 27:26+ 35:09+ 40:44+ 47:34+ 51:21+ 54:22+ 59:06+ 69:05+ 73:08+ 81:18+ 87:09+ 99:03+ 104:32+ 108:49+ 112:10+ 113:39+  
 05:04+ 05:42+ 03:07+ 03:49+ 01:18+ 04:23+ 04:03+ 07:43+ 05:35+ 06:50+ 03:47+ 03:01+ 04:44+ 09:59+ 04:03+ 08:10+ 05:51+ 11:54+ 05:29+ 04:17+ 03:21+ 01:29+  
 05:04+ 05:42+ 03:07+ 03:49+ 01:18+ 04:23+ 04:03+ 07:43+ 05:35+ 06:50+ 03:47+ 03:01+ 04:44+ 09:59+ 04:03+ 08:10+ 05:51+ 11:54+ 05:29+ 04:17+ 03:21+ 01:29+

**22 1:53:39**

**12 Erik Ljungdahl**  
 04:55+ 11:30+ 15:39+ 18:59+ 20:04+ 24:36+ 28:43+ 34:19+ 38:38+ 46:00+ 50:12+ 53:32+ 58:37+ 70:52+ 75:33+ 82:24+ 88:04+ 98:19+ 103:55+ 109:17+ 113:07+ 114:45+  
 04:55+ 06:35+ 04:09+ 03:20+ 01:05+ 04:32+ 04:07+ 05:36+ 04:19+ 07:22+ 04:12+ 03:20+ 05:05+ 12:15+ 04:41+ 06:51+ 05:40+ 10:15+ 05:36+ 05:22+ 03:50+ 01:38+  
 04:55+ 06:35+ 04:09+ 03:20+ 01:05+ 04:32+ 04:07+ 05:36+ 04:19+ 07:22+ 04:12+ 03:20+ 05:05+ 12:15+ 04:41+ 06:51+ 05:40+ 10:15+ 05:36+ 05:22+ 03:50+ 01:38+

**3 1:54:45**

**13 Louis A. Sørensen**  
 06:22+ 13:21+ 18:26+ 23:18+ 24:56+ 29:30+ 33:49+ 43:35+ 48:10+ 56:12+ 60:19+ 63:58+ 69:47+ 82:57+ 87:57+ 94:16+ 99:56+ 110:27+ 120:08+ 128:30+ 135:22+ 137:32+  
 06:22+ 06:59+ 05:05+ 04:52+ 01:38+ 04:34+ 04:19+ 09:46+ 04:35+ 08:02+ 04:07+ 03:39+ 05:49+ 13:10+ 05:00+ 06:19+ 05:40+ 10:31+ 09:41+ 08:22+ 06:52+ 02:10+  
 06:22+ 06:59+ 05:05+ 04:52+ 01:38+ 04:34+ 04:19+ 09:46+ 04:35+ 08:02+ 04:07+ 03:39+ 05:49+ 13:10+ 05:00+ 06:19+ 05:40+ 10:31+ 09:41+ 08:22+ 06:52+ 02:10+

**11 2:17:32**

**14 Ebbe Kajberg**  
 06:10+ 12:58+ 18:10+ 25:12+ 26:31+ 32:07+ 44:50+ 55:05+ 62:17+ 74:01+ 78:32+ 90:59+ 96:10+ 117:48+ 124:32+ 132:14+ 151:43+ 169:39+ 177:23+ 182:43+ 189:40+ 192:29+  
 06:10+ 06:48+ 05:12+ 07:02+ 01:19+ 05:36+ 12:43+ 10:15+ 07:12+ 11:44+ 04:31+ 12:27+ 05:11+ 21:38+ 06:44+ 07:42+ 19:29+ 17:56+ 07:44+ 05:20+ 06:57+ 02:49+  
 06:10+ 06:48+ 05:12+ 07:02+ 01:19+ 05:36+ 12:43+ 10:15+ 07:12+ 11:44+ 04:31+ 12:27+ 05:11+ 21:38+ 06:44+ 07:42+ 19:29+ 17:56+ 07:44+ 05:20+ 06:57+ 02:49+

**19 3:12:29****Beste stræktid for klassen**

= Som klassevinner , - raskere, + senere, # 10% tab, &amp; 25% tab, @ 100% tab.

**B5 7km**

**1 Mogens Vennevold**  
 04:02= 08:52= 13:39= 15:13= 18:09= 22:11= 23:50= 28:24= 33:25= 36:38= 39:01= 43:03= 49:33= 51:29= 54:28= 58:33= 62:18= 63:46=  
 04:02= 04:50= 04:47= 01:34= 02:56= 04:02= 01:39= 04:34= 05:01= 03:13= 02:23= 04:02= 06:30= 01:56= 02:59= 04:05= 03:45= 01:28=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**25 1:03:46**

**2 Keld Gade**  
 04:10+ 08:29- 12:53- 14:08- 18:36+ 21:46- 23:39- 29:21+ 34:00+ 37:16+ 39:43+ 43:40+ 50:46+ 52:48+ 56:07+ 59:56+ 63:01+ 63:58+  
 04:10+ 04:19- 04:24- 01:15- 04:28+ 03:10- 01:53+ 05:42+ 04:39- 03:16+ 02:27+ 03:57- 07:06+ 02:02+ 03:19+ 03:49- 03:05- 00:57-  
 00:08+ 00:31- 00:23- 00:19- 01:32& 00:52- 00:14# 01:08# 00:22- 00:03+ 00:04+ 00:05- 00:36+ 00:06+ 00:20# 00:16- 00:40- 00:31-

**26 1:03:58**

**3 Mads Bak-Jensen**  
 04:15+ 09:34+ 15:03+ 16:12+ 19:21+ 22:35+ 24:42+ 30:47+ 35:31+ 38:23+ 40:45+ 44:30+ 50:26+ 52:27+ 56:19+ 61:53+ 65:01+ 66:15+  
 04:15+ 05:19+ 05:29+ 01:09- 03:09+ 03:14- 02:07+ 06:05+ 04:44- 02:52- 02:22- 03:45- 05:56- 02:01+ 03:52+ 05:34+ 03:08- 01:14-  
 00:13+ 00:29# 00:42# 00:25- 00:13+ 00:48- 00:28& 01:31& 00:17- 00:21- 00:01- 00:17- 00:34- 00:05+ 00:53& 01:29& 00:37- 00:14-

**25 1:06:15**

## B5 7km

|           |                                |             |                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|-----------|--------------------------------|-------------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>4</b>  | <b>Jakob Pedersen Ingemann</b> | <b>18</b>   | <b>1:06:53</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:37-    | 08:16-                         | 12:28-      | 14:12-         | 17:30- | 21:49- | 23:21- | 27:24- | 33:09- | 36:29- | 39:14+ | 43:46+ | 51:02+ | 53:17+ | 56:55+ | 61:24+ | 65:21+ | 66:53+ |
| 03:37-    | 04:39+                         | 04:12-      | 01:44+         | 03:18+ | 04:19+ | 01:32- | 04:03- | 05:45+ | 03:20+ | 02:45+ | 04:32+ | 07:16+ | 02:15+ | 03:38+ | 04:29+ | 03:57+ | 01:32+ |
| 00:25-    | 00:11-                         | 00:35-      | 00:10#         | 00:22# | 00:17+ | 00:07- | 00:31- | 00:44# | 00:07+ | 00:22# | 00:30# | 00:46# | 00:19# | 00:39# | 00:24+ | 00:12+ | 00:04+ |
| <b>5</b>  | <b>Karsten Blok</b>            | <b>18</b>   | <b>1:08:41</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:40+    | 08:30+                         | 12:24+      | 14:09+         | 17:19+ | 21:16+ | 22:57+ | 29:07+ | 34:53+ | 38:26+ | 41:19+ | 53:08+ | 55:15+ | 58:53+ | 63:19+ | 67:16+ | 68:41+ |        |
| 03:40+    | 04:50+                         | 03:54+      | 01:45+         | 03:10+ | 03:57+ | 01:41+ | 06:10+ | 05:46+ | 03:33+ | 02:53+ | 11:49+ | 02:07+ | 03:38+ | 04:26+ | 03:57+ | 01:25+ |        |
| 03:40+    | 04:50+                         | 03:54+      | 01:45+         | 03:10+ | 03:57+ | 01:41+ | 06:10+ | 05:46+ | 03:33+ | 02:53+ | 11:49+ | 02:07+ | 03:38+ | 04:26+ | 03:57+ | 01:25+ |        |
| <b>6</b>  | <b>Kai Hesselberg</b>          | <b>6</b>    | <b>1:10:05</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:41+    | 10:17+                         | 14:53+      | 16:27+         | 20:06+ | 24:19+ | 26:05+ | 32:48+ | 38:33+ | 41:56+ | 44:46+ | 48:57+ | 55:27+ | 57:36+ | 61:06+ | 65:52+ | 68:49+ | 70:05+ |
| 04:41+    | 05:36+                         | 04:36+      | 01:34+         | 03:39+ | 04:13+ | 01:46+ | 06:43+ | 05:45+ | 03:23+ | 02:50+ | 04:11+ | 06:30+ | 02:09+ | 03:30+ | 04:46+ | 02:57+ | 01:16+ |
| 04:41+    | 05:36+                         | 04:36+      | 01:34+         | 03:39+ | 04:13+ | 01:46+ | 06:43+ | 05:45+ | 03:23+ | 02:50+ | 04:11+ | 06:30+ | 02:09+ | 03:30+ | 04:46+ | 02:57+ | 01:16+ |
| <b>7</b>  | <b>Lennart Bo Kristiansen</b>  | <b>26</b>   | <b>1:10:56</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:18+    | 09:21+                         | 13:50+      | 15:19+         | 19:22+ | 23:12+ | 24:50+ | 31:41+ | 37:44+ | 41:01+ | 44:14+ | 48:44+ | 55:54+ | 58:05+ | 61:58+ | 66:31+ | 69:45+ | 70:56+ |
| 04:18+    | 05:03+                         | 04:29+      | 01:29+         | 04:03+ | 03:50+ | 01:38+ | 06:51+ | 06:03+ | 03:17+ | 03:13+ | 04:30+ | 07:10+ | 02:11+ | 03:53+ | 04:33+ | 03:14+ | 01:11+ |
| 04:18+    | 05:03+                         | 04:29+      | 01:29+         | 04:03+ | 03:50+ | 01:38+ | 06:51+ | 06:03+ | 03:17+ | 03:13+ | 04:30+ | 07:10+ | 02:11+ | 03:53+ | 04:33+ | 03:14+ | 01:11+ |
| <b>8</b>  | <b>Carsten Thyssen</b>         | <b>5</b>    | <b>1:11:47</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 03:57+    | 09:00+                         | 13:20+      | 15:02+         | 18:44+ | 23:16+ | 25:18+ | 32:35+ | 39:21+ | 43:05+ | 46:53+ | 52:45+ | 58:29+ | 60:18+ | 63:33+ | 67:32+ | 70:24+ | 71:47+ |
| 03:57+    | 05:03+                         | 04:20+      | 01:42+         | 03:42+ | 04:32+ | 02:02+ | 07:17+ | 06:46+ | 03:44+ | 03:48+ | 05:52+ | 05:44+ | 01:49+ | 03:15+ | 03:59+ | 02:52+ | 01:23+ |
| 03:57+    | 05:03+                         | 04:20+      | 01:42+         | 03:42+ | 04:32+ | 02:02+ | 07:17+ | 06:46+ | 03:44+ | 03:48+ | 05:52+ | 05:44+ | 01:49+ | 03:15+ | 03:59+ | 02:52+ | 01:23+ |
| <b>9</b>  | <b>Sven Madsen</b>             | <b>12</b>   | <b>1:14:24</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:00+    | 08:55+                         | 13:10+      | 14:44+         | 18:40+ | 22:32+ | 24:23+ | 32:12+ | 38:05+ | 41:51+ | 45:04+ | 49:30+ | 56:33+ | 58:46+ | 62:46+ | 67:42+ | 72:55+ | 74:24+ |
| 04:00+    | 04:55+                         | 04:15+      | 01:34+         | 03:56+ | 03:52+ | 01:51+ | 07:49+ | 05:53+ | 03:46+ | 03:13+ | 04:26+ | 07:03+ | 02:13+ | 04:00+ | 04:56+ | 05:13+ | 01:29+ |
| 04:00+    | 04:55+                         | 04:15+      | 01:34+         | 03:56+ | 03:52+ | 01:51+ | 07:49+ | 05:53+ | 03:46+ | 03:13+ | 04:26+ | 07:03+ | 02:13+ | 04:00+ | 04:56+ | 05:13+ | 01:29+ |
| <b>10</b> | <b>Stig Barrett</b>            | <b>26</b>   | <b>1:21:36</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:49+    | 10:31+                         | 16:38+      | 18:16+         | 22:05+ | 26:46+ | 29:18+ | 34:16+ | 40:34+ | 44:36+ | 47:38+ | 52:30+ | 60:41+ | 63:08+ | 70:52+ | 76:14+ | 79:58+ | 81:36+ |
| 04:49+    | 05:42+                         | 06:07+      | 01:38+         | 03:49+ | 04:41+ | 02:32+ | 04:58+ | 06:18+ | 04:02+ | 03:02+ | 04:52+ | 08:11+ | 02:27+ | 07:44+ | 05:22+ | 03:44+ | 01:38+ |
| 04:49+    | 05:42+                         | 06:07+      | 01:38+         | 03:49+ | 04:41+ | 02:32+ | 04:58+ | 06:18+ | 04:02+ | 03:02+ | 04:52+ | 08:11+ | 02:27+ | 07:44+ | 05:22+ | 03:44+ | 01:38+ |
| <b>11</b> | <b>Gert Bertel</b>             | <b>6</b>    | <b>1:24:04</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:23+    | 09:48+                         | 18:40+      | 20:16+         | 24:34+ | 28:57+ | 31:48+ | 37:35+ | 43:57+ | 47:48+ | 50:56+ | 56:19+ | 64:55+ | 67:46+ | 72:56+ | 78:50+ | 82:32+ | 84:04+ |
| 04:23+    | 05:25+                         | 08:52+      | 01:36+         | 04:18+ | 04:23+ | 02:51+ | 05:47+ | 06:22+ | 03:51+ | 03:08+ | 05:23+ | 08:36+ | 02:51+ | 05:10+ | 05:54+ | 03:42+ | 01:32+ |
| 04:23+    | 05:25+                         | 08:52+      | 01:36+         | 04:18+ | 04:23+ | 02:51+ | 05:47+ | 06:22+ | 03:51+ | 03:08+ | 05:23+ | 08:36+ | 02:51+ | 05:10+ | 05:54+ | 03:42+ | 01:32+ |
| <b>12</b> | <b>Bodil Schulz</b>            | <b>4</b>    | <b>1:24:50</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:42+    | 10:40+                         | 16:31+      | 17:59+         | 22:05+ | 26:44+ | 29:09+ | 36:36+ | 43:59+ | 48:08+ | 51:16+ | 55:35+ | 63:50+ | 66:04+ | 69:56+ | 74:34+ | 83:18+ | 84:50+ |
| 04:42+    | 05:58+                         | 05:51+      | 01:28+         | 04:06+ | 04:39+ | 02:25+ | 07:27+ | 07:23+ | 04:09+ | 03:08+ | 04:19+ | 08:15+ | 02:14+ | 03:52+ | 04:38+ | 08:44+ | 01:32+ |
| 04:42+    | 05:58+                         | 05:51+      | 01:28+         | 04:06+ | 04:39+ | 02:25+ | 07:27+ | 07:23+ | 04:09+ | 03:08+ | 04:19+ | 08:15+ | 02:14+ | 03:52+ | 04:38+ | 08:44+ | 01:32+ |
| <b>13</b> | <b>Mogens Tornby Stender</b>   | <b>Rsok</b> | <b>1:26:04</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 04:59+    | 10:51+                         | 17:46+      | 18:54+         | 24:22+ | 28:54+ | 32:33+ | 40:27+ | 47:08+ | 50:28+ | 54:01+ | 58:00+ | 64:11+ | 66:26+ | 70:55+ | 76:01+ | 85:00+ | 86:04+ |
| 04:59+    | 05:52+                         | 06:55+      | 01:08+         | 05:28+ | 04:32+ | 03:39+ | 07:54+ | 06:41+ | 03:20+ | 03:33+ | 03:59+ | 06:11+ | 02:15+ | 04:29+ | 05:06+ | 08:59+ | 01:04+ |
| 04:59+    | 05:52+                         | 06:55+      | 01:08+         | 05:28+ | 04:32+ | 03:39+ | 07:54+ | 06:41+ | 03:20+ | 03:33+ | 03:59+ | 06:11+ | 02:15+ | 04:29+ | 05:06+ | 08:59+ | 01:04+ |
| <b>14</b> | <b>Gitte Isen</b>              | <b>4</b>    | <b>1:32:11</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 05:41+    | 11:57+                         | 17:12+      | 19:13+         | 23:39+ | 28:57+ | 31:18+ | 39:47+ | 47:12+ | 51:53+ | 55:30+ | 60:56+ | 70:04+ | 73:10+ | 77:54+ | 84:19+ | 90:20+ | 92:11+ |
| 05:41+    | 06:16+                         | 05:15+      | 02:01+         | 04:26+ | 05:18+ | 02:21+ | 08:29+ | 07:25+ | 04:41+ | 03:37+ | 05:26+ | 09:08+ | 03:06+ | 04:44+ | 06:25+ | 06:01+ | 01:51+ |
| 05:41+    | 06:16+                         | 05:15+      | 02:01+         | 04:26+ | 05:18+ | 02:21+ | 08:29+ | 07:25+ | 04:41+ | 03:37+ | 05:26+ | 09:08+ | 03:06+ | 04:44+ | 06:25+ | 06:01+ | 01:51+ |
| <b>15</b> | <b>Ole Christiansen</b>        | <b>Akif</b> | <b>1:32:31</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| 05:06+    | 11:28+                         | 18:18+      | 20:12+         | 24:28+ | 28:40+ | 32:46+ | 41:24+ | 48:58+ | 52:51+ | 56:15+ | 61:24+ | 69:58+ | 73:01+ | 78:07+ | 83:55+ | 90:58+ | 92:31+ |
| 05:06+    | 06:22+                         | 06:50+      | 01:54+         | 04:16+ | 04:12+ | 04:06+ | 08:38+ | 07:34+ | 03:53+ | 03:24+ | 05:09+ | 08:34+ | 03:03+ | 05:06+ | 05:48+ | 07:03+ | 01:33+ |
| 05:06+    | 06:22+                         | 06:50+      | 01:54+         | 04:16+ | 04:12+ | 04:06+ | 08:38+ | 07:34+ | 03:53+ | 03:24+ | 05:09+ | 08:34+ | 03:03+ | 05:06+ | 05:48+ | 07:03+ | 01:33+ |



### B5 7km

|           |                              |           |        |        |        |        |        |        |        |        |        |        |        |         |         |                |         |
|-----------|------------------------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|----------------|---------|
| <b>16</b> | <b>Tove Jakobsen</b>         | <b>22</b> |        |        |        |        |        |        |        |        |        |        |        |         |         | <b>1:35:02</b> |         |
| 05:54+    | 12:39+                       | 17:50+    | 19:54+ | 24:28+ | 30:53+ | 33:23+ | 41:52+ | 49:21+ | 53:31+ | 57:09+ | 62:40+ | 71:38+ | 74:51+ | 81:39+  | 87:56+  | 93:26+         | 95:02+  |
| 05:54+    | 06:45+                       | 05:11+    | 02:04+ | 04:34+ | 06:25+ | 02:30+ | 08:29+ | 07:29+ | 04:10+ | 03:38+ | 05:31+ | 08:58+ | 03:13+ | 06:48+  | 06:17+  | 05:30+         | 01:36+  |
| 05:54+    | 06:45+                       | 05:11+    | 02:04+ | 04:34+ | 06:25+ | 02:30+ | 08:29+ | 07:29+ | 04:10+ | 03:38+ | 05:31+ | 08:58+ | 03:13+ | 06:48+  | 06:17+  | 05:30+         | 01:36+  |
| <b>17</b> | <b>Signe Jensen</b>          | <b>11</b> |        |        |        |        |        |        |        |        |        |        |        |         |         | <b>1:41:44</b> |         |
| 05:53+    | 12:55+                       | 19:44+    | 21:41+ | 26:52+ | 33:04+ | 37:33+ | 44:51+ | 53:45+ | 59:27+ | 63:48+ | 70:22+ | 80:34+ | 83:43+ | 88:35+  | 94:44+  | 99:56+         | 101:44+ |
| 05:53+    | 07:02+                       | 06:49+    | 01:57+ | 05:11+ | 06:12+ | 04:29+ | 07:18+ | 08:54+ | 05:42+ | 04:21+ | 06:34+ | 10:12+ | 03:09+ | 04:52+  | 06:09+  | 05:12+         | 01:48+  |
| 05:53+    | 07:02+                       | 06:49+    | 01:57+ | 05:11+ | 06:12+ | 04:29+ | 07:18+ | 08:54+ | 05:42+ | 04:21+ | 06:34+ | 10:12+ | 03:09+ | 04:52+  | 06:09+  | 05:12+         | 01:48+  |
| <b>18</b> | <b>Henning Mindstruplund</b> | <b>5</b>  |        |        |        |        |        |        |        |        |        |        |        |         |         | <b>1:44:05</b> |         |
| 05:06+    | 11:07+                       | 16:05+    | 17:41+ | 21:31+ | 25:32+ | 27:24+ | 34:12+ | 41:02+ | 44:20+ | 47:15+ | 51:46+ | 62:30+ | 64:52+ | 86:21+  | 91:01+  | 102:25+        | 104:05+ |
| 05:06+    | 06:01+                       | 04:58+    | 01:36+ | 03:50+ | 04:01+ | 01:52+ | 06:48+ | 06:50+ | 03:18+ | 02:55+ | 04:31+ | 10:44+ | 02:22+ | 21:29+  | 04:40+  | 11:24+         | 01:40+  |
| 05:06+    | 06:01+                       | 04:58+    | 01:36+ | 03:50+ | 04:01+ | 01:52+ | 06:48+ | 06:50+ | 03:18+ | 02:55+ | 04:31+ | 10:44+ | 02:22+ | 21:29+  | 04:40+  | 11:24+         | 01:40+  |
| <b>19</b> | <b>Rikke Sommerlund</b>      | <b>22</b> |        |        |        |        |        |        |        |        |        |        |        |         |         | <b>2:02:14</b> |         |
| 07:20+    | 16:08+                       | 24:31+    | 26:26+ | 32:27+ | 41:14+ | 44:35+ | 55:55+ | 65:56+ | 71:42+ | 77:20+ | 84:09+ | 94:39+ | 98:06+ | 103:09+ | 111:56+ | 120:05+        | 122:14+ |
| 07:20+    | 08:48+                       | 08:23+    | 01:55+ | 06:01+ | 08:47+ | 03:21+ | 11:20+ | 10:01+ | 05:46+ | 05:38+ | 06:49+ | 10:30+ | 03:27+ | 05:03+  | 08:47+  | 08:09+         | 02:09+  |
| 07:20+    | 08:48+                       | 08:23+    | 01:55+ | 06:01+ | 08:47+ | 03:21+ | 11:20+ | 10:01+ | 05:46+ | 05:38+ | 06:49+ | 10:30+ | 03:27+ | 05:03+  | 08:47+  | 08:09+         | 02:09+  |

### Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### B6 5km

|          |                                |           |        |        |        |        |        |        |        |        |        |        |        |        |  |              |  |
|----------|--------------------------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--------------|--|
| <b>1</b> | <b>Søren Elkjær</b>            | <b>26</b> |        |        |        |        |        |        |        |        |        |        |        |        |  | <b>46:06</b> |  |
| 01:56=   | 04:31=                         | 07:46=    | 12:02= | 15:05= | 17:35= | 19:32= | 22:57= | 27:40= | 29:08= | 32:29= | 36:34= | 41:29= | 44:51= | 46:06= |  |              |  |
| 01:56=   | 02:35=                         | 03:15=    | 04:16= | 03:03= | 02:30= | 01:57= | 03:25= | 04:43= | 01:28= | 03:21= | 04:05= | 04:55= | 03:22= | 01:15= |  |              |  |
| 00:00=   | 00:00=                         | 00:00=    | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |  |              |  |
| <b>2</b> | <b>Lene Bejer Damgaard</b>     | <b>26</b> |        |        |        |        |        |        |        |        |        |        |        |        |  | <b>47:28</b> |  |
| 02:01+   | 05:03+                         | 08:36+    | 13:11+ | 15:52+ | 18:26+ | 20:31+ | 24:04+ | 29:29+ | 31:54+ | 35:13+ | 39:17+ | 43:20+ | 46:14+ | 47:28+ |  |              |  |
| 02:01+   | 03:02+                         | 03:33+    | 04:35+ | 02:41- | 02:34+ | 02:05+ | 03:33+ | 05:25+ | 02:25+ | 03:19- | 04:04- | 04:03- | 02:54- | 01:14- |  |              |  |
| 00:05+   | 00:27#                         | 00:18#    | 00:19# | 00:22- | 00:04+ | 00:08+ | 00:08+ | 00:42# | 00:57& | 00:02- | 00:01- | 00:52- | 00:28- | 00:01- |  |              |  |
| <b>3</b> | <b>Max Hansen</b>              | <b>10</b> |        |        |        |        |        |        |        |        |        |        |        |        |  | <b>50:56</b> |  |
| 02:06+   | 05:10+                         | 08:46+    | 13:26+ | 16:25+ | 19:10+ | 21:17+ | 25:03+ | 31:36+ | 33:18+ | 37:37+ | 41:55+ | 45:59+ | 49:22+ | 50:56+ |  |              |  |
| 02:06+   | 03:04+                         | 03:36+    | 04:40+ | 02:59- | 02:45+ | 02:07+ | 03:46+ | 06:33+ | 01:42+ | 04:19+ | 04:18+ | 04:04- | 03:23+ | 01:34+ |  |              |  |
| 00:10+   | 00:29#                         | 00:21#    | 00:24+ | 00:04- | 00:15# | 00:10+ | 00:21# | 01:50& | 00:14# | 00:58& | 00:13+ | 00:51- | 00:01+ | 00:19& |  |              |  |
| <b>4</b> | <b>Jørgen Münster-Swendsen</b> | <b>22</b> |        |        |        |        |        |        |        |        |        |        |        |        |  | <b>52:26</b> |  |
| 01:54-   | 04:47+                         | 08:10+    | 12:53+ | 16:29+ | 19:14+ | 21:29+ | 25:47+ | 30:56+ | 32:46+ | 37:01+ | 41:39+ | 47:23+ | 50:59+ | 52:26+ |  |              |  |
| 01:54-   | 02:53+                         | 03:23+    | 04:43+ | 03:36+ | 02:45+ | 02:15+ | 04:18+ | 05:09+ | 01:50+ | 04:15+ | 04:38+ | 05:44+ | 03:36+ | 01:27+ |  |              |  |
| 00:02-   | 00:18#                         | 00:08+    | 00:27# | 00:33# | 00:15# | 00:18# | 00:53& | 00:26+ | 00:22# | 00:54& | 00:33# | 00:49# | 00:14+ | 00:12# |  |              |  |
| <b>5</b> | <b>Kaj Kaspersen</b>           | <b>4</b>  |        |        |        |        |        |        |        |        |        |        |        |        |  | <b>58:06</b> |  |
| 09:27+   | 12:03+                         | 15:32+    | 20:16+ | 23:27+ | 26:14+ | 28:24+ | 32:32+ | 39:03+ | 41:11+ | 44:55+ | 49:18+ | 53:08+ | 56:29+ | 58:06+ |  |              |  |
| 09:27+   | 02:36+                         | 03:29+    | 04:44+ | 03:11+ | 02:47+ | 02:10+ | 04:08+ | 06:31+ | 02:08+ | 03:44+ | 04:23+ | 03:50- | 03:21- | 01:37+ |  |              |  |
| 07:31@   | 00:01+                         | 00:14+    | 00:28# | 00:08+ | 00:17# | 00:13# | 00:43# | 01:48& | 00:40& | 00:23# | 00:18+ | 01:05- | 00:01- | 00:22& |  |              |  |
| <b>6</b> | <b>Søren Søgaard Nielsen</b>   | <b>4</b>  |        |        |        |        |        |        |        |        |        |        |        |        |  | <b>58:17</b> |  |
| 02:25+   | 05:55+                         | 10:12+    | 16:00+ | 20:01+ | 23:27+ | 26:00+ | 30:24+ | 37:03+ | 39:17+ | 44:02+ | 48:45+ | 52:43+ | 56:55+ | 58:17+ |  |              |  |
| 02:25+   | 03:30+                         | 04:17+    | 05:48+ | 04:01+ | 03:26+ | 02:33+ | 04:24+ | 06:39+ | 02:14+ | 04:45+ | 04:43+ | 03:58- | 04:12+ | 01:22+ |  |              |  |
| 00:29#   | 00:55&                         | 01:02&    | 01:32& | 00:58& | 00:56& | 00:36& | 00:59& | 01:56& | 00:46& | 01:24& | 00:38# | 00:57- | 00:50# | 00:07+ |  |              |  |

### B6 5km

|          |                    |          |              |        |        |        |        |        |        |        |        |        |        |        |
|----------|--------------------|----------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>7</b> | <b>Torben Isen</b> | <b>4</b> | <b>58:29</b> |        |        |        |        |        |        |        |        |        |        |        |
| 02:15+   | 05:49+             | 09:47+   | 15:06+       | 18:59+ | 22:00+ | 25:06+ | 30:55+ | 37:16+ | 39:10+ | 43:49+ | 49:06+ | 53:21+ | 56:56+ | 58:29+ |
| 02:15+   | 03:34+             | 03:58+   | 05:19+       | 03:53+ | 03:01+ | 03:06+ | 05:49+ | 06:21+ | 01:54+ | 04:39+ | 05:17+ | 04:15- | 03:35+ | 01:33+ |
| 00:19#   | 00:59&             | 00:43#   | 01:03#       | 00:50& | 00:31# | 01:09& | 02:24& | 01:38& | 00:26& | 01:18& | 01:12& | 00:40- | 00:13+ | 00:18# |

|          |                            |           |                |        |        |        |        |        |        |        |        |        |        |        |
|----------|----------------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>8</b> | <b>Poul A. Christensen</b> | <b>18</b> | <b>1:00:01</b> |        |        |        |        |        |        |        |        |        |        |        |
| 04:40+   | 10:49+                     | 14:39+    | 20:14+         | 23:33+ | 26:25+ | 29:11+ | 33:30+ | 40:25+ | 42:30+ | 46:18+ | 50:48+ | 54:47+ | 58:22+ | 60:01+ |
| 04:40+   | 06:09+                     | 03:50+    | 05:35+         | 03:19+ | 02:52+ | 02:46+ | 04:19+ | 06:55+ | 02:05+ | 03:48+ | 04:30+ | 03:59+ | 03:35+ | 01:39+ |
| 04:40+   | 06:09+                     | 03:50+    | 05:35+         | 03:19+ | 02:52+ | 02:46+ | 04:19+ | 06:55+ | 02:05+ | 03:48+ | 04:30+ | 03:59+ | 03:35+ | 01:39+ |

|          |                       |               |                |        |        |        |        |        |        |        |        |        |        |        |
|----------|-----------------------|---------------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>9</b> | <b>Reni Bjergmand</b> | <b>NOTEAM</b> | <b>1:00:33</b> |        |        |        |        |        |        |        |        |        |        |        |
| 06:16+   | 09:25+                | 13:23+        | 18:14+         | 21:56+ | 24:26+ | 29:39+ | 33:00+ | 38:49+ | 40:22+ | 46:52+ | 51:07+ | 55:17+ | 59:20+ | 60:33+ |
| 06:16+   | 03:09+                | 03:58+        | 04:51+         | 03:42+ | 02:30+ | 05:13+ | 03:21+ | 05:49+ | 01:33+ | 06:30+ | 04:15+ | 04:10+ | 04:03+ | 01:13+ |
| 06:16+   | 03:09+                | 03:58+        | 04:51+         | 03:42+ | 02:30+ | 05:13+ | 03:21+ | 05:49+ | 01:33+ | 06:30+ | 04:15+ | 04:10+ | 04:03+ | 01:13+ |

|           |                      |               |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|----------------------|---------------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>10</b> | <b>Iukas Laursen</b> | <b>NOTEAM</b> | <b>1:00:38</b> |        |        |        |        |        |        |        |        |        |        |        |
| 06:21+    | 09:35+               | 13:38+        | 18:20+         | 22:02+ | 24:32+ | 29:50+ | 33:11+ | 38:59+ | 40:33+ | 47:07+ | 51:12+ | 55:22+ | 59:32+ | 60:38+ |
| 06:21+    | 03:14+               | 04:03+        | 04:42+         | 03:42+ | 02:30+ | 05:18+ | 03:21+ | 05:48+ | 01:34+ | 06:34+ | 04:05+ | 04:10+ | 04:10+ | 01:06+ |
| 06:21+    | 03:14+               | 04:03+        | 04:42+         | 03:42+ | 02:30+ | 05:18+ | 03:21+ | 05:48+ | 01:34+ | 06:34+ | 04:05+ | 04:10+ | 04:10+ | 01:06+ |

|           |                       |          |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|-----------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>11</b> | <b>Tommy Jakobsen</b> | <b>5</b> | <b>1:01:28</b> |        |        |        |        |        |        |        |        |        |        |        |
| 03:38+    | 07:54+                | 13:08+   | 18:34+         | 22:10+ | 25:11+ | 28:20+ | 33:48+ | 39:40+ | 41:42+ | 46:24+ | 51:38+ | 56:06+ | 59:41+ | 61:28+ |
| 03:38+    | 04:16+                | 05:14+   | 05:26+         | 03:36+ | 03:01+ | 03:09+ | 05:28+ | 05:52+ | 02:02+ | 04:42+ | 05:14+ | 04:28+ | 03:35+ | 01:47+ |
| 03:38+    | 04:16+                | 05:14+   | 05:26+         | 03:36+ | 03:01+ | 03:09+ | 05:28+ | 05:52+ | 02:02+ | 04:42+ | 05:14+ | 04:28+ | 03:35+ | 01:47+ |

|           |                      |          |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|----------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>12</b> | <b>Peer Straarup</b> | <b>5</b> | <b>1:03:39</b> |        |        |        |        |        |        |        |        |        |        |        |
| 03:34+    | 07:43+               | 12:48+   | 19:42+         | 23:34+ | 26:43+ | 29:38+ | 34:04+ | 41:25+ | 43:40+ | 48:34+ | 53:01+ | 58:01+ | 61:39+ | 63:39+ |
| 03:34+    | 04:09+               | 05:05+   | 06:54+         | 03:52+ | 03:09+ | 02:55+ | 04:26+ | 07:21+ | 02:15+ | 04:54+ | 04:27+ | 05:00+ | 03:38+ | 02:00+ |
| 03:34+    | 04:09+               | 05:05+   | 06:54+         | 03:52+ | 03:09+ | 02:55+ | 04:26+ | 07:21+ | 02:15+ | 04:54+ | 04:27+ | 05:00+ | 03:38+ | 02:00+ |

|           |                         |           |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|-------------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>13</b> | <b>Jørgen Jørgensen</b> | <b>22</b> | <b>1:03:51</b> |        |        |        |        |        |        |        |        |        |        |        |
| 02:07+    | 05:36+                  | 10:14+    | 16:09+         | 20:17+ | 23:31+ | 26:19+ | 31:03+ | 39:06+ | 41:55+ | 46:35+ | 52:03+ | 58:13+ | 62:06+ | 63:51+ |
| 02:07+    | 03:29+                  | 04:38+    | 05:55+         | 04:08+ | 03:14+ | 02:48+ | 04:44+ | 08:03+ | 02:49+ | 04:40+ | 05:28+ | 06:10+ | 03:53+ | 01:45+ |
| 02:07+    | 03:29+                  | 04:38+    | 05:55+         | 04:08+ | 03:14+ | 02:48+ | 04:44+ | 08:03+ | 02:49+ | 04:40+ | 05:28+ | 06:10+ | 03:53+ | 01:45+ |

|           |                     |           |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|---------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>14</b> | <b>Helle Nikkel</b> | <b>26</b> | <b>1:04:42</b> |        |        |        |        |        |        |        |        |        |        |        |
| 02:20+    | 06:18+              | 11:00+    | 18:23+         | 22:07+ | 25:29+ | 28:37+ | 33:20+ | 39:45+ | 42:40+ | 47:12+ | 52:58+ | 58:53+ | 62:46+ | 64:42+ |
| 02:20+    | 03:58+              | 04:42+    | 07:23+         | 03:44+ | 03:22+ | 03:08+ | 04:43+ | 06:25+ | 02:55+ | 04:32+ | 05:46+ | 05:55+ | 03:53+ | 01:56+ |
| 02:20+    | 03:58+              | 04:42+    | 07:23+         | 03:44+ | 03:22+ | 03:08+ | 04:43+ | 06:25+ | 02:55+ | 04:32+ | 05:46+ | 05:55+ | 03:53+ | 01:56+ |

|           |                       |          |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|-----------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>15</b> | <b>Inger Johansen</b> | <b>6</b> | <b>1:05:16</b> |        |        |        |        |        |        |        |        |        |        |        |
| 09:40+    | 13:42+                | 18:09+   | 23:51+         | 27:09+ | 30:12+ | 32:52+ | 37:03+ | 43:42+ | 45:55+ | 50:31+ | 55:24+ | 59:24+ | 63:42+ | 65:16+ |
| 09:40+    | 04:02+                | 04:27+   | 05:42+         | 03:18+ | 03:03+ | 02:40+ | 04:11+ | 06:39+ | 02:13+ | 04:36+ | 04:53+ | 04:00+ | 04:18+ | 01:34+ |
| 09:40+    | 04:02+                | 04:27+   | 05:42+         | 03:18+ | 03:03+ | 02:40+ | 04:11+ | 06:39+ | 02:13+ | 04:36+ | 04:53+ | 04:00+ | 04:18+ | 01:34+ |

|           |                         |               |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|-------------------------|---------------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>16</b> | <b>Vibeke Jørgensen</b> | <b>Ok Pan</b> | <b>1:08:07</b> |        |        |        |        |        |        |        |        |        |        |        |
| 03:08+    | 07:26+                  | 12:00+        | 18:07+         | 23:08+ | 26:36+ | 29:32+ | 34:07+ | 42:22+ | 44:52+ | 49:55+ | 55:34+ | 61:06+ | 66:20+ | 68:07+ |
| 03:08+    | 04:18+                  | 04:34+        | 06:07+         | 05:01+ | 03:28+ | 02:56+ | 04:35+ | 08:15+ | 02:30+ | 05:03+ | 05:39+ | 05:32+ | 05:14+ | 01:47+ |
| 03:08+    | 04:18+                  | 04:34+        | 06:07+         | 05:01+ | 03:28+ | 02:56+ | 04:35+ | 08:15+ | 02:30+ | 05:03+ | 05:39+ | 05:32+ | 05:14+ | 01:47+ |

|           |                           |           |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|---------------------------|-----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>17</b> | <b>Erik Anders Jensen</b> | <b>22</b> | <b>1:12:26</b> |        |        |        |        |        |        |        |        |        |        |        |
| 03:04+    | 07:15+                    | 11:21+    | 17:31+         | 21:21+ | 26:00+ | 29:39+ | 35:03+ | 42:17+ | 45:01+ | 49:37+ | 53:54+ | 61:29+ | 70:26+ | 72:26+ |
| 03:04+    | 04:11+                    | 04:06+    | 06:10+         | 03:50+ | 04:39+ | 03:39+ | 05:24+ | 07:14+ | 02:44+ | 04:36+ | 04:17+ | 07:35+ | 08:57+ | 02:00+ |
| 03:04+    | 04:11+                    | 04:06+    | 06:10+         | 03:50+ | 04:39+ | 03:39+ | 05:24+ | 07:14+ | 02:44+ | 04:36+ | 04:17+ | 07:35+ | 08:57+ | 02:00+ |

|           |                         |          |                |        |        |        |        |        |        |        |        |        |        |        |
|-----------|-------------------------|----------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| <b>18</b> | <b>Holger Mikkelsen</b> | <b>9</b> | <b>1:15:37</b> |        |        |        |        |        |        |        |        |        |        |        |
| 03:08+    | 08:29+                  | 14:25+   | 23:09+         | 28:35+ | 32:41+ | 36:01+ | 41:26+ | 49:36+ | 51:56+ | 56:58+ | 62:05+ | 69:08+ | 73:33+ | 75:37+ |
| 03:08+    | 05:21+                  | 05:56+   | 08:44+         | 05:26+ | 04:06+ | 03:20+ | 05:25+ | 08:10+ | 02:20+ | 05:02+ | 05:07+ | 07:03+ | 04:25+ | 02:04+ |
| 03:08+    | 05:21+                  | 05:56+   | 08:44+         | 05:26+ | 04:06+ | 03:20+ | 05:25+ | 08:10+ | 02:20+ | 05:02+ | 05:07+ | 07:03+ | 04:25+ | 02:04+ |

### B6 5km

|           |                             |             |        |        |        |        |        |        |        |        |        |                |         |         |
|-----------|-----------------------------|-------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----------------|---------|---------|
| <b>19</b> | <b>Ole Thy</b>              | <b>Rsok</b> |        |        |        |        |        |        |        |        |        | <b>1:16:06</b> |         |         |
| 03:10+    | 08:30+                      | 14:05+      | 22:23+ | 26:52+ | 30:58+ | 34:32+ | 40:27+ | 48:01+ | 50:50+ | 56:28+ | 62:32+ | 67:59+         | 73:43+  | 76:06+  |
| 03:10+    | 05:20+                      | 05:35+      | 08:18+ | 04:29+ | 04:06+ | 03:34+ | 05:55+ | 07:34+ | 02:49+ | 05:38+ | 06:04+ | 05:27+         | 05:44+  | 02:23+  |
| 03:10+    | 05:20+                      | 05:35+      | 08:18+ | 04:29+ | 04:06+ | 03:34+ | 05:55+ | 07:34+ | 02:49+ | 05:38+ | 06:04+ | 05:27+         | 05:44+  | 02:23+  |
| <b>20</b> | <b>Palle Møller Nielsen</b> | <b>9</b>    |        |        |        |        |        |        |        |        |        | <b>1:38:07</b> |         |         |
| 03:51+    | 09:08+                      | 15:08+      | 23:53+ | 30:23+ | 35:53+ | 39:50+ | 47:36+ | 59:09+ | 63:50+ | 71:04+ | 79:33+ | 86:55+         | 94:54+  | 98:07+  |
| 03:51+    | 05:17+                      | 06:00+      | 08:45+ | 06:30+ | 05:30+ | 03:57+ | 07:46+ | 11:33+ | 04:41+ | 07:14+ | 08:29+ | 07:22+         | 07:59+  | 03:13+  |
| 03:51+    | 05:17+                      | 06:00+      | 08:45+ | 06:30+ | 05:30+ | 03:57+ | 07:46+ | 11:33+ | 04:41+ | 07:14+ | 08:29+ | 07:22+         | 07:59+  | 03:13+  |
| <b>21</b> | <b>Viorica Barbus</b>       | <b>13</b>   |        |        |        |        |        |        |        |        |        | <b>1:44:16</b> |         |         |
| 03:10+    | 09:17+                      | 16:17+      | 24:57+ | 34:49+ | 41:07+ | 46:54+ | 53:39+ | 66:13+ | 71:26+ | 78:51+ | 87:37+ | 95:39+         | 101:36+ | 104:16+ |
| 03:10+    | 06:07+                      | 07:00+      | 08:40+ | 09:52+ | 06:18+ | 05:47+ | 06:45+ | 12:34+ | 05:13+ | 07:25+ | 08:46+ | 08:02+         | 05:57+  | 02:40+  |
| 03:10+    | 06:07+                      | 07:00+      | 08:40+ | 09:52+ | 06:18+ | 05:47+ | 06:45+ | 12:34+ | 05:13+ | 07:25+ | 08:46+ | 08:02+         | 05:57+  | 02:40+  |
| <b>22</b> | <b>Bente Pedersen</b>       | <b>11</b>   |        |        |        |        |        |        |        |        |        | <b>1:46:43</b> |         |         |
| 03:00+    | 09:33+                      | 16:30+      | 30:29+ | 38:38+ | 44:43+ | 48:51+ | 56:50+ | 68:20+ | 72:38+ | 79:32+ | 91:13+ | 99:14+         | 104:14+ | 106:43+ |
| 03:00+    | 06:33+                      | 06:57+      | 13:59+ | 08:09+ | 06:05+ | 04:08+ | 07:59+ | 11:30+ | 04:18+ | 06:54+ | 11:41+ | 08:01+         | 05:00+  | 02:29+  |
| 03:00+    | 06:33+                      | 06:57+      | 13:59+ | 08:09+ | 06:05+ | 04:08+ | 07:59+ | 11:30+ | 04:18+ | 06:54+ | 11:41+ | 08:01+         | 05:00+  | 02:29+  |
| <b>23</b> | <b>Jørgen Bang</b>          | <b>11</b>   |        |        |        |        |        |        |        |        |        | <b>1:46:48</b> |         |         |
| 03:05+    | 09:40+                      | 16:37+      | 30:44+ | 38:39+ | 44:52+ | 48:57+ | 56:58+ | 68:22+ | 72:39+ | 79:39+ | 91:19+ | 99:16+         | 104:21+ | 106:48+ |
| 03:05+    | 06:35+                      | 06:57+      | 14:07+ | 07:55+ | 06:13+ | 04:05+ | 08:01+ | 11:24+ | 04:17+ | 07:00+ | 11:40+ | 07:57+         | 05:05+  | 02:27+  |
| 03:05+    | 06:35+                      | 06:57+      | 14:07+ | 07:55+ | 06:13+ | 04:05+ | 08:01+ | 11:24+ | 04:17+ | 07:00+ | 11:40+ | 07:57+         | 05:05+  | 02:27+  |

### Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### B7 3km

|          |                        |           |        |        |        |        |        |        |        |        |  |              |  |  |
|----------|------------------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--|--------------|--|--|
| <b>1</b> | <b>Johanne Skouboe</b> | <b>5</b>  |        |        |        |        |        |        |        |        |  | <b>30:53</b> |  |  |
| 01:34=   | 04:23=                 | 08:41=    | 11:26= | 14:13= | 17:15= | 19:04= | 22:19= | 26:39= | 29:26= | 30:53= |  |              |  |  |
| 01:34=   | 02:49=                 | 04:18=    | 02:45= | 02:47= | 03:02= | 01:49= | 03:15= | 04:20= | 02:47= | 01:27= |  |              |  |  |
| 00:00=   | 00:00=                 | 00:00=    | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |  |              |  |  |
| <b>2</b> | <b>Lucia Aagaard</b>   | <b>4</b>  |        |        |        |        |        |        |        |        |  | <b>37:46</b> |  |  |
| 02:32+   | 06:49+                 | 12:19+    | 15:37+ | 18:45+ | 22:30+ | 24:41+ | 28:21+ | 32:20+ | 36:01+ | 37:46+ |  |              |  |  |
| 02:32+   | 04:17+                 | 05:30+    | 03:18+ | 03:08+ | 03:45+ | 02:11+ | 03:40+ | 03:59- | 03:41+ | 01:45+ |  |              |  |  |
| 00:58&   | 01:28&                 | 01:12&    | 00:33# | 00:21# | 00:43# | 00:22# | 00:25# | 00:21- | 00:54& | 00:18# |  |              |  |  |
| <b>3</b> | <b>Allan Skouboe</b>   | <b>5</b>  |        |        |        |        |        |        |        |        |  | <b>40:20</b> |  |  |
| 03:52+   | 07:49+                 | 13:04+    | 14:20+ |        |        |        |        |        |        |        |  |              |  |  |
| 03:52+   | 03:57+                 | 05:15+    | 01:16- |        |        |        |        |        |        |        |  |              |  |  |
| 02:18@   | 01:08&                 | 00:57#    | 01:29- |        |        |        |        |        |        |        |  |              |  |  |
| <b>4</b> | <b>Kristine Skoube</b> | <b>5</b>  |        |        |        |        |        |        |        |        |  | <b>40:35</b> |  |  |
| 03:05+   | 06:43+                 | 11:49+    | 15:46+ | 18:17+ | 23:19+ | 24:50+ | 28:30+ | 36:06+ | 39:24+ | 40:35+ |  |              |  |  |
| 03:05+   | 03:38+                 | 05:06+    | 03:57+ | 02:31- | 05:02+ | 01:31- | 03:40+ | 07:36+ | 03:18+ | 01:11- |  |              |  |  |
| 01:31&   | 00:49&                 | 00:48#    | 01:12& | 00:16- | 02:00& | 00:18- | 00:25# | 03:16& | 00:31# | 00:16- |  |              |  |  |
| <b>5</b> | <b>Ann-Vibeke Mose</b> | <b>25</b> |        |        |        |        |        |        |        |        |  | <b>43:18</b> |  |  |
| 03:52+   | 08:28+                 | 13:33+    | 16:50+ | 19:59+ | 23:46+ | 25:48+ | 29:38+ | 38:02+ | 41:45+ | 43:18+ |  |              |  |  |
| 03:52+   | 04:36+                 | 05:05+    | 03:17+ | 03:09+ | 03:47+ | 02:02+ | 03:50+ | 08:24+ | 03:43+ | 01:33+ |  |              |  |  |
| 02:18@   | 01:47&                 | 00:47#    | 00:32# | 00:22# | 00:45# | 00:13# | 00:35# | 04:04& | 00:56& | 00:06+ |  |              |  |  |

### B7 3km

|          |                      |          |              |
|----------|----------------------|----------|--------------|
| <b>6</b> | <b>Tove Straarup</b> | <b>5</b> | <b>46:57</b> |
|----------|----------------------|----------|--------------|

|        |        |        |        |        |        |        |        |        |        |        |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 03:54+ | 08:40+ | 14:06+ | 18:21+ | 21:57+ | 27:40+ | 30:01+ | 34:02+ | 41:29+ | 45:12+ | 46:57+ |
| 03:54+ | 04:46+ | 05:26+ | 04:15+ | 03:36+ | 05:43+ | 02:21+ | 04:01+ | 07:27+ | 03:43+ | 01:45+ |
| 02:20@ | 01:57& | 01:08& | 01:30& | 00:49& | 02:41& | 00:32& | 00:46# | 03:07& | 00:56& | 00:18# |

|          |                    |               |              |
|----------|--------------------|---------------|--------------|
| <b>7</b> | <b>Frank Linde</b> | <b>Ok Pan</b> | <b>59:47</b> |
|----------|--------------------|---------------|--------------|

|        |        |        |        |        |        |        |        |        |        |        |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 03:59+ | 11:08+ | 19:37+ | 25:07+ | 30:01+ | 36:12+ | 39:27+ | 45:44+ | 52:05+ | 57:12+ | 59:47+ |
| 03:59+ | 07:09+ | 08:29+ | 05:30+ | 04:54+ | 06:11+ | 03:15+ | 06:17+ | 06:21+ | 05:07+ | 02:35+ |
| 03:59+ | 07:09+ | 08:29+ | 05:30+ | 04:54+ | 06:11+ | 03:15+ | 06:17+ | 06:21+ | 05:07+ | 02:35+ |

|          |                       |          |                |
|----------|-----------------------|----------|----------------|
| <b>8</b> | <b>Kaj Ole Jensby</b> | <b>9</b> | <b>1:27:08</b> |
|----------|-----------------------|----------|----------------|

|        |        |        |        |        |        |        |        |        |        |        |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 05:16+ | 14:08+ | 26:16+ | 30:58+ | 36:40+ | 44:03+ | 46:56+ | 51:44+ | 59:13+ | 85:11+ | 87:08+ |
| 05:16+ | 08:52+ | 12:08+ | 04:42+ | 05:42+ | 07:23+ | 02:53+ | 04:48+ | 07:29+ | 25:58+ | 01:57+ |
| 05:16+ | 08:52+ | 12:08+ | 04:42+ | 05:42+ | 07:23+ | 02:53+ | 04:48+ | 07:29+ | 25:58+ | 01:57+ |

#### Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### MTBO10km

|          |                              |           |                |
|----------|------------------------------|-----------|----------------|
| <b>1</b> | <b>Niels Møller Petersen</b> | <b>12</b> | <b>1:55:32</b> |
|----------|------------------------------|-----------|----------------|

|        |        |        |        |        |        |        |         |         |         |
|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|
| 05:22= | 12:32= | 31:24= | 59:56= | 66:40= | 82:12= | 95:41= | 103:01= | 109:11= | 115:32= |
| 05:22= | 07:10= | 18:52= | 28:32= | 06:44= | 15:32= | 13:29= | 07:20=  | 06:10=  | 06:21=  |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00=  | 00:00=  | 00:00=  |

|          |                             |               |                |
|----------|-----------------------------|---------------|----------------|
| <b>2</b> | <b>Finn Møller Petersen</b> | <b>NOTEAM</b> | <b>1:55:39</b> |
|----------|-----------------------------|---------------|----------------|

|        |        |        |        |        |        |        |         |         |         |
|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|
| 05:25+ | 12:30- | 31:35+ | 60:02+ | 66:29- | 82:18+ | 95:44+ | 103:09+ | 109:17+ | 115:39+ |
| 05:25+ | 07:05- | 19:05+ | 28:27- | 06:27- | 15:49+ | 13:26- | 07:25+  | 06:08-  | 06:22+  |
| 00:03+ | 00:05- | 00:13+ | 00:05- | 00:17- | 00:17+ | 00:03- | 00:05+  | 00:02-  | 00:01+  |

#### Beste stræktid for klassen

|       |       |       |       |       |       |       |       |       |       |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 05:22 | 07:05 | 18:52 | 28:27 | 06:27 | 15:32 | 13:26 | 07:20 | 06:08 | 06:21 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.