

Plads Navn

Klasse

Tid

10km

1	Jimmy Olsen	22	1:03:25													
05:42=	08:28=	10:38=	13:47=	15:09=	22:57=	25:10=	28:29=	35:19=	39:40=	46:32=	49:43=	53:37=	54:55=	60:31=	62:21=	63:25=
05:42=	02:46=	02:10=	03:09=	01:22=	07:48=	02:13=	03:19=	06:50=	04:21=	06:52=	03:11=	03:54=	01:18=	05:36=	01:50=	01:04=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Keld Hinge Krogsgaard	18	1:09:11													
06:02+	08:54+	11:10+	14:31+	15:57+	24:36+	27:02+	30:55+	37:35+	42:29+	50:20+	53:56+	58:06+	59:27+	65:59+	67:59+	69:11+
06:02+	02:52+	02:16+	03:21+	01:26+	08:39+	02:26+	03:53+	06:40-	04:54+	07:51+	03:36+	04:10+	01:21+	06:32+	02:00+	01:12+
00:20+	00:06+	00:06+	00:12+	00:04+	00:51#	00:13+	00:34#	00:10-	00:33#	00:59#	00:25#	00:16+	00:03+	00:56#	00:10+	00:08#
3	Per Filskov	16	1:15:22													
06:37+	09:49+	12:06+	16:09+	17:42+	27:07+	29:53+	34:02+	40:47+	46:12+	54:56+	58:45+	63:25+	64:54+	71:46+	74:10+	75:22+
06:37+	03:12+	02:17+	04:03+	01:33+	09:25+	02:46+	04:09+	06:45-	05:25+	08:44+	03:49+	04:40+	01:29+	06:52+	02:24+	01:12+
00:55#	00:26#	00:07+	00:54&	00:11#	01:37#	00:33#	00:50&	00:05-	01:04#	01:52&	00:38#	00:46#	00:11#	01:16#	00:34&	00:08#
4	Claus Grøn Lyngby	14	1:22:13													
06:48+	11:47+	14:13+	17:51+	19:37+	29:52+	32:41+	37:07+	45:23+	51:41+	61:17+	65:25+	70:03+	71:40+	78:18+	80:51+	82:13+
06:48+	04:59+	02:26+	03:38+	01:46+	10:15+	02:49+	04:26+	08:16+	06:18+	09:36+	04:08+	04:38+	01:37+	06:38+	02:33+	01:22+
01:06#	02:13&	00:16#	00:29#	00:24&	02:27&	00:36&	01:07&	01:26#	01:57&	02:44&	00:57&	00:44#	00:19#	01:02#	00:43&	00:18&
5	Dorte Filskov	Aok	1:34:27													
09:31+	13:54+	17:10+	22:03+	25:04+	36:12+	39:18+	44:51+	52:41+	60:07+	69:49+	74:15+	79:45+	81:31+	89:19+	92:32+	94:27+
09:31+	04:23+	03:16+	04:53+	03:01+	11:08+	03:06+	05:33+	07:50+	07:26+	09:42+	04:26+	05:30+	01:46+	07:48+	03:13+	01:55+
03:49&	01:37&	01:06&	01:44&	01:39@	03:20&	00:53&	02:14&	01:00#	03:05&	02:50&	01:15&	01:36&	00:28&	02:12&	01:23&	00:51&
6	Morten Frederiksen	19	1:35:17													
07:37+	12:16+	15:47+	20:12+	22:06+	32:28+	35:19+	41:37+	50:40+	58:05+	68:01+	72:15+	78:36+	83:17+	90:29+	93:59+	95:17+
07:37+	04:39+	03:31+	04:25+	01:54+	10:22+	02:51+	06:18+	09:03+	07:25+	09:56+	04:14+	06:21+	04:41+	07:12+	03:30+	01:18+
01:55&	01:53&	01:21&	01:16&	00:32&	02:34&	00:38&	02:59&	02:13&	03:04&	03:04&	01:03&	02:27&	03:23@	01:36&	01:40&	00:14#
7	Børge Pedersen	11	1:35:50													
08:48+	12:42+	16:03+	20:15+	22:20+	33:08+	36:26+	42:37+	51:15+	58:16+	69:21+	74:22+	80:26+	82:27+	90:53+	94:18+	95:50+
08:48+	03:54+	03:21+	04:12+	02:05+	10:48+	03:18+	06:11+	08:38+	07:01+	11:05+	05:01+	06:04+	02:01+	08:26+	03:25+	01:32+
03:06&	01:08&	01:11&	01:03&	00:43&	03:00&	01:05&	02:52&	01:48&	02:40&	04:13&	01:50&	02:10&	00:43&	02:50&	01:35&	00:28&
8	Lone Fyhn Olesen	11	1:35:50													
08:45+	12:41+	15:59+	20:21+	22:13+	33:13+	36:31+	42:27+	51:04+	58:08+	69:19+	74:19+	80:23+	82:25+	90:52+	94:17+	95:50+
08:45+	03:56+	03:18+	04:22+	01:52+	11:00+	03:18+	05:56+	08:37+	07:04+	11:11+	05:00+	06:04+	02:02+	08:27+	03:25+	01:33+
03:03&	01:10&	01:08&	01:13&	00:30&	03:12&	01:05&	02:37&	01:47&	02:43&	04:19&	01:49&	02:10&	00:44&	02:51&	01:35&	00:29&
9	Mette Marie Lungholt	11	1:36:00													
08:45+	12:51+	16:01+	20:28+	22:21+	33:19+	36:41+	42:37+	51:14+	58:16+	69:30+	74:18+	80:36+	82:41+	91:03+	94:27+	96:00+
08:45+	04:06+	03:10+	04:27+	01:53+	10:58+	03:22+	05:56+	08:37+	07:02+	11:14+	04:48+	06:18+	02:05+	08:22+	03:24+	01:33+
03:03&	01:20&	01:00&	01:18&	00:31&	03:10&	01:09&	02:37&	01:47&	02:41&	04:22&	01:37&	02:24&	00:47&	02:46&	01:34&	00:29&
10	Lene Nygaard	4	1:38:40													
08:43+	12:37+	16:12+	20:59+	22:49+	35:03+	38:25+	46:39+	54:51+	61:49+	71:22+	76:16+	82:07+	84:22+	93:27+	97:04+	98:40+
08:43+	03:54+	03:35+	04:47+	01:50+	12:14+	03:22+	08:14+	08:12+	06:58+	09:33+	04:54+	05:51+	02:15+	09:05+	03:37+	01:36+
03:01&	01:08&	01:25&	01:38&	00:28&	04:26&	01:09&	04:55@	01:22#	02:37&	02:41&	01:43&	01:57&	00:57&	03:29&	01:47&	00:32&
11	Susanne Kristensen	4	1:38:46													
08:50+	12:42+	16:16+	21:04+	22:56+	35:03+	38:31+	46:39+	54:59+	61:56+	71:27+	76:13+	82:16+	84:28+	93:32+	97:10+	98:46+
08:50+	03:52+	03:34+	04:48+	01:52+	12:07+	03:28+	08:08+	08:20+	06:57+	09:31+	04:46+	06:03+	02:12+	09:04+	03:38+	01:36+
03:08&	01:06&	01:24&	01:39&	00:30&	04:19&	01:15&	04:49@	01:30#	02:36&	02:39&	01:35&	02:09&	00:54&	03:28&	01:48&	00:32&

Beste stræktid for klassen

05:42 02:46 02:10 03:09 01:22 07:48 02:13 03:19 06:40 04:21 06:52 03:11 03:54 01:18 05:36 01:50 01:04

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

15km

1	Peter Willadsen	18	1:51:46																						
03:10=	06:22=	09:42=	10:36=	11:56=	20:21=	23:59=	27:38=	30:08=	35:23=	44:35=	50:48=	55:04=	58:52=	61:38=	69:47=	72:50=	81:15=	87:42=	92:05=	98:39=	100:52=	102:18=	108:55=	110:40=	111:46=
03:10=	03:12=	03:20=	00:54=	01:20=	08:25=	03:38=	03:39=	02:30=	05:15=	09:12=	06:13=	04:16=	03:48=	02:46=	08:09=	03:03=	08:25=	06:27=	04:23=	06:34=	02:13=	01:26=	06:37=	01:45=	01:06=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Thorkild Jensen	17	1:52:50																						
02:57-	06:03-	09:06-	10:02-	11:20-	19:43-	23:22-	27:47+	30:12+	35:22-	44:06-	52:39+	56:27+	59:41+	62:56+	71:37+	74:55+	84:49+	90:13+	94:16+	99:56+	102:18+	104:01+	109:58+	111:48+	112:50+
02:57-	03:06-	03:03-	00:56+	01:18-	08:23-	03:39+	04:25+	02:25-	05:10-	08:44-	08:33+	03:48-	03:14-	03:15+	08:41+	03:18+	09:54+	05:24-	04:03-	05:40-	02:22+	01:43+	05:57-	01:50+	01:02-
00:13-	00:06-	00:17-	00:02+	00:02-	00:02-	00:01+	00:46#	00:05-	00:05-	00:28-	02:20#	00:28-	00:34-	00:29#	00:32+	00:15+	01:29#	01:03-	00:20-	00:54-	00:09+	00:17#	00:40-	00:05+	00:04-

4	Stig R. Knudsen	14	2:02:24																						
03:44+	07:14+	10:45+	11:47+	13:17+	22:28+	26:09+	30:45+	33:32+	39:05+	47:57+	54:32+	59:02+	62:57+	66:11+	75:22+	78:45+	88:36+	94:59+	100:41+	108:07+	110:22+	112:12+	119:23+	121:16+	122:24+
03:44+	03:30+	03:31+	01:02+	01:30+	09:11+	03:41+	04:36+	02:47+	05:33+	08:52-	06:35+	04:30+	03:55+	03:14+	09:11+	03:23+	09:51+	06:23-	05:42+	07:26+	02:15+	01:50+	07:11+	01:53+	01:08+
00:34#	00:18+	00:11+	00:08#	00:10#	00:46+	00:03+	00:57#	00:17#	00:18+	00:20-	00:22+	00:14+	00:07+	00:28#	01:02#	00:20#	01:26#	00:04-	01:19#	00:52#	00:02+	00:24#	00:34+	00:08+	00:02+

5	Michael Filyo	18	2:04:39																						
03:57+	07:40+	11:32+	12:30+	13:56+	22:14+	26:52+	30:51+	35:20+	40:43+	50:28+	57:36+	62:31+	65:51+	68:41+	77:41+	80:54+	88:33+	94:12+	98:52+	105:51+	108:21+	115:06+	121:34+	123:23+	124:39+
03:57+	03:43+	03:52+	00:58+	01:26+	08:18-	04:38+	03:59+	04:29+	05:23+	09:45+	07:08+	04:55+	03:20-	02:50+	09:00+	03:13+	07:39-	05:39-	04:40+	06:59+	02:30+	06:45+	06:28-	01:49+	01:16+
00:47#	00:31#	00:32#	00:04+	00:06+	00:07-	01:00#	00:20+	01:59#	00:08+	00:33+	00:55#	00:39#	00:28-	00:04+	00:51#	00:10+	00:46-	00:48-	00:17+	00:25+	00:17#	05:19#	00:09-	00:04+	00:10#

6	Karl Gammelvind	4	2:06:02																						
03:06-	06:40+	10:16+	11:16+	12:42+	21:34+	25:24+	29:15+	31:55+	39:09+	59:47+	66:34+	70:12+	73:15+	75:54+	83:42+	87:06+	95:22+	101:58+	106:34+	112:25+	114:46+	116:30+	123:31+	125:03+	126:02+
03:06-	03:34+	03:36+	01:00+	01:26+	08:52+	03:50+	03:51+	02:40+	07:14+	20:38+	06:47+	03:38-	03:03-	02:39-	07:48-	03:24+	08:16-	06:36+	04:36+	05:51-	02:21+	01:44+	07:01+	01:32-	00:59-
00:04-	00:22#	00:16+	00:06#	00:06+	00:27+	00:12+	00:12+	00:10+	01:59#	11:26@	00:34+	00:38-	00:45-	00:07-	00:21-	00:21#	00:09-	00:09+	00:13+	00:43-	00:08+	00:18#	00:24+	00:13-	00:07-

7	Jens Veng Isaksen	18	2:11:09																						
03:39+	07:37+	11:12+	12:28+	13:59+	22:58+	27:19+	31:31+	34:31+	40:36+	53:38+	60:48+	66:17+	71:03+	74:22+	83:16+	86:48+	97:18+	103:05+	107:16+	114:34+	119:32+	121:23+	128:18+	130:02+	131:09+
03:39+	03:58+	03:35+	01:16+	01:31+	08:59+	04:21+	04:12+	03:00+	06:05+	13:02+	07:10+	05:29+	04:46+	03:19+	08:54+	03:32+	10:30+	05:47-	04:11-	07:18+	04:58+	01:51+	06:55+	01:44-	01:07+
00:29#	00:46#	00:15+	00:22#	00:11#	00:34+	00:43#	00:33#	00:30#	00:50#	03:50#	00:57#	01:13#	00:58#	00:33#	00:45+	00:29#	02:05#	00:40-	00:12-	00:44#	02:45@	00:25#	00:18+	00:01-	00:01+

8	Kenn Heldgaard Kristensen	4	2:13:25																						
03:50+	08:36+	12:25+	13:47+	15:21+	25:46+	30:38+	35:19+	38:34+	46:33+	58:24+	65:47+	70:31+	74:24+	77:34+	87:15+	90:56+	99:08+	106:37+	111:50+	118:52+	121:21+	123:13+	130:27+	132:14+	133:25+
03:50+	04:46+	03:49+	01:22+	01:34+	10:25+	04:52+	04:41+	03:15+	07:59+	11:51+	07:23+	04:44+	03:53+	03:10+	09:41+	03:41+	08:12-	07:29+	05:13+	07:02+	02:29+	01:52+	07:14+	01:47+	01:11+
00:40#	01:34#	00:29#	00:28#	00:14#	02:00#	01:14#	01:02#	00:45#	02:44#	02:39#	01:10#	00:28#	00:05+	00:24#	01:32#	00:38#	00:13-	01:02#	00:50#	00:28+	00:16#	00:26#	00:37+	00:02+	00:05+

9	Leif Skovgaard Knudsen	3	3:21:50																					
05:48+	11:20+	16:19+	20:04+	33:42+	39:36+	45:41+	49:42+	63:48+	79:14+	91:56+	99:22+	105:54+	110:56+	125:05+	130:18+	148:22+	158:04+	166:10+	178:30+	182:29+	185:34+	196:57+	199:46+	201:50+
05:48+	05:32+	04:59+	03:45+	13:38+	05:54-	06:05+	04:01+	14:06+	15:26+	12:42+	07:26+	06:32+	05:02+	14:09+	05:13-	18:04+	09:42+	08:06+	12:20+	03:59-	03:05+	11:23+	02:49-	02:04+
02:38#	02:20#	01:39#	02:51@	12:18@	02:31-	02:27#	00:22#	11:36@	10:11@	03:30#	01:13#	02:16#	01:14#	11:23@	02:56-	15:01@	01:17#	01:39#	07:57@	02:35-	00:52#	09:57@	03:48-	00:19#

Beste stræktid for klassen																											
02:57	03:06	03:03	00:54	01:18	05:54	03:38	03:39	02:25	05:10	08:44	06:13	03:38	03:03	02:39	05:13	03:03	07:39	05:24	04:03	03:59	02:13	01:26	02:49	01:32	00:59		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

20km

1	Bjarke Refslund	Ok Pan	2:14:38																						
04:24=	08:08=	09:18=	11:49=	14:41=	16:49=	23:57=	26:31=	31:45=	36:34=	40:04=	43:31=	46:25=	50:12=	55:59=	58:56=	63:12=	66:06=	70:45=	74:26=	79:32=	84:46=	88:16=	95:34=	101:34=	108:38=
04:24=	03:44=	01:10=	02:31=	02:52=	02:08=	07:08=	02:34=	05:14=	04:49=	03:30=	03:27=	02:54=	03:47=	05:47=	02:57=	04:16=	02:54=	04:39=	03:41=	05:06=	05:14=	03:30=	07:18=	06:00=	07:04=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
110:30=	114:32=	118:40=	121:21=	125:28=	131:36=	133:34=	134:38=	01:52=	04:02=	04:08=	02:41=	04:07=	06:08=	01:58=	01:04=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
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20km

2	Niels Jensen	12	3:03:57																						
06:23+	11:54+	13:26+	17:09+	20:55+	23:48+	33:50+	37:10+	51:26+	57:34+	62:13+	67:04+	71:00+	75:32+	83:16+	87:17+	93:51+	97:40+	103:02+	107:39+	113:34+	121:17+	124:04+	134:18+	141:37+	150:16+
06:23+	05:31+	01:32+	03:43+	03:46+	02:53+	10:02+	03:20+	14:16+	06:08+	04:39+	04:51+	03:56+	04:32+	07:44+	04:01+	06:34+	03:49+	05:22+	04:37+	05:55+	07:43+	02:47-	10:14+	07:19+	08:39+
01:59&	01:47&	00:22&	01:12&	00:54&	00:45&	02:54&	00:46&	09:02@	01:19&	01:09&	01:24&	01:02&	00:45#	01:57&	01:04&	02:18&	00:55&	00:43#	00:56&	00:49#	02:29&	00:43-	02:56&	01:19#	01:35#
152:51+	157:33+	162:21+	165:48+	171:00+	179:37+	182:21+	183:57+																		
02:35+	04:42+	04:48+	03:27+	05:12+	08:37+	02:44+	01:36+																		
00:43&	00:40#	00:40#	00:46&	01:05&	02:29&	00:46&	00:32&																		

3	Michael Espersen	18	3:16:08																						
06:41+	15:54+	17:31+	21:12+	24:51+	28:11+	37:58+	41:12+	51:53+	57:56+	62:20+	68:37+	73:49+	78:56+	86:28+	90:09+	95:21+	99:23+	106:00+	111:05+	116:52+	123:35+	126:29+	135:43+	143:53+	152:41+
06:41+	09:13+	01:37+	03:41+	03:39+	03:20+	09:47+	03:14+	10:41+	06:03+	04:24+	06:17+	05:12+	05:07+	07:32+	03:41+	05:12+	04:02+	06:37+	05:05+	05:47+	06:43+	02:54+	09:14+	08:10+	08:48+
06:41+	09:13+	01:37+	03:41+	03:39+	03:20+	09:47+	03:14+	10:41+	06:03+	04:24+	06:17+	05:12+	05:07+	07:32+	03:41+	05:12+	04:02+	06:37+	05:05+	05:47+	06:43+	02:54+	09:14+	08:10+	08:48+
157:27+	162:54+	167:29+	170:32+	179:47+	191:59+	194:49+	196:08+																		
04:46+	05:27+	04:35+	03:03+	03:03+	09:15+	12:12+	01:19+																		
04:46+	05:27+	04:35+	03:03+	09:15+	12:12+	02:50+	01:19+																		

4	Anna Movin	18	3:18:01																						
06:16+	13:46+	15:20+	18:41+	22:24+	25:17+	37:51+	41:10+	51:22+	58:24+	62:47+	69:37+	74:01+	78:43+	86:09+	90:10+	95:17+	99:32+	105:31+	110:34+	118:29+	126:15+	129:59+	139:42+	148:17+	157:52+
06:16+	07:30+	01:34+	03:21+	03:43+	02:53+	12:34+	03:19+	10:12+	07:02+	04:23+	06:50+	04:24+	04:42+	07:26+	04:01+	05:07+	04:15+	05:59+	05:03+	07:55+	07:46+	03:44+	09:43+	08:35+	09:35+
06:16+	07:30+	01:34+	03:21+	03:43+	02:53+	12:34+	03:19+	10:12+	07:02+	04:23+	06:50+	04:24+	04:42+	07:26+	04:01+	05:07+	04:15+	05:59+	05:03+	07:55+	07:46+	03:44+	09:43+	08:35+	09:35+
161:39+	170:51+	175:59+	179:09+	185:05+	193:51+	196:33+	198:01+																		
03:47+	09:12+	05:08+	03:10+	05:56+	08:46+	02:42+	01:28+																		
03:47+	09:12+	05:08+	03:10+	05:56+	08:46+	02:42+	01:28+																		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

3,5km

1	Ann-Vibeke Mose	21	40:26																						
03:20=	05:55=	08:23=	13:11=	17:32=	19:45=	26:06=	31:59=	35:48=	38:38=	40:26=															
03:20=	02:35=	02:28=	04:48=	04:21=	02:13=	06:21=	05:53=	03:49=	02:50=	01:48=															
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=															

2	Allan Damgaard	21	40:28																						
03:25+	05:53-	08:21-	13:09-	17:32=	19:44-	26:03-	31:57-	35:45-	38:38=	40:28+															
03:25+	02:28-	02:28=	04:48=	04:23+	02:12-	06:19-	05:54+	03:48-	02:53+	01:50+															
00:05+	00:07-	00:00=	00:00=	00:02+	00:01-	00:02-	00:01+	00:01-	00:03+	00:02+															

3	Bitten Nielsen	4	1:07:48																						
07:37+	10:34+	13:44+	16:56+	22:39+	28:49+	36:25+	53:40+	62:19+	65:41+	67:48+															
07:37+	02:57+	03:10+	03:12-	05:43+	06:10+	07:36+	17:15+	08:39+	03:22+	02:07+															
04:17@	00:22#	00:42&	01:36-	01:22&	03:57@	01:15#	11:22@	04:50@	00:32#	00:19#															

Beste stræktid for klassen

03:20 02:28 02:28 03:12 04:21 02:12 06:19 05:53 03:48 02:50 01:48

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

5km

Plas	Navn	Klasse										Tid
5km												
1	Lars Munkved	1										41:46
	03:35=	09:42=	11:03=	14:17=	22:22=	25:07=	29:46=	32:07=	38:03=	40:37=	41:46=	
	03:35=	06:07=	01:21=	03:14=	08:05=	02:45=	04:39=	02:21=	05:56=	02:34=	01:09=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Varny Vestergaard	21										46:17
	03:43+	09:42+	10:51+	14:51+	24:06+	26:46+	31:44+	34:20+	42:21+	44:42+	46:17+	
	03:43+	05:59+	01:09+	04:00+	09:15+	02:40+	04:58+	02:36+	08:01+	02:21+	01:35+	
	03:43+	05:59+	01:09+	04:00+	09:15+	02:40+	04:58+	02:36+	08:01+	02:21+	01:35+	
3	Anette Lund	14										46:43
	03:48+	10:07+	11:16+	15:04+	24:06+	26:47+	31:48+	35:10+	42:26+	45:22+	46:43+	
	03:48+	06:19+	01:09+	03:48+	09:02+	02:41+	05:01+	03:22+	07:16+	02:56+	01:21+	
	03:48+	06:19+	01:09+	03:48+	09:02+	02:41+	05:01+	03:22+	07:16+	02:56+	01:21+	
4	Kaj Kaspersen	4										51:14
	04:23+	11:34+	12:48+	16:47+	26:13+	29:29+	35:06+	38:17+	46:50+	49:27+	51:14+	
	04:23+	07:11+	01:14+	03:59+	09:26+	03:16+	05:37+	03:11+	08:33+	02:37+	01:47+	
	04:23+	07:11+	01:14+	03:59+	09:26+	03:16+	05:37+	03:11+	08:33+	02:37+	01:47+	
5	Lucia Aagaard	4										51:15
	04:25+	11:32+	12:51+	16:41+	26:19+	29:27+	35:07+	38:14+	46:52+	49:25+	51:15+	
	04:25+	07:07+	01:19+	03:50+	09:38+	03:08+	05:40+	03:07+	08:38+	02:33+	01:50+	
	04:25+	07:07+	01:19+	03:50+	09:38+	03:08+	05:40+	03:07+	08:38+	02:33+	01:50+	
6	Leif Rønn Olsen	4										51:20
	04:03+	12:04+	13:29+	17:32+	27:27+	30:26+	36:02+	40:23+	47:09+	49:52+	51:20+	
	04:03+	08:01+	01:25+	04:03+	09:55+	02:59+	05:36+	04:21+	06:46+	02:43+	01:28+	
	04:03+	08:01+	01:25+	04:03+	09:55+	02:59+	05:36+	04:21+	06:46+	02:43+	01:28+	
7	Frank Vilstrup	21										52:02
	05:08+	11:16+	12:49+	16:40+	26:27+	29:26+	36:49+	40:17+	47:55+	50:39+	52:02+	
	05:08+	06:08+	01:33+	03:51+	09:47+	02:59+	07:23+	03:28+	07:38+	02:44+	01:23+	
	05:08+	06:08+	01:33+	03:51+	09:47+	02:59+	07:23+	03:28+	07:38+	02:44+	01:23+	
8	Flemming Bindner	Aok										52:50
	05:32+	12:20+	13:43+	19:05+	29:13+	31:55+	37:54+	41:03+	48:14+	51:18+	52:50+	
	05:32+	06:48+	01:23+	05:22+	10:08+	02:42+	05:59+	03:09+	07:11+	03:04+	01:32+	
	05:32+	06:48+	01:23+	05:22+	10:08+	02:42+	05:59+	03:09+	07:11+	03:04+	01:32+	
9	Mads Nedergaard	21										53:49
	04:10+	09:40+	10:56+	15:41+	23:36+	25:57+	32:24+	40:35+	49:10+	52:16+	53:49+	
	04:10+	05:30+	01:16+	04:45+	07:55+	02:21+	06:27+	08:11+	08:35+	03:06+	01:33+	
	04:10+	05:30+	01:16+	04:45+	07:55+	02:21+	06:27+	08:11+	08:35+	03:06+	01:33+	
10	Carsten Helligsø	6										53:59
	04:19+	11:06+	12:31+	16:48+	27:23+	30:21+	36:21+	39:38+	48:31+	51:21+	53:59+	
	04:19+	06:47+	01:25+	04:17+	10:35+	02:58+	06:00+	03:17+	08:53+	02:50+	02:38+	
	04:19+	06:47+	01:25+	04:17+	10:35+	02:58+	06:00+	03:17+	08:53+	02:50+	02:38+	
11	Winnie Flye	21										54:04
	03:59+	10:15+	12:30+	17:07+	27:55+	30:52+	37:25+	41:10+	50:05+	52:44+	54:04+	
	03:59+	06:16+	02:15+	04:37+	10:48+	02:57+	06:33+	03:45+	08:55+	02:39+	01:20+	
	03:59+	06:16+	02:15+	04:37+	10:48+	02:57+	06:33+	03:45+	08:55+	02:39+	01:20+	
12	Lene Stick Nielsen	22										55:10
	04:07+	12:19+	13:58+	18:40+	29:04+	32:00+	37:49+	42:14+	50:04+	53:15+	55:10+	
	04:07+	08:12+	01:39+	04:42+	10:24+	02:56+	05:49+	04:25+	07:50+	03:11+	01:55+	
	04:07+	08:12+	01:39+	04:42+	10:24+	02:56+	05:49+	04:25+	07:50+	03:11+	01:55+	

Class	Navn	Klasse										Tid
5km												
13	Susanne Baun	5										55:31
05:04+	12:17+	17:03+	21:25+	30:42+	34:00+	39:32+	42:44+	50:42+	54:02+	55:31+		
05:04+	07:13+	04:46+	04:22+	09:17+	03:18+	05:32+	03:12+	07:58+	03:20+	01:29+		
05:04+	07:13+	04:46+	04:22+	09:17+	03:18+	05:32+	03:12+	07:58+	03:20+	01:29+		
14	Hans Christian Strib	14										58:30
04:17+	11:06+	12:37+	17:32+	29:34+	34:06+	41:18+	45:19+	52:58+	56:26+	58:30+		
04:17+	06:49+	01:31+	04:55+	12:02+	04:32+	07:12+	04:01+	07:39+	03:28+	02:04+		
04:17+	06:49+	01:31+	04:55+	12:02+	04:32+	07:12+	04:01+	07:39+	03:28+	02:04+		
15	Inger Johansen	6										1:00:11
05:06+	14:04+	15:29+	20:50+	32:18+	36:02+	42:40+	46:26+	54:43+	58:19+	60:11+		
05:06+	08:58+	01:25+	05:21+	11:28+	03:44+	06:38+	03:46+	08:17+	03:36+	01:52+		
05:06+	08:58+	01:25+	05:21+	11:28+	03:44+	06:38+	03:46+	08:17+	03:36+	01:52+		
16	Tove Straarup	5										1:01:35
04:50+	13:00+	14:56+	19:55+	32:26+	36:21+	43:02+	47:25+	55:56+	59:32+	61:35+		
04:50+	08:10+	01:56+	04:59+	12:31+	03:55+	06:41+	04:23+	08:31+	03:36+	02:03+		
04:50+	08:10+	01:56+	04:59+	12:31+	03:55+	06:41+	04:23+	08:31+	03:36+	02:03+		
17	Elin Jørgensen	4										1:01:47
04:21+	11:43+	13:33+	19:27+	31:10+	34:39+	42:22+	48:02+	56:14+	59:50+	61:47+		
04:21+	07:22+	01:50+	05:54+	11:43+	03:29+	07:43+	05:40+	08:12+	03:36+	01:57+		
04:21+	07:22+	01:50+	05:54+	11:43+	03:29+	07:43+	05:40+	08:12+	03:36+	01:57+		
18	Tage Baun	5										1:03:56
05:00+	13:24+	18:11+	23:30+	35:13+	38:46+	45:20+	49:18+	58:31+	62:05+	63:56+		
05:00+	08:24+	04:47+	05:19+	11:43+	03:33+	06:34+	03:58+	09:13+	03:34+	01:51+		
05:00+	08:24+	04:47+	05:19+	11:43+	03:33+	06:34+	03:58+	09:13+	03:34+	01:51+		
19	Torben Jørgensen	18										1:04:21
04:45+	13:00+	14:37+	20:23+	31:56+	35:21+	42:11+	48:13+	56:57+	62:16+	64:21+		
04:45+	08:15+	01:37+	05:46+	11:33+	03:25+	06:50+	06:02+	08:44+	05:19+	02:05+		
04:45+	08:15+	01:37+	05:46+	11:33+	03:25+	06:50+	06:02+	08:44+	05:19+	02:05+		
20	Frants Nielsen	4										1:04:52
06:19+	13:48+	15:13+	20:15+	32:29+	35:59+	43:19+	51:05+	59:42+	63:00+	64:52+		
06:19+	07:29+	01:25+	05:02+	12:14+	03:30+	07:20+	07:46+	08:37+	03:18+	01:52+		
06:19+	07:29+	01:25+	05:02+	12:14+	03:30+	07:20+	07:46+	08:37+	03:18+	01:52+		
21	Lars Ozol	18										1:08:37
04:26+	15:23+	17:23+	22:37+	33:35+	37:07+	46:04+	54:26+	64:04+	67:06+	68:37+		
04:26+	10:57+	02:00+	05:14+	10:58+	03:32+	08:57+	08:22+	09:38+	03:02+	01:31+		
04:26+	10:57+	02:00+	05:14+	10:58+	03:32+	08:57+	08:22+	09:38+	03:02+	01:31+		
22	Erik Libak Hansen	6										1:09:10
06:43+	15:40+	17:25+	23:59+	36:59+	40:58+	48:39+	54:47+	63:42+	67:02+	69:10+		
06:43+	08:57+	01:45+	06:34+	13:00+	03:59+	07:41+	06:08+	08:55+	03:20+	02:08+		
06:43+	08:57+	01:45+	06:34+	13:00+	03:59+	07:41+	06:08+	08:55+	03:20+	02:08+		
23	Poul Nøhr	18										1:09:59
05:38+	15:07+	17:53+	23:13+	34:33+	38:32+	45:28+	53:31+	63:34+	68:14+	69:59+		
05:38+	09:29+	02:46+	05:20+	11:20+	03:59+	06:56+	08:03+	10:03+	04:40+	01:45+		
05:38+	09:29+	02:46+	05:20+	11:20+	03:59+	06:56+	08:03+	10:03+	04:40+	01:45+		
24	Pia Gade	22										1:10:10
05:15+	15:27+	17:33+	24:51+	37:29+	41:29+	49:45+	53:54+	63:13+	67:48+	70:10+		
05:15+	10:12+	02:06+	07:18+	12:38+	04:00+	08:16+	04:09+	09:19+	04:35+	02:22+		
05:15+	10:12+	02:06+	07:18+	12:38+	04:00+	08:16+	04:09+	09:19+	04:35+	02:22+		

Pluss	Navn	Klasse	Tid
5km			
25	Susanne Gasbjerg	18	1:10:50
05:27+	15:09+ 17:06+ 23:42+ 36:58+ 40:59+ 49:00+ 53:42+ 63:32+ 68:54+ 70:50+		
05:27+	09:42+ 01:57+ 06:36+ 13:16+ 04:01+ 08:01+ 04:42+ 09:50+ 05:22+ 01:56+		
05:27+	09:42+ 01:57+ 06:36+ 13:16+ 04:01+ 08:01+ 04:42+ 09:50+ 05:22+ 01:56+		
26	Helle Petersen	4	1:11:40
04:23+	13:23+ 14:55+ 27:58+ 39:36+ 43:02+ 53:30+ 57:41+ 66:40+ 69:55+ 71:40+		
04:23+	09:00+ 01:32+ 13:03+ 11:38+ 03:26+ 10:28+ 04:11+ 08:59+ 03:15+ 01:45+		
04:23+	09:00+ 01:32+ 13:03+ 11:38+ 03:26+ 10:28+ 04:11+ 08:59+ 03:15+ 01:45+		
27	Susanne Høiberg	18	1:15:51
07:03+	17:01+ 19:00+ 24:59+ 39:55+ 44:21+ 52:22+ 58:27+ 69:14+ 73:51+ 75:51+		
07:03+	09:58+ 01:59+ 05:59+ 14:56+ 04:26+ 08:01+ 06:05+ 10:47+ 04:37+ 02:00+		
07:03+	09:58+ 01:59+ 05:59+ 14:56+ 04:26+ 08:01+ 06:05+ 10:47+ 04:37+ 02:00+		
28	Thomas Jørgensen	6	1:18:58
06:27+	15:44+ 17:34+ 24:01+ 39:01+ 44:21+ 53:04+ 61:38+ 71:52+ 76:36+ 78:58+		
06:27+	09:17+ 01:50+ 06:27+ 15:00+ 05:20+ 08:43+ 08:34+ 10:14+ 04:44+ 02:22+		
06:27+	09:17+ 01:50+ 06:27+ 15:00+ 05:20+ 08:43+ 08:34+ 10:14+ 04:44+ 02:22+		
29	Frank Linde	Ok Pan	1:19:09
05:56+	16:08+ 18:19+ 24:29+ 38:58+ 43:53+ 52:17+ 57:25+ 70:00+ 79:09+		
05:56+	10:12+ 02:11+ 06:10+ 14:29+ 04:55+ 08:24+ 05:08+ 12:35+ 09:09+		
05:56+	10:12+ 02:11+ 06:10+ 14:29+ 04:55+ 08:24+ 05:08+ 12:35+ 09:09+		
30	Vibeke Jørgensen	Ok Pan	1:19:12
05:59+	16:14+ 18:24+ 24:33+ 39:18+ 43:59+ 52:22+ 57:30+ 69:54+ 76:48+ 79:12+		
05:59+	10:15+ 02:10+ 06:09+ 14:45+ 04:41+ 08:23+ 05:08+ 12:24+ 06:54+ 02:24+		
05:59+	10:15+ 02:10+ 06:09+ 14:45+ 04:41+ 08:23+ 05:08+ 12:24+ 06:54+ 02:24+		
31	Herluf Jensen	20	1:38:43
06:44+	17:25+ 27:28+ 44:46+ 57:06+ 66:00+ 78:29+ 91:14+ 96:11+ 98:43+		
06:44+	10:41+ 10:03+ 17:18+ 12:20+ 08:54+ 12:29+ 12:45+ 04:57+ 02:32+		
06:44+	10:41+ 10:03+ 17:18+ 12:20+ 08:54+ 12:29+ 12:45+ 04:57+ 02:32+		
32	Bente Pedersen	12	1:40:08
07:22+	21:08+ 23:54+ 32:15+ 49:16+ 55:51+ 68:45+ 75:41+ 91:07+ 97:37+ 100:08+		
07:22+	13:46+ 02:46+ 08:21+ 17:01+ 06:35+ 12:54+ 06:56+ 15:26+ 06:30+ 02:31+		
07:22+	13:46+ 02:46+ 08:21+ 17:01+ 06:35+ 12:54+ 06:56+ 15:26+ 06:30+ 02:31+		
34	Anette Ozol	18	1:52:36
06:54+	17:14+ 19:49+ 27:19+ 41:14+ 56:22+ 73:02+ 86:36+ 103:36+ 109:15+ 112:36+		
06:54+	10:20+ 02:35+ 07:30+ 13:55+ 15:08+ 16:40+ 13:34+ 17:00+ 05:39+ 03:21+		
06:54+	10:20+ 02:35+ 07:30+ 13:55+ 15:08+ 16:40+ 13:34+ 17:00+ 05:39+ 03:21+		
35	Holger Mikkelsen	11	2:18:14
07:57+	44:00+ 46:24+ 55:48+ 73:59+ 79:16+ 88:06+ 109:57+ 128:59+ 133:14+ 138:14+		
07:57+	36:03+ 02:24+ 09:24+ 18:11+ 05:17+ 08:50+ 21:51+ 19:02+ 04:15+ 05:00+		
07:57+	36:03+ 02:24+ 09:24+ 18:11+ 05:17+ 08:50+ 21:51+ 19:02+ 04:15+ 05:00+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

8km

8km

1	Marianne Lyngre Krogh	7	1:05:21												
08:59=	13:23=	16:38=	19:28=	22:20=	23:56=	27:10=	35:51=	42:16=	45:01=	49:08=	53:27=	55:00=	61:47=	64:08=	65:21=
08:59=	04:24=	03:15=	02:50=	02:52=	01:36=	03:14=	08:41=	06:25=	02:45=	04:07=	04:19=	01:33=	06:47=	02:21=	01:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Keld Gade	22	1:09:02												
06:07+	11:51+	15:25+	18:27+	21:56+	23:30+	26:58+	36:21+	43:33+	46:15+	50:23+	55:05+	58:50+	65:25+	67:52+	69:02+
06:07+	05:44+	03:34+	03:02+	03:29+	01:34+	03:28+	09:23+	07:12+	02:42+	04:08+	04:42+	03:45+	06:35+	02:27+	01:10+
06:07+	05:44+	03:34+	03:02+	03:29+	01:34+	03:28+	09:23+	07:12+	02:42+	04:08+	04:42+	03:45+	06:35+	02:27+	01:10+

3	Per Sørensen	21	1:10:02												
05:27+	10:22+	13:58+	16:37+	19:39+	21:07+	29:26+	37:50+	45:19+	48:18+	52:37+	57:41+	59:17+	66:21+	68:47+	70:02+
05:27+	04:55+	03:36+	02:39+	03:02+	01:28+	08:19+	08:24+	07:29+	02:59+	04:19+	05:04+	01:36+	07:04+	02:26+	01:15+
05:27+	04:55+	03:36+	02:39+	03:02+	01:28+	08:19+	08:24+	07:29+	02:59+	04:19+	05:04+	01:36+	07:04+	02:26+	01:15+

4	Kai Hesselberg	6	1:13:42												
07:38+	13:27+	17:16+	20:21+	24:53+	26:30+	29:44+	39:50+	47:11+	50:25+	54:46+	59:37+	61:20+	69:38+	72:25+	73:42+
07:38+	05:49+	03:49+	03:05+	04:32+	01:37+	03:14+	10:06+	07:21+	03:14+	04:21+	04:51+	01:43+	08:18+	02:47+	01:17+
07:38+	05:49+	03:49+	03:05+	04:32+	01:37+	03:14+	10:06+	07:21+	03:14+	04:21+	04:51+	01:43+	08:18+	02:47+	01:17+

5	Peer Straarup	5	1:14:44												
06:44+	13:02+	16:34+	20:06+	23:25+	25:02+	28:55+	39:13+	47:11+	50:24+	55:00+	60:39+	62:21+	70:27+	73:20+	74:44+
06:44+	06:18+	03:32+	03:32+	03:19+	01:37+	03:53+	10:18+	07:58+	03:13+	04:36+	05:39+	01:42+	08:06+	02:53+	01:24+
06:44+	06:18+	03:32+	03:32+	03:19+	01:37+	03:53+	10:18+	07:58+	03:13+	04:36+	05:39+	01:42+	08:06+	02:53+	01:24+

6	Lennart Bo Kristiansen	22	1:16:14												
06:31+	12:11+	16:02+	19:12+	22:30+	27:32+	31:14+	41:33+	49:10+	52:45+	56:50+	61:52+	63:51+	72:23+	74:56+	76:14+
06:31+	05:40+	03:51+	03:10+	03:18+	05:02+	03:42+	10:19+	07:37+	03:35+	04:05+	05:02+	01:59+	08:32+	02:33+	01:18+
06:31+	05:40+	03:51+	03:10+	03:18+	05:02+	03:42+	10:19+	07:37+	03:35+	04:05+	05:02+	01:59+	08:32+	02:33+	01:18+

7	Jens Ozol	18	1:23:46												
08:49+	16:06+	20:15+	23:46+	27:49+	29:35+	34:20+	45:11+	54:06+	57:46+	62:47+	68:09+	70:17+	78:52+	82:16+	83:46+
08:49+	07:17+	04:09+	03:31+	04:03+	01:46+	04:45+	10:51+	08:55+	03:40+	05:01+	05:22+	02:08+	08:35+	03:24+	01:30+
08:49+	07:17+	04:09+	03:31+	04:03+	01:46+	04:45+	10:51+	08:55+	03:40+	05:01+	05:22+	02:08+	08:35+	03:24+	01:30+

8	Per Henriksen	21	1:27:54												
06:39+	13:37+	18:29+	22:00+	25:56+	28:09+	32:15+	44:25+	54:22+	58:18+	64:09+	70:43+	73:28+	82:55+	86:29+	87:54+
06:39+	06:58+	04:52+	03:31+	03:56+	02:13+	04:06+	12:10+	09:57+	03:56+	05:51+	06:34+	02:45+	09:27+	03:34+	01:25+
06:39+	06:58+	04:52+	03:31+	03:56+	02:13+	04:06+	12:10+	09:57+	03:56+	05:51+	06:34+	02:45+	09:27+	03:34+	01:25+

9	Brian Grøngård	21	1:30:00												
09:22+	15:47+	20:14+	24:00+	28:36+	30:38+	35:02+	47:36+	57:37+	61:40+	66:54+	74:17+	76:46+	85:52+	88:33+	90:00+
09:22+	06:25+	04:27+	03:46+	04:36+	02:02+	04:24+	12:34+	10:01+	04:03+	05:14+	07:23+	02:29+	09:06+	02:41+	01:27+
09:22+	06:25+	04:27+	03:46+	04:36+	02:02+	04:24+	12:34+	10:01+	04:03+	05:14+	07:23+	02:29+	09:06+	02:41+	01:27+

10	Henrik + Birthe Juhl	4	2:00:53												
11:33+	21:55+	27:49+	33:00+	38:40+	41:32+	47:39+	64:41+	78:26+	83:30+	90:49+	100:05+	103:10+	116:05+	119:14+	120:53+
11:33+	10:22+	05:54+	05:11+	05:40+	02:52+	06:07+	17:02+	13:45+	05:04+	07:19+	09:16+	03:05+	12:55+	03:09+	01:39+
11:33+	10:22+	05:54+	05:11+	05:40+	02:52+	06:07+	17:02+	13:45+	05:04+	07:19+	09:16+	03:05+	12:55+	03:09+	01:39+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTBO10km

MTBO10km

1	Niels Møller Petersen	13	1:25:27												
03:58=	07:44=	15:43=	18:42=	28:37=	34:19=	38:46=	42:21=	45:14=	49:57=	54:16=	60:00=	65:10=	70:02=	79:55=	85:27=
03:58=	03:46=	07:59=	02:59=	09:55=	05:42=	04:27=	03:35=	02:53=	04:43=	04:19=	05:44=	05:10=	04:52=	09:53=	05:32=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Per Allan Pedersen	13	2:10:57													
03:56+	11:31+	32:36+	38:14+	47:05+	59:17+	67:54+	77:00+	80:35+	85:43+	92:27+	98:16+	105:20+	111:15+	116:59+	128:11+	130:57+
03:56+	07:35+	21:05+	05:38+	08:51+	12:12+	08:37+	09:06+	03:35+	05:08+	06:44+	05:49+	07:04+	05:55+	05:44+	11:12+	02:46+
03:56+	07:35+	21:05+	05:38+	08:51+	12:12+	08:37+	09:06+	03:35+	05:08+	06:44+	05:49+	07:04+	05:55+	05:44+	11:12+	02:46+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTBO20km

2	Jacob Skovsgaard	22	1:51:16																	
02:22+	05:52+	12:19+	16:25+	18:41+	23:55+	34:54+	41:25+	52:29+	56:02+	60:07+	65:17+	71:03+	78:55+	84:45+	90:02+	96:33+	99:49+	103:08+	109:05+	111:16+
02:22+	03:30+	06:27+	04:06+	02:16+	05:14+	10:59+	06:31+	11:04+	03:33+	04:05+	05:10+	05:46+	07:52+	05:50+	05:17+	06:31+	03:16+	03:19+	05:57+	02:11+
02:22+	03:30+	06:27+	04:06+	02:16+	05:14+	10:59+	06:31+	11:04+	03:33+	04:05+	05:10+	05:46+	07:52+	05:50+	05:17+	06:31+	03:16+	03:19+	05:57+	02:11+

3	Mads Bak-Jensen	21	2:22:35																	
05:01+	08:37+	16:50+	22:24+	27:21+	31:03+	46:07+	58:09+	65:29+	70:32+	76:39+	81:14+	89:29+	98:58+	108:34+	115:43+	124:18+	128:11+	132:26+	139:00+	142:35+
05:01+	03:36+	08:13+	05:34+	04:57+	03:42+	15:04+	12:02+	07:20+	05:03+	06:07+	04:35+	08:15+	09:29+	09:36+	07:09+	08:35+	03:53+	04:15+	06:34+	03:35+
05:01+	03:36+	08:13+	05:34+	04:57+	03:42+	15:04+	12:02+	07:20+	05:03+	06:07+	04:35+	08:15+	09:29+	09:36+	07:09+	08:35+	03:53+	04:15+	06:34+	03:35+

4	Anders Gammelvind	4	2:24:40																	
03:37+	06:54+	15:10+	21:07+	25:06+	30:25+	44:14+	55:54+	65:28+	69:49+	75:34+	80:22+	88:49+	97:45+	107:13+	113:03+	123:42+	128:47+	133:45+	141:51+	144:40+
03:37+	03:17+	08:16+	05:57+	03:59+	05:19+	13:49+	11:40+	09:34+	04:21+	05:45+	04:48+	08:27+	08:56+	09:28+	05:50+	10:39+	05:05+	04:58+	08:06+	02:49+
03:37+	03:17+	08:16+	05:57+	03:59+	05:19+	13:49+	11:40+	09:34+	04:21+	05:45+	04:48+	08:27+	08:56+	09:28+	05:50+	10:39+	05:05+	04:58+	08:06+	02:49+

5	Martin Pedersen	NOTEAM	2:25:00										
22:25+	25:12+	30:43+	37:24+	50:43+	53:36+	56:55+	58:04+	61:59+	110:21+	113:26+	116:55+	123:44+	127:46+
22:25+	02:47+	05:31+	06:41+	13:19+	02:53+	03:19+	01:09+	03:55+	48:22+	03:05+	03:29+	06:49+	04:02+
22:25+	02:47+	05:31+	06:41+	13:19+	02:53+	03:19+	01:09+	03:55+	48:22+	03:05+	03:29+	06:49+	04:02+

6	Jens Gammelvind	4	2:25:08																
03:22+	07:02+	15:26+	21:18+	25:28+	30:20+	43:56+	56:25+	65:16+	70:13+	75:18+	80:16+	89:16+	98:07+	107:16+	123:58+	129:03+	134:14+	142:08+	145:08+
03:22+	03:40+	08:24+	05:52+	04:10+	04:52+	13:36+	12:29+	08:51+	04:57+	05:05+	04:58+	09:00+	08:51+	09:09+	16:42+	05:05+	05:11+	07:54+	03:00+
03:22+	03:40+	08:24+	05:52+	04:10+	04:52+	13:36+	12:29+	08:51+	04:57+	05:05+	04:58+	09:00+	08:51+	09:09+	16:42+	05:05+	05:11+	07:54+	03:00+

7	Anne Lysgaard Schulz	21	2:25:22																	
05:13+	08:47+	15:40+	21:28+	27:28+	31:10+	46:15+	58:04+	65:20+	70:40+	76:38+	81:08+	89:35+	99:05+	108:32+	115:43+	124:26+	128:40+	132:43+	142:09+	145:22+
05:13+	03:34+	06:53+	05:48+	06:00+	03:42+	15:05+	11:49+	07:16+	05:20+	05:58+	04:30+	08:27+	09:30+	09:27+	07:11+	08:43+	04:14+	04:03+	09:26+	03:13+
05:13+	03:34+	06:53+	05:48+	06:00+	03:42+	15:05+	11:49+	07:16+	05:20+	05:58+	04:30+	08:27+	09:30+	09:27+	07:11+	08:43+	04:14+	04:03+	09:26+	03:13+

8	Kurt Petersen	3	3:00:03																	
05:42+	09:11+	16:55+	23:05+	26:41+	30:33+	49:40+	58:32+	70:18+	80:34+	86:42+	113:27+	124:05+	132:57+	141:42+	148:28+	158:42+	162:52+	166:51+	173:50+	180:03+
05:42+	03:29+	07:44+	06:10+	03:36+	03:52+	19:07+	08:52+	11:46+	10:16+	06:08+	26:45+	10:38+	08:52+	08:45+	06:46+	10:14+	04:10+	03:59+	06:59+	06:13+
05:42+	03:29+	07:44+	06:10+	03:36+	03:52+	19:07+	08:52+	11:46+	10:16+	06:08+	26:45+	10:38+	08:52+	08:45+	06:46+	10:14+	04:10+	03:59+	06:59+	06:13+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.