Plads	Nav	n				K	lasse					7	Γid												
10km																									
1	Jesi	oer Fir	ger-G	røn		1	2						1:13:2	3											
	03:45=	06:07=	08:33=	11:49=		15:35=	17:08=					27:36=	30:13=	32:30=						43:09=					
																				01:23= 00:00=					
54:07=	55:56=	57:00=	58:12=	59:15=	60:30=	61:38=	62:31=	63:13=	63:50=	64:47=	66:15=	67:21=	68:07=	70:47=	71:25=	73:23=									
							00:53= 00:00=																		
2			istens			_	2						1:14:4	_											
																				44:17+ 01:27+					
																				00:04+					
							63:44+ 00:51-																		
							00:02-																		
3		s Lien	_				2						1:19:0												
			09:24+ 02:20-																	47:11+ 01:24+					
00:56&	00:04+	00:03-	00:06-	00:23#	00:20#	00:09-	00:22#	00:02+	00:00=	00:04+	00:24#	00:15+	00:24#	00:15#	00:06-	00:20#				00:01+					
							68:10+ 00:54+																		
	00:04-	00:40&	00:03-			00:01-	00:01+						00:00=	00:10-											
<b>4</b>		ob Gad	-	12.02+	15.12+		9	20:40+	22:10+	24:46+	27:10+	30.32+	1:19:4	-	27:45+	30.31+	12:30+	44:01+	45.14+	47:05+	10.16+	51·12±	53.45+	55·17±	57·10±
			02:46+																	01:51+					
							00:07+ 68:07+										00:12+	00:01-	00:05-	00:28&	00:06-	00:13#	00:18#	00:16#	00:25&
							00:54+																		
00:04-			00:07+	00:00=	00:01+		00:01+	00:00=	00:01-	00:00=	00:14#	00:16#		_	00:18&	00:16#									
03:28+		rkild J 07:59+		13:29+	15:43+	-	<b>3</b>	20:36+	22:25+	24:57+	27:19+	30:31+	1:20:0 33:25+	-	38:17+	39:56+	43:02+	44:37+	46:09+	47:32+	50:13+	52:17+	54:39+	56:22+	58:11+
03:28+	02:01+	02:30+	02:29+	03:01-	02:14-	01:29+	01:35+	01:49+	01:49+	02:32+	02:22+	03:12+	02:54+	02:38+	02:14+	01:39+	03:06+	01:35+	01:32+	01:23=	02:41+	02:04+	02:22+	01:43+	01:49+
							00:02+ 68:28+										00:13+	00:12#	00:14#	00:00=	00:24#	00:20#	00:08+	00:27&	00:13#
							00:49- 00:04-																		
6		mi Ole		00.05-	00.04-	_	9	00.03+	00.02+	00.02+	00.08+	00.05+	1:20:3	_	00.13%	00.20#									
	04:23+	06:47+	09:43+			17:10+	18:42+						32:19+	34:43+						45:53+					
																				01:30+ 00:07+					
							69:41+																		
			01:31+				00:52- 00:01-				01:47+			01:13-		02:22+									
7	Jess	s Rasn	nusse	n		1	9						1:22:0	2											
																				47:14+ 01:29+					
																				00:06+					
							69:40+ 00:56+																		
							00:03+																		
8		•	amsga				9						1:25:2	-											
																				48:50+ 01:38+					
00:11+	00:02-	00:24#	00:17#	00:01+	00:01+	00:04+	00:07+	00:16#	00:09+	00:29#	00:29#	00:30#	00:25#	00:39&	00:29#	00:20#				00:15#					
							72:40+ 00:54+																		
00:12#	00:16#	00:18&	00:16#	00:09#	00:14#	00:20&	00:01+	00:15&	00:03+	00:17&	00:27&	00:32&	00:07#	01:06-	00:19&	00:57&									

Stræktider

Vinterlang 1 2019

Plass	Navı	า				K	lasse					1	īid								
9	Mich	ael Fi	scher			2	0						1:27:2	5							
01:49-	03:56+	06:48+	09:40+			17:22+	19:18+					31:09+	34:41+	37:20+				49:15+			
																		01:37+ 00:14#			
65:55+	67:51+	69:24+	71:03+	72:11+	73:31+	74:53+	75:48+	76:39+	77:16+	78:23+	80:09+	81:41+	82:33+	83:49+	84:52+	87:25+					
						01:22+ 00:14#															
10	Jette	Klog	borg			9							1:28:3	3							
																		52:14+			
																		01:35+ 00:12#			
66:16+	68:11+	69:25+	70:49+	72:05+	73:31+	74:53+	75:54+	76:54+	77:34+	78:50+	80:42+	82:24+	83:21+	84:45+	85:42+	88:33+					
						01:22+ 00:14#															
11		Gottli	_			2							1:29:3								
																		53:39+			
																		01:37+ 00:14#			
						75:59+															
						01:25+ 00:17#															
12		Dahl J				_	k Pan						1:30:2	_							
02:07+	04:04+	06:51+	09:41+			17:47+	19:33+											52:46+			
																		01:51+ 00:28&			
68:21+	70:24+	71:52+	73:19+	74:29+	75:54+	77:19+	78:20+	79:19+	80:01+	81:08+	82:55+	84:26+	85:22+	86:38+	87:41+	90:20+	 				
						01:25+ 00:17#															
13	Kent	René	Simo	nsen		1:	9						1:30:5	1							
																		51:15+			
						01:42+ 00:14#												01:33+ 00:10#			
						76:58+															
						01:17+ 00:09#															
14		Gade				1	_				"		1:31:0	_							
																		53:13+			
02:03+ 00:10+																		01:41+ 00:18#			
67:31+	69:28+	70:50+	72:33+	73:42+	75:02+	76:27+	77:41+	78:42+	79:22+	80:31+	82:25+	84:03+	84:56+	86:19+	88:22+	91:01+					
						01:25+ 00:17#															
15				Krogh		5							1:31:2	_							
	05:03+	07:52+	11:31+	15:07+	17:41+													54:48+			
																		01:41+ 00:18#			
69:01+	70:54+	72:31+	74:06+	75:17+	76:47+	78:14+	79:18+	80:15+	80:56+	82:09+	84:02+	85:48+	86:39+	87:58+	88:54+	91:26+					
						01:27+ 00:19&															
16	Susa	anne k	(risten	sen		2							1:32:1	9							
																		55:40+			
																		01:37+ 00:14#			
						79:06+															
						01:24+ 00:16#															
17		Straa				4							1:32:2								
																		54:58+ 01:35+			
																		01:35+			
						79:16+ 01:26+															
						01:26+															

53:43+ 56:25+ 58:31+ 61:20+ 64:25+ 66:31+ 01:40+ 02:42+ 02:06+ 02:49+ 03:05+ 02:06+ 00:17# 00:25# 00:22# 00:35& 01:49@ 00:30&
01:40+ 02:42+ 02:06+ 02:49+ 03:05+ 02:06+
58:37+ 61:33+ 63:41+ 66:31+ 68:00+ 69:56+
01:41+ 02:56+ 02:08+ 02:50+ 01:29+ 01:56+ 00:18# 00:39& 00:24# 00:36& 00:13# 00:20#
55:51+ 60:35+ 63:19+ 66:20+ 68:03+ 70:42+ 01:44+ 04:44+ 02:44+ 03:01+ 01:43+ 02:39+
00:21& 02:27@ 01:00& 00:47& 00:27& 01:03&
59:33+ 62:15+ 64:35+ 67:06+ 68:47+ 71:14+ 01:27+ 02:42+ 02:20+ 02:31+ 01:41+ 02:27+
00:04+ 00:25# 00:36& 00:17# 00:25& 00:51&
57:01+ 60:29+ 63:24+ 66:29+ 68:11+ 70:22+ 02:05+ 03:28+ 02:55+ 03:05+ 01:42+ 02:11+
00:42& 01:11& 01:11& 00:51& 00:26& 00:35&
59:46+ 62:37+ 65:07+ 67:46+ 69:21+ 71:53+ 01:36+ 02:51+ 02:30+ 02:39+ 01:35+ 02:32+
00:13# 00:34# 00:46& 00:25# 00:19# 00:56&
58:04+ 60:38+ 63:40+ 66:40+ 68:26+ 70:41+ 01:46+ 02:34+ 03:02+ 03:00+ 01:46+ 02:15+
00:23& 00:17# 01:18& 00:46& 00:30& 00:39&
61:00+ 64:35+ 67:04+ 70:33+ 73:02+ 75:29+ 01:42+ 03:35+ 02:29+ 03:29+ 02:29+ 02:27+
00:19# 01:18& 00:45& 01:15& 01:13& 00:51&
61:07+ 64:40+ 67:16+ 70:41+ 73:07+ 75:36+ 01:43+ 03:33+ 02:36+ 03:25+ 02:26+ 02:29+
00:20# 01:16& 00:52& 01:11& 01:10& 00:53&

Plass	Navı	า				K	lasse					7	īid												
27	Finn	Rose	ngvist			2	0						1:41:5	7											
02:05+	04:26+	07:49+	12:32+	16:35+		21:26+	23:14+						43:01+	46:26+			55:20+								
02:05+ 00:12#																	03:46+ 00:53&								
					85:49+													00.12#	00.20%	00.31	00.10#	01.33@	00.33&	00.33&	01.104
					02:05+ 00:50&																				
28			søe Je		00.30%	1		00.20%	00.214	00.09-	00.24-	00.33&	1:47:5	_	00.44@	01.09-	02.37+								
-	_				23:13+	-	_	30:33+	32:56+	36:02+	39:08+	44:32+		-	55:54+	57:52+	62:08+	64:01+	65:37+	67:56+	70:49+	73:34+	77:37+	79:16+	81:23+
																	04:16+								
					01:37& 92:34+												01:23&	00:30&	00:18#	00:56&	00:36&	01:01&	01:49&	00:23&	00:31&
02:29+	02:24+	02:00+	01:29+	01:20+	01:29+	01:28+	01:04+	00:49+	00:44+	01:15+	02:02+	01:28+	01:01+	01:33-	01:13+	02:39+									
					00:14#		00:11#	00:07#	00:07#	00:18&	00:34&	00:22&			00:35&	00:41&									
29		•	g Jens		15.20	4	02.00	05.05	07.26	20.42	22.25	27.44	1:49:3	_	F0-10-	E 4 - 00 -	F0-00	60.04	60.10.	64.12.	68.46	E0.2E.	E2 - 4E -	75.00	77.46.
																	58:29+ 04:01+								
																	01:08&	00:32&	00:28&	00:40&	01:16&	01:07&	00:56&	00:25&	00:42&
					89:57+ 01:35+																				
					00:20&																				
30			indsch			2	0						1:50:0	-											
																	58:59+ 04:19+								
00:51&	00:51&	01:35&	01:23&	01:45&	00:56&	00:49&	00:44&	00:55&	00:49&	01:20&	01:12&	01:30&	00:34#	01:25&	01:01&	00:48&	01:26&								
					91:57+																				
					01:46+ 00:31&																				
32	Bjar	ne Chi	ristens	sen		1	5						1:50:2	9											
																	59:49+								
																	03:51+ 00:58&								
					93:24+																				
					01:42+ 00:27&																				
33		_	derik		00.274	1	_	00.234	00.124	00.234	00.334	00.100	1:50:5	_	00.234	01.274									
		-			17:24+	-	-	23:26+	26:20+	29:29+	44:49+	49:18+		-	57:56+	59:49+	63:38+	65:51+	67:23+	69:31+	73:08+	76:23+	79:28+	81:14+	83:25+
02:08+ 00:15#																	03:49+ 00:56&								
85:41+					94:33+												00.50&	00.50&	00.14#	00.45%	01.20%	01.31&	00.51%	00.30&	00.33&
					00:29-																				
34		Sime		00:12#	00:46-	_	<sup>00:24</sup> & k Pan	00:25&	00:10&	00:17&	00:32&	00:50&	1:52:5	_	00:38&	00:42&									
-		_		16:30+	19:27+	_		27:10+	29:22+	32:24+	35:13+	39:29+			52:12+	54:15+	58:13+	59:58+	61:47+	63:42+	66:57+	70:05+	73:37+	75:40+	78:04+
02:06+	02:24+	03:16+	03:15+	05:29+	02:57+	01:45+	03:37+	02:21+	02:12+	03:02+	02:49+	04:16+	06:31+	03:21+	02:51+	02:03+	03:58+	01:45+	01:49+	01:55+	03:15+	03:08+	03:32+	02:03+	02:24+
					00:39& 90:24+												01:05&	00:22&	00:31&	00:32&	00:58&	01:24&	01:18&	00:47&	00:48&
02:44+	02:06+	01:49+	02:51+	01:19+	01:31+	01:33+	01:19+	01:06+	00:46+	01:12+	01:58+	01:54+	01:10+	07:42+	00:59+	02:51+									
				00:16&	00:16#		_	00:24&	00:09#	00:15&	00:30&	00:48&		_	00:21&	00:53&									
35 03:01+		Herm		19:28+	22:17+	24:08+	-	28:23+	30:26+	33:07+	36:05+	40:06+	1:54:4	-	53:48+	55:49+	60:37+	62:15+	63:55+	65:50+	69:40+	74:00+	77:05+	78:44+	81:11+
																	04:48+								
					00:31# 93:20+												01:55&	00:15#	00:22&	00:32&	01:33&	02:36@	00:51&	00:23&	00:51&
					01:41+																				
				00:10#	00:26&			00:15&	00:01+	00:15&	00:31&				00:33&	00:47&									
36		Krogh		20.22.	24.02.	5		22.40.	25.02.	20.05	41.05		1:56:0		F0.10.	60.24	64:48+	66.40.	60.00.	70.47.	74.05	76.42.	00.10.	00.17	04.46.
																	64:48+ 04:14+								
+80:00	01:17&	04:38@	01:43&	00:58&	01:12&	00:49&	02:21@	00:47&	00:41&	00:57&	00:47&	01:34&	03:08@	01:25&	01:07&	00:50&	01:21&								
					96:17+ 01:52+																				
					00:37&																				

Plass	Navn	Klasse	Tid	
37	Inger Lise Simonsen	15	2:02:43	
			40:19+ 43:53+ 49:06+ 52:23+ 56:25+ 59:43+ 62:17+ 04:32+ 03:34+ 05:13+ 03:17+ 04:02+ 03:18+ 02:34+	
00:31&	00:41& 01:08& 00:58& 01:19& 0	7:15@ 00:59& 00:39& 00:48& 01:00&		
02:32+	02:46+ 02:37+ 02:56+ 01:25+ 0	1:57+ 01:44+ 01:15+ 01:03+ 00:47+	01:26+ 02:24+ 01:56+ 01:13+ 01:40- 03:13+ 03:21+ 00:29& 00:56& 00:50& 00:27& 01:00- 02:35@ 01:23*	
00:41& <b>38</b>	00:57& 01:33@ 01:44@ 00:22& 0  Erik Odgaard	00:42& 00:36& 00:22& 00:21& 00:10& <b>15</b>	2:07:51	
03:43+		22:35+ 24:44+ 26:59+ 29:50+ 32:18+	35:21+ 38:40+ 43:39+ 54:20+ 58:19+ 61:32+ 63:54+	68:58+ 71:22+ 73:32+ 76:49+ 80:35+ 84:11+ 88:13+ 90:20+ 93:22+
03:43+	02:52+ 03:40+ 04:08+ 05:26+ 0 01:00& 01:18& 01:42& 02:10& 0			05:04+ 02:24+ 02:10+ 03:17+ 03:46+ 03:36+ 04:02+ 02:07+ 03:02+ 02:11& 01:01& 00:52& 01:54@ 01:29& 01:52@ 01:48& 00:51& 01:26&
96:14+			114:26+ 117:02+ 118:57+ 120:19+ 122:47+ 124:15+ 127:51+	02-11& 01-01& 00-52& 01-54@ 01-29& 01-52@ 01-48& 00-51& 01-20&
02:52+			01:28+ 02:36+ 01:55+ 01:22+ 02:28- 01:28+ 03:36+	
01:01&	00:44& 01:26@ 01:59@ 00:25& 0	0:39& 00:40& 00:22& 00:27& 00:19&	00:31& 01:08& 00:49& 00:36& 00:12- 00:50@ 01:38&	
39	Per Sørensen	18	2:25:17	
02:01+	04:24+ 07:50+ 38:42+ 45:10+ 4	8:28+ 50:29+ 52:35+ 54:59+ 57:16+	61:36+ 64:36+ 68:32+ 71:10+ 74:00+ 76:29+ 78:23+	86:40+ 89:31+ 90:59+ 92:44+ 106:26+ 110:06+ 114:47+ 116:53+ 119:00+
02:01+	02:23+ 03:26+ 30:52+ 06:28+ 0	3:18+ 02:01+ 02:06+ 02:24+ 02:17+	04:20+ 03:00+ 03:56+ 02:38+ 02:50+ 02:29+ 01:54+	08:17+ 02:51+ 01:28+ 01:45+ 13:42+ 03:40+ 04:41+ 02:06+ 02:07+
00:08+	00:31& 01:04& 28:26@ 03:12& 0	1:00& 00:33& 00:33& 00:37& 00:43&	02:15@ 00:47& 01:07& 00:01+ 00:33# 00:21# 00:20#	05:24@ 01:28@ 00:10# 00:22& 11:25@ 01:56@ 02:27@ 00:50& 00:31&
			134:19+ 135:19+ 137:07+ 138:30+ 139:22+ 140:59+ 142:45+	
	02-17- 02-03- 01-33- 00-30 0			
		00:08- 00:07# 00:23& 00:29& 00:13&	00:12- 00:28- 00:42& 00:37& 01:48- 00:59@ 00:12-	02:32+
Beste	stræktid for klassen			
01:49	01:49 02:19 02:20 03:01	02:10 01:19 01:28 01:44 01:33	02:05 01:59 02:49 02:09 02:17 02:02 01:33	02:48 01:13 01:13 01:23 02:10 01:44 02:14 01:16 01:36 01:47

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

# 16km

1	Clau	ıs S. P	ederse	en		2	0						1:36:4	3												
01:49=	03:54=	05:39=	08:40=	11:06=	13:31=	16:49=	19:19=	20:54=	22:26=	24:18=	25:54=	27:39=	30:08=	31:14=	34:03=	35:28=	37:30=	41:02=	45:47=	50:46=	56:36=	62:33=	64:06=	67:48=	70:09=	
01:49=	02:05=	01:45=	03:01=	02:26=	02:25=	03:18=	02:30=	01:35=	01:32=	01:52=	01:36=	01:45=	02:29=	01:06=	02:49=	01:25=	02:02=	03:32=	04:45=	04:59=	05:50=	05:57=	01:33=	03:42=	02:21=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
72:07=	74:30=	75:50=	78:30=	79:44=	80:30=	81:29=	83:00=	84:13=	85:29=	86:23=	87:08=	87:42=	88:42=	90:20=	91:43=	92:31=	93:43=	94:33=	96:43=							
01:58=	02:23=	01:20=	02:40=	01:14=	00:46=	00:59=	01:31=	01:13=	01:16=	00:54=	00:45=	00:34=	01:00=	01:38=	01:23=	00:48=	01:12=	00:50=	02:10=							
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							
2	Thor	mas Ei	mil Jei	nsen		4							1:42:1	4												
01:39-	03:32-	05:16-	08:56+	11:02-	13:40+	17:19+	19:46+	21:30+	23:15+	25:10+	27:14+	29:09+	31:54+	32:59+	36:15+	37:50+	39:53+	43:32+	49:03+	54:28+	60:18+	66:30+	68:14+	71:44+	74:26+	
01:39-	01:53-	01:44-	03:40+	02:06-	02:38+	03:39+	02:27-	01:44+	01:45+	01:55+	02:04+	01:55+	02:45+	01:05-	03:16+	01:35+	02:03+	03:39+	05:31+	05:25+	05:50=	06:12+	01:44+	03:30-	02:42+	
00:10-	00:12-	00:01-	00:39#	00:20-	00:13+	00:21#	00:03-	00:09+	00:13#	00:03+	00:28&	00:10+	00:16#	00:01-	00:27#	00:10#	00:01+	00:07+	00:46#	00:26+	00:00=	00:15+	00:11#	00:12-	00:21#	
76:29+	79:18+	80:40+	84:00+	85:25+	87:18+	88:21+	89:40+	90:59+	92:00+	92:48+	93:23+	94:29+	96:10+	97:38+	98:26+	99:38+	100:26+	102:14+								
02:03+	02:49+	01:22+	03:20+	01:25+	01:53+	01:03+	01:19-	01:19+	01:01-	00:48-	00:35-	01:06+	01:41+	01:28-	00:48-	01:12+	00:48-	01:48+								
00:05+	00:26#	00:02+	00:40#	00:11#	01:07@	00:04+	00:12-	00:06+	00:15-	00:06-	00:10-	00:32&	00:41&	00:10-	00:35-	00:24&	00:24-	00:58@								
Beste	stræk	tid for	klasse	en																						
01:39	01:53	01:44	03:01	02:06	02:25	03:18	02:27	01:35	01:32	01:52	01:36	01:45	02:29	01:05	02:49	01:25	02:02	03:32	04:45	04:59	05:50	05:57	01:33	03:30	02:21	01:58

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### 20km

1	Gun	tis Mal	ins			1	0						1:30:2	9											
02:20=	04:21=	05:32=	06:21=	07:38=	10:19=	12:17=	16:17=	19:37=	21:59=	23:56=	28:16=	29:34=	30:59=	32:40=	34:31=	35:21=	37:47=	38:44=	40:30=	44:01=	48:02=	51:57=	56:26=	61:24=	66:04=
02:20=	02:01=	01:11=	00:49=	01:17=	02:41=	01:58=	04:00=	03:20=	02:22=	01:57=	04:20=	01:18=	01:25=	01:41=	01:51=	00:50=	02:26=	00:57=	01:46=	03:31=	04:01=	03:55=	04:29=	04:58=	04:40=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
67:37=	70:48=	72:29=	74:54=	75:59=	77:10=	78:05=	79:09=	80:14=	81:03=	81:49=	82:21=	83:11=	84:39=	85:44=	86:27=	87:27=	88:08=	90:29=							
01:33=	03:11=	01:41=	02:25=	01:05=	01:11=	00:55=	01:04=	01:05=	00:49=	00:46=	00:32=	00:50=	01:28=	01:05=	00:43=	01:00=	00:41=	02:21=							
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							
2	Zeni	a Hejls	skov N	logens	sen	1	7						1:32:5	7											
01:51-	04:02-	05:18-	06:13-	07:37-	10:27+	12:37+	17:02+	20:21+	23:02+	24:56+	29:03+	30:25+	31:54+	33:50+	35:59+	36:48+	39:28+	40:30+	42:23+	45:22+	49:28+	53:56+	58:04+	62:57+	67:43+
01:51-	02:11+	01:16+	00:55+	01:24+	02:50+	02:10+	04:25+	03:19-	02:41+	01:54-	04:07-	01:22+	01:29+	01:56+	02:09+	00:49-	02:40+	01:02+	01:53+	02:59-	04:06+	04:28+	04:08-	04:53-	04:46+
00:29-	00:10+	00:05+	00:06#	00:07+	00:09+	00:12#	00:25#	00:01-	00:19#	00:03-	00:13-	00:04+	00:04+	00:15#	00:18#	00:01-	00:14+	00:05+	00:07+	00:32-	00:05+	00:33#	00:21-	00:05-	00:06+
69:06+	72:19+	73:45+	76:04+	77:14+	78:30+	79:30+	80:42+	81:50+	82:38+	83:20+	83:50+	85:11+	86:45+	88:22+	89:04+	90:09+	90:52+	92:57+							
01:23-	03:13+	01:26-	02:19-	01:10+	01:16+	01:00+	01:12+	01:08+	00:48-	00:42-	00:30-	01:21+	01:34+	01:37+	00:42-	01:05+	00:43+	02:05-							
00:10-	00:02+	00:15-	00:06-	00:05+	00:05+	00:05+	00:08#	00:03+	00:01-	00:04-	00:02-	00:31&	00:06+	00:32&	00:01-	00:05+	00:02+	00:16-							

Plass	Navi	n				K	lasse					1	id .												
3	Rico	Heils	kov M	oaens	en	1	7						1:33:0	6											
02:02-	04:12-	05:32=	06:22+	07:48+	10:34+	12:47+	17:09+						32:01+	33:57+						45:34+					
																				03:05- 00:26-					
69:17+	72:29+	73:56+	76:11+	77:24+	78:37+	79:35+	80:48+	81:57+	82:46+	83:27+	84:00+	85:21+	86:56+	88:35+	89:14+	90:15+	90:59+	93:06+							
							01:13+ 00:09#											02:07- 00:14-							
4	<b>.</b>		√albak			_	5						1:39:5	_											
01:41-	_				10:59+		-	22:03+	24:39+	26:39+	31:16+	32:54+		-	38:28+	39:20+	42:06+	43:13+	45:12+	48:10+	53:30+	57:39+	62:28+	67:53+	73:17+
							04:47+ 00:47#													02:58- 00:33-					
							87:07+												00.13#	00.33-	01.19&	00.14+	00.20+	00.27+	00.41#
							01:17+																		
5		tian Va		00:11#	00:3/&	4	00:13#	00:18%	00:02+	00:07-	00:00=	00:02+	1:40:1	_	00:11%	00:03+	01:01@	00:17-							
•				08:50+	12:39+	14:47+	18:42+	22:09+	24:23+	27:24+	31:21+	32:40+		-	38:40+	39:29+	42:21+	43:23+	45:14+	49:04+	52:30+	56:16+	62:31+	67:44+	73:33+
																				03:50+					
							87:20+											00:05+	00:05+	00:19+	00:35-	00:09-	01:46&	00:15+	01:09#
							01:11+																		
6	_	r Villa	_	00:02-	00:05+	00:04+	00:07#	00:02+	00:04+	00:00=	00:03+	00:25&	1:43:2		00:27&	00:19-	01:52@								
01:45-		05:30-		07:57+	11:02+	13:20+	18:15+	22:21+	25:02+	27:15+	32:14+	34:00+	_	-	40:17+	41:23+	44:22+	45:27+	47:19+	50:43+	55:02+	59:57+	65:20+	71:30+	77:17+
				01:37+	03:05+	02:18+	04:55+	04:06+	02:41+	02:13+	04:59+	01:46+	01:45+	02:04+	02:28+	01:06+	02:59+	01:05+	01:52+	03:24-	04:19+	04:55+	05:23+	06:10+	05:47+
			00:01+ 86:24+				00:55# 91:16+												00:06+	00:07-	00:18+	01:00&	00:54#	01:12#	01:07#
01:34+	03:27+	01:32-	02:34+	01:13+	01:18+	01:03+	01:18+	01:09+	00:54+	00:42-	00:33+	00:56+	01:34+	01:16+	00:47+	01:10+	00:44+	02:24+							
00:01+		_	00:09+	00:08#	00:07+		00:14#		00:05#	00:04-	00:01+	00:06#		_	00:04+	00:10#	00:03+	00:03+							
01:41-		5 Bran		17:39+	20:48+		1OTEA 28:06+		35:22+	37:24+	42:01+	43:44+	1:50:0 45:17+	_	49:57+	50:46+	53:23+	54:21+	56:37+	59:45+	64:59+	69:04+	73:22+	79:00+	83:56+
01:41-	02:56+	01:15+	00:55+	10:52+	03:09+	02:15+	05:03+	03:42+	03:34+	02:02+	04:37+	01:43+	01:33+	02:10+	02:30+	00:49-	02:37+	00:58+	02:16+	03:08-	05:14+	04:05+	04:18-	05:38+	04:56+
							01:03& 98:36+												00:30&	00:23-	01:13&	00:10+	00:11-	00:40#	00:16+
							01:48+																		
00:08+				00:35&	00:15#	_	00:44&	00:04+	00:01-	00:06-	00:00=				00:03+	00:13#	00:17&	00:26-							
02:15-		n Brøg		09:08+	12:24+	15:08+	-	24:56+	28:26+	31:01+	36:27+		1:52:3	-	44:53+	45:50+	48:58+	50:29+	52:40+	56:10+	60:19+	65:07+	70:14+	76:06+	84:27+
02:15-																				03:30-					
																				00:01-	+80:00	00:53#	00:38#	00:54#	03:41&
							98:34+ 01:02-																		
00:00=	00:23#	00:05+	00:08+	00:29&	00:26-		00:02-	00:19&	00:29&	00:07#	00:13&	00:15-		_	00:35&	00:08-	00:29&	01:30-	02:16+						
9		e Hus				_	5	05.00	00.00	24.00	06.04		1:52:4	-	45.04	45.50	40.05	50.06	50.50	55.00	50.01			56.05	04.00
																				56:23+ 03:31=					
																				00:00=	00:07+	00:55#	00:33#	01:04#	03:34&
							98:47+ 01:03-																		
							00:01-																		
10		nael Fi	•				5						1:53:4												
																				56:09+ 03:29-					
00:06-	00:31&	00:22&	00:14&	00:31&	00:37#	00:37&	02:24&	01:05&	01:31&	00:20#	00:45#	00:16#	00:10#	00:17#	00:33&	00:06#	00:27#	00:21&	01:09&	00:02-					
							98:22+ 01:01-																		
							00:03-																		
11			istens			2							1:57:3												
																				59:47+ 03:40+					
																				03:40+					
							103:44+																		
							01:17+ 00:13#																		
								,																	

Plass	Navn	Klasse	Tid	
13	Mikael Halberg Martinsen	19	2:05:27	
01:36-	04:00- 05:22- 06:20- 17:25+ 20:50+		57+ 51:04+ 52:46+ 54:15+ 56:13+ 59:10+ 60:02+ 63:20+ 64:26+ 66:42+ 69:50+ 75:40+ 79:58+ 85:35+ 09:07+ 01:42+ 01:29+ 01:58+ 02:57+ 00:52+ 03:18+ 01:06+ 02:16+ 03:08- 05:50+ 04:18+ 05:35+ 03:08	
01:36- 00:44-	02.21. 01.22. 00.30. 11.03. 03.23.	02:18+ 06:03+ 03:50+ 06:59+ 01:57=		
		111:52+ 113:10+ 114:28+ 115:22+ 116:03-	03+ 116:38+ 117:30+ 119:09+ 120:32+ 121:18+ 122:22+ 123:04+ 125:27+	
01:50+ 00:17#	03:42+ 01:40- 02:48+ 01:34+ 01:58+ 00:31# 00:01- 00:23# 00:29& 00:47&	01/00/ 01/10/ 01/10/ 00/01/		
14	Jens Isaksen	15	2:20:46	
02:06-	05:08+ 07:03+ 08:26+ 10:40+ 14:17+	17:16+ 23:58+ 29:18+ 32:37+ 34:59-	59+ 39:57+ 41:48+ 43:39+ 45:46+ 48:55+ 49:56+ 53:18+ 54:43+ 61:05+ 66:01+ 71:24+ 77:16+ 83:1	10+ 89:52+ 97:50+
02:06-	03:02+ 01:55+ 01:23+ 02:14+ 03:37+	02:59+ 06:42+ 05:20+ 03:19+ 02:22-	22 01:30 01:31 01:31 02:07 03:03 01:01 03:22 01:23 00:22 01:30 03:23 03:32	54+ 06:42+ 07:58+
00:14-		01:01& 02:42& 02:00& 00:57& 00:25#	25# 00:38# 00:33& 00:26& 00:26& 01:18& 00:11# 00:56& 00:28& 04:36@ 01:25& 01:22& 01:57& 01:2 21+ 126:01+ 127:14+ 129:15+ 131:21+ 132:18+ 134:09+ 137:28+ 140:46+	25& 01:44& 03:18&
02:20+	04:17+ 02:15+ 03:29+ 06:17+ 02:13+	01:17+ 01:42+ 01:28+ 01:07+ 01:06-		
00:47&		00:22& 00:38& 00:23& 00:18& 00:208	20& 00:08# 00:23& 00:33& 01:01& 00:14& 00:51& 02:38@ 00:57&	
Beste	stræktid for klassen			
01:36	01:57 01:11 00:47 01:17 02:41	01:58 03:55 03:16 02:14 01:5	L:54 03:57 01:18 01:23 01:41 01:51 00:49 02:26 00:57 01:46 02:58 03:26 03:46 04	1:07 04:53 04:39 01:23

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

# 3,5km

1	Minr	na Halo	d Ande	ersen		1	4					3	36:11						
03:51=	06:12=	07:06=	08:13=	10:03=	13:07=	14:57=	16:19=	18:20=	20:09=	21:18=	22:17=	23:27=	24:51=	26:59=	29:01=	30:05=	31:40=	32:55=	36:11=
03:51=	02:21=	00:54=	01:07=	01:50=	03:04=	01:50=	01:22=	02:01=	01:49=	01:09=	00:59=	01:10=	01:24=	02:08=	02:02=	01:04=	01:35=	01:15=	03:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mati	lde An	derse	n-Otte		1.	4					3	38:53						
03:59+	06:18+	07:10+	08:18+	10:46+	13:58+	15:48+	17:23+	19:22+	21:05+	22:30+	23:51+	24:40+	26:25+	28:48+	30:47+	31:57+	34:10+	35:24+	38:53+
03:59+ 00:08+	02:19- 00:02-	00:52-	01:08+ 00:01+	02:28+ 00:38&	03:12+ 00:08+	01:50= 00:00=	01:35+ 00:13#	01:59- 00:02-	01:43- 00:06-	01:25+ 00:16#	01:21+ 00:22&	00:49- 00:21-	01:45+ 00:21#	02:23+ 00:15#	01:59- 00:03-	01:10+ 00:06+	02:13+ 00:38&	01:14-	03:29+ 00:13+
00.08+					00.00+	00.00-	00.13#	00.02-	00.00-	00.10#	00.220			00.13#	00.03-	00.00+	00.30%	00.01-	00.13+
3	Asge	er Kris	tense	n		2						4	11:45						
04:55+	07:22+	08:28+	09:45+	12:09+	15:36+	17:35+	19:03+	20:52+	23:19+	24:54+	26:04+	27:01+	28:37+	31:09+	33:25+	34:45+	36:55+	38:20+	41:45+
04:55+	02:27+	01:06+	01:17+	02:24+	03:27+	01:59+	01:28+	01:49-	02:27+	01:35+	01:10+	00:57-	01:36+	02:32+	02:16+	01:20+	02:10+	01:25+	03:25+
01:04&	00:06+	00:12#	00:10#	00:34&	00:23#	00:09+	00:06+	00:12-	00:38&	00:26&	00:11#	00:13-	00:12#	00:24#	00:14#	00:16#	00:35&	00:10#	00:09+
4	Helle	Jaco	bsen			3						4	18:40						
06:22+	08:27+	09:23+	10:32+	12:29+	15:06+	16:53+	18:15+	26:23+	27:52+	29:03+	30:04+	31:03+	32:28+	34:35+	36:46+	37:49+	40:57+	45:15+	48:40+
06:22+	02:05-	00:56+	01:09+	01:57+	02:37-	01:47-	01:22=	08:08+	01:29-	01:11+	01:01+	00:59-	01:25+	02:07-	02:11+	01:03-	03:08+	04:18+	03:25+
02:31&	00:16-	00:02+	00:02+	00:07+	00:27-	00:03-	00:00=	06:07@	00:20-	00:02+	00:02+	00:11-	00:01+	00:01-	00:09+	00:01-	01:33&	03:03@	00:09+
5	Helle	True	Isen			3						5	52:46						
06:17+	08:50+	11:48+	13:28+	16:20+	19:58+	22:09+	23:52+	26:06+	28:19+	30:10+	31:57+	32:57+	35:13+	38:47+	41:27+	42:54+	45:07+	48:22+	52:46+
06:17+	02:33+	02:58+	01:40+	02:52+	03:38+	02:11+	01:43+	02:14+	02:13+	01:51+	01:47+	01:00-	02:16+	03:34+	02:40+	01:27+	02:13+	03:15+	04:24+
02:26&	00:12+	02:04@	00:33&	01:02&	00:34#	00:21#	00:21&	00:13#	00:24#	00:42&	00:48&	00:10-	00:52&	01:26&	00:38&	00:23&	00:38&	02:00@	01:08&
Beste	stræk	tid for	klasse	en															
03:51	02:05	00:52	01:07	01:50	02:37	01:47	01:22	01:49	01:29	01:09	00:59	00:49	01:24	02:07	01:59	01:03	01:35	01:14	03:16

### 6km

1	Jørg	en Sch	nnack			2	0					4	16:53												
03:13=	05:39=	08:32=	10:46=	12:39=	13:22=	15:17=	16:38=	19:32=	20:59=	22:47=	25:22=	27:06=	28:26=	29:46=	30:47=	32:06=	33:48=	35:09=	36:13=	36:59=	37:44=	38:17=	39:13=	40:41=	41:53=
03:13=	02:26=	02:53=	02:14=	01:53=	00:43=	01:55=	01:21=	02:54=	01:27=	01:48=	02:35=	01:44=	01:20=	01:20=	01:01=	01:19=	01:42=	01:21=	01:04=	00:46=	00:45=	00:33=	00:56=	01:28=	01:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
		44:19=																							
00:45=	01:00=	00:41=	02:34=																						
00:00=		00:00=																							
2	Søre	n Elkja	ær			1:	9					5	50:55												
03:35+		10:13+		14:36+	15:24+	17:13+	19:20+	21:56+	23:39+	25:48+	28:10+	30:04+	31:30+	33:40+	34:49+	36:26+	37:46+	38:50+	39:45+	40:24+	41:30+	44:02+	45:33+	46:25+	47:41+
	06:37+	•	12:19+		15:24+ 00:48+	1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1							31:30+ 01:26+		34:49+ 01:09+	36:26+ 01:37+		38:50+ 01:04-	39:45+ 00:55-	40:24+ 00:39-			45:33+ 01:31+	46:25+ 00:52-	
03:35+ 00:22#	06:37+ 03:02+ 00:36#	10:13+	12:19+ 02:06-	02:17+	00:48+	01:49-	02:07+	02:36-	01:43+	02:09+	02:22-		01:26+	02:10+	01:09+	01:37+	01:20-	01:04-	00:55-	00:39-		02:32+	01:31+		01:16+
03:35+ 00:22#	06:37+ 03:02+	10:13+ 03:36+	12:19+ 02:06-	02:17+	00:48+	01:49-	02:07+	02:36-	01:43+	02:09+	02:22-	01:54+	01:26+	02:10+	01:09+	01:37+	01:20-	01:04-	00:55-	00:39-	01:06+	02:32+	01:31+	00:52-	01:16+
03:35+ 00:22# 48:25+ 00:44-	06:37+ 03:02+ 00:36# 50:55+	10:13+ 03:36+	12:19+ 02:06-	02:17+	00:48+	01:49-	02:07+	02:36-	01:43+	02:09+	02:22-	01:54+	01:26+	02:10+	01:09+	01:37+	01:20-	01:04-	00:55-	00:39-	01:06+	02:32+	01:31+	00:52-	01:16+

Plass	Navn	Klasse	Tid	
3	Stig Barrett	19	51:08	
-	<u> </u>			+ 34:14+ 35:14+ 36:33+ 38:02+ 39:09+ 40:19+ 40:59+ 42:11+ 43:58+ 45:36+ 46:26+ 47:53+
				+ 01:54+ 01:00- 01:19= 01:29- 01:07- 01:10+ 00:40- 01:12+ 01:47+ 01:38+ 00:50- 01:27+ # 00:34& 00:01- 00:00= 00:13- 00:14- 00:06+ 00:06- 00:27& 01:14@ 00:42& 00:38- 00:15#
	51:08+	00% 00.00# 00.20# 00.38% 00.19- 00.22	24 00.26# 00.10- 00.11# 00.12#	# 00.34% 00.01- 00.00= 00.13- 00.14- 00.00+ 00.00- 00.2/% 01.14@ 00.42% 00.36- 00.15#
	02:24+			
1	Britta Ank Pedersen	4	51:40	
03:28+				+ 33:46+ 35:02+ 36:27+ 37:56+ 39:05+ 40:06+ 40:43+ 41:54+ 43:52+ 45:31+ 46:24+ 48:03+
03:28+	03:10+ 03:34+ 02:24+ 02:2	24+ 01:02+ 02:16+ 01:48+ 02:38- 01:3	7+ 02:01+ 02:26- 01:56+ 01:38+	+ 01:24+ 01:16+ 01:25+ 01:29- 01:09- 01:01- 00:37- 01:11+ 01:58+ 01:39+ 00:53- 01:39+
	00:44& 00:41# 00:10+ 00:3 51:40+	31& 00:19& 00:21# 00:27& 00:16- 00:10	0# 00:13# 00:09- 00:12# 00:18#	# 00:04+ 00:15# 00:06+ 00:13- 00:12- 00:03- 00:09- 00:26& 01:25@ 00:43& 00:35- 00:27&
	02:30+			
00:22&	01:30@	NOTEAM	F2:42	
03:15+	Stefan Abel	NOTEAM 52+ 16:36+ 18:25+ 19:53+ 22:15+ 23:23	<b>52:42</b> 2+ 27:30+ 29:40+ 31:26+ 32:56+	+ 34:10+ 35:13+ 36:21+ 37:45+ 38:41+ 39:58+ 40:39+ 41:33+ 43:34+ 45:08+ 45:58+ 47:15+
03:15+	02:51+ 04:06+ 02:31+ 03:0	09+ 00:44+ 01:49- 01:28+ 02:22- 01:0	7- 04:08+ 02:10- 01:46+ 01:30+	+ 01:14- 01:03+ 01:08- 01:24- 00:56- 01:17+ 00:41- 00:54+ 02:01+ 01:34+ 00:50- 01:17+
	00:25# 01:13& 00:17# 01:1 52:42+	.6& 00:01+ 00:06- 00:07+ 00:32- 00:20	0- 02:20@ 00:25- 00:02+ 00:10#	# 00:06- 00:02+ 00:11- 00:18- 00:25- 00:13# 00:05- 00:09# 01:28@ 00:38& 00:38- 00:05+
	03:03+			
01:39@	02:03@			
6	Asbjørn Finger-Grøn		53:07	+ 34:37+ 35:45+ 36:41+ 40:23+ 41:41+ 42:38+ 43:28+ 44:12+ 45:10+ 46:57+ 48:21+ 49:13+
				+ 34.37+ 35.40+ 36.41+ 40.23+ 41.41+ 42.36+ 43.26+ 44.12+ 45.10+ 46.57+ 48.21+ 49.13+ + 02:45+ 01:08+ 00:56- 03:42+ 01:18- 00:57- 00:50+ 00:44- 00:58+ 01:47+ 01:24- 00:52-
	01:19& 01:09& 00:03- 00:0 51:01+ 53:07+	01+ 00:01+ 00:17# 00:38& 00:07- 00:03	+ 00:10+ 00:33- 00:32& 00:238	§ 01:25@ 00:07# 00:23- 02:00@ 00:03- 00:07- 00:04+ 00:01- 00:25& 00:51& 00:04- 00:20-
	00:39- 02:06+			
	00:21- 01:25@			
7	Lene Bejer Damgaar		54:39	
				+ 33:48+ 35:22+ 35:53+ 37:10+ 38:43+ 40:15+ 41:23+ 42:27+ 43:11+ 44:26+ 46:29+ 48:12+ + 00:51- 01:34+ 00:31- 01:17- 01:33+ 01:32+ 01:08+ 01:04+ 00:44+ 01:15+ 02:03+ 01:43+
				+ 00:29- 00:33& 00:48- 00:25- 00:12# 00:28& 00:22& 00:19& 00:11& 00:19& 00:35& 00:31&
	51:16+ 51:59+ 54:39+ 02:06+ 00:43+ 02:40+			
	01:06@ 00:02+ 00:06+			
8	Kaj Kaspersen	2	54:47	
	06:48+ 10:46+ 13:07+ 15:2			+ 36:17+ 37:25+ 38:57+ 40:27+ 41:33+ 42:26+ 43:12+ 44:23+ 46:28+ 48:00+ 49:03+ 50:37+
				+ 01:35+ 01:08+ 01:32+ 01:30- 01:06- 00:53- 00:46= 01:11+ 02:05+ 01:32+ 01:03- 01:34+ + 00:15# 00:07# 00:13# 00:12- 00:15- 00:11- 00:00= 00:26& 01:32@ 00:36& 00:25- 00:22&
	54:47+			
	03:06+ 02:06@			
9	Lucia Aagaard	2	54:57	
				+ 36:22+ 37:36+ 39:05+ 40:35+ 41:40+ 42:34+ 43:20+ 44:29+ 46:36+ 48:10+ 49:11+ 50:44+
				+ 01:33+ 01:14+ 01:29+ 01:30- 01:05- 00:54- 00:46= 01:09+ 02:07+ 01:34+ 01:01- 01:33+ + 00:13# 00:13# 00:10# 00:12- 00:16- 00:10- 00:00= 00:24& 01:34@ 00:38& 00:27- 00:21&
51:48+	54:57+	25 00.05 00.21 02.000 00.50 00.20	00.024 00.10 00.014 00.00	00015   00015   00015   00015   00015   00015   00015   00015   00015
	03:09+ 02:09@			
10	Carl Malling	13	55:14	
03:45+	06:54+ 10:49+ 13:14+ 16:0	7+ 16:52+ 18:58+ 21:02+ 23:53+ 25:34	1+ 27:51+ 30:21+ 32:21+ 33:56+	+ 34:54+ 36:09+ 37:26+ 38:57+ 40:29+ 41:34+ 42:39+ 43:21+ 44:44+ 46:54+ 48:38+ 49:38+
				+ 00:58- 01:15+ 01:17- 01:31- 01:32+ 01:05+ 01:05+ 00:42- 01:23+ 02:10+ 01:44+ 01:00- # 00:22- 00:14# 00:02- 00:11- 00:11# 00:01+ 00:19& 00:03- 00:50@ 01:14@ 00:16# 00:12-
	52:23+ 55:14+	00.02+ 00.11+ 00.43& 00.03- 00.14	# 00.29& 00.05- 00.16# 00.15#	# 00.22- 00.14# 00.02- 00.11- 00.11# 00.01+ 00.19& 00.03- 00.50@ 01.14@ 00.16# 00.12-
	01:15+ 02:51+ 00:15# 02:10@			
11	Hans Jørgen Vad	4	55:54	
03:50+				+ 37:05+ 38:27+ 40:43+ 42:08+ 43:18+ 44:15+ 44:58+ 46:15+ 48:13+ 49:46+ 50:46+ 52:10+
				+ 01:43+ 01:22+ 02:16+ 01:25- 01:10- 00:57- 00:43- 01:17+ 01:58+ 01:33+ 01:00- 01:24+
	01:04& 00:58& 00:15# 00:2 55:54+	22# UU:13& UU:19# UU:46& UU:35# 00:28	00:19± 00:1/- 00:31& 00:19	# 00:23& 00:21& 00:57& 00:17- 00:11- 00:07- 00:03- 00:32& 01:25@ 00:37& 00:28- 00:12#
	02:53+			

00:06# 01:53@

Plass	Navn			K	lasse					7	Γid												
12	Flemming Bind	ner		20	0						56:14												
03:45+	09:19+ 12:55+ 15:22 05:34+ 03:36+ 02:27	18:49+																					
	03:08@ 00:43# 00:13																						
53:38+ 00:45=	56:14+ 02:36+																						
	01:36@																						
13	Lene Stick Niels		15.21	19	_	04.50	06.40	00.05	21.27		57:57	27.26	20.52	40.20	41.50	42.00	44-11	45.00	46.13.	40.00	50-14	51.16	E4.03.
	07:00+ 11:56+ 14:20 03:18+ 04:56+ 02:24																						
	00:52& 02:03& 00:10 57:57+	00:26#	00:09#	00:31&	00:48&	00:02-	00:18#	00:34&	00:03-	00:35&	00:14#	00:46&	00:16&	00:18#	00:14-	00:10-	00:02-	00:03+	00:28&	01:34@	00:58@	00:26-	01:55@
00:56+																							
00:11# <b>14</b>	Max Hansen			7							58:00												
= =	07:10+ 10:50+ 13:23	+ 16:30+	17:23+	19:43+	21:45+	24:35+	26:29+	28:54+	31:24+			37:21+	38:48+	40:22+	41:52+	43:04+	44:10+	44:50+	46:14+	48:14+	50:06+	51:07+	54:13+
	03:14+ 03:40+ 02:33 00:48& 00:47& 00:19																						
	58:00+	+ 01·140	00.10#	00.25#	00.41%	00.04-	00.27&	00.37&	00.05-	00.31%	00.00#	00.548	00.20%	00.15#	00.12-	00.09-	00.02+	00.00-	00.39&	01.27@	00.50%	00.27-	01.34@
	02:53+ 01:53@																						
15	Grethe Anæus			19	9						58:20												
	06:56+ 11:13+ 13:50 03:31+ 04:17+ 02:37																						
	01:05& 01:24& 00:23																						
	58:20+ 02:37+																						
	01:37@																						
16	Tove Straarup	18.18.	10.12	4	00.51	05.56	0.7.4.7.	20.20	22.40	-	59:56	40-00	41.20	42.05	44.42	45.50	45.10	45.50	40.04	E1.25	F2.20.	54.25	56.16
	07:44+ 12:04+ 14:33 03:55+ 04:20+ 02:29																						
	01:29& 01:27& 00:15	00:51&	00:13&	00:31&	00:51&	00:11+	00:24&	00:57&	00:42&	00:31&	00:45&	00:39&	00:21&	00:16#	00:04-	00:06-	00:08#	00:02+	00:41&	01:40@	00:59@	00:23-	00:27&
57:13+ 00:57+																							
00:12&	01:43@	_			l-:£						4.00.5												
03:48+	Ole Christianse		17:37+		kif 22:42+	26:33+	28:25+	31:13+	34:01+		1:00:5 37:55+	_	41:53+	43:41+	45:22+	46:44+	47:51+	48:43+	50:07+	52:16+	54:14+	55:20+	56:56+
	03:47+ 04:17+ 02:20																						
	01:21& 01:24& 00:06 60:53+	F 00:38&	00:11%	00:28#	01:21&	00:5/&	00:25&	01:00%	00:13+	00:33&	00:1/#	01:14&	00:23&	00:29&	00:01-	00:01+	00:03+	00:06#	00:39&	01:36@	01:02@	00:22-	00:24&
	02:57+ 01:57@																						
18	Tommy Jakobs	en		4							1:01:1	7											
	07:17+ 11:55+ 14:29	16:57+																					
	03:34+ 04:38+ 02:34 01:08& 01:45& 00:20																						
	58:18+ 61:17+ 01:11+ 02:59+																						
	00:11# 02:18@																						
19	Åge Lillethorup			13	-						1:01:2	_											
	08:47+ 13:44+ 16:25 03:37+ 04:57+ 02:41																						
01:57&	01:11& 02:04& 00:27 58:03+ 61:23+																						
	01:12+ 03:20+																						
	00:12# 02:39@			2							4.04.4	0											
<b>20</b> 04:08+	Frede Truelsen	+ 17:55+	18:47+	<b>3</b> 21:14+	23:29+	26:41+	28:38+	31:10+	33:45+		1:01:4 37:46+	_	42:22+	44:09+	45:44+	46:58+	48:08+	48:54+	50:24+	52:34+	54:25+	55:27+	57:29+
04:08+	03:27+ 05:15+ 02:29	02:36+	00:52+	02:27+	02:15+	03:12+	01:57+	02:32+	02:35=	02:18+	01:43+	03:14+	01:22+	01:47+	01:35-	01:14-	01:10+	00:46=	01:30+	02:10+	01:51+	01:02-	02:02+
00:55& 58:41+	01:01& 02:22& 00:15: 61:48+	+ 00:43&	00.09#	∪∪・3∠&	UU-54&	00.18#	UU:3U&	UU-44&	00.00=	UU - 34&	00:23&	U1:54@	UU • Z 1 &	00:28&	00.07-	00:07-	00:06+	00.00=	∪∪・45&	OT - 3 /@	UU - 55&	00.26-	0U.5U&
	03:07+ 02:07@																						
00.27&	02.07@																						

Plass	Navn			K	lasse					-	Γid												
21	Frants Nielsen			2							1:02:1	13											
03:32+	07:12+ 11:44+ 14:31+										39:27+	41:20+											
	03:40+ 04:32+ 02:47+ 01:14& 01:39& 00:33#																						
	62:13+ 02:50+																						
	01:50@																						
22	Torben Isen			2							1:02:2												
	07:32+ 11:38+ 14:14+ 03:54+ 04:06+ 02:36+																						
00:25#	01:28& 01:13& 00:22#																						
	62:24+ 02:50+																						
	01:50@			•							4-00-0												
03:39+	Gitte Isen 08:00+ 12:25+ 15:13+	18:20+	19:30+	22:11+	24:07+	27:22+	29:27+	32:21+	35:33+	37:50+	1:02:2	_	42:46+	44:29+	46:15+	47:31+	48:45+	49:31+	51:04+	53:19+	55:20+	56:22+	58:12+
03:39+	04:21+ 04:25+ 02:48+	03:07+	01:10+	02:41+	01:56+	03:15+	02:05+	02:54+	03:12+	02:17+	01:38+	01:51+	01:27+	01:43+	01:46+	01:16-	01:14+	00:46=	01:33+	02:15+	02:01+	01:02-	01:50+
	01:55& 01:32& 00:34& 62:28+	01:14&	00:27&	00:46&	00:35&	00:21#	00:38&	01:06&	00:37#	00:33&	00:18#	00:31&	00:26&	00:24&	00:04+	00:05-	00:10#	00:00=	00:48@	01:42@	01:05@	00:26-	00:38&
	03:08+ 02:08@																						
24	Anette Pind			1:	5						1:03:4	12											
04:06+	07:37+ 12:20+ 18:48+			25:10+	27:17+						41:29+	43:08+											
	03:31+ 04:43+ 06:28+ 01:05& 01:50& 04:14@																						
60:44+	63:42+																						
01:04+ 00:19&	02:58+ 01:58@																						
25	Jane Bech Thøg	ersen		1:	5						1:03:5	56											
	07:46+ 12:32+ 19:00+ 03:26+ 04:46+ 06:28+																						
	01:00& 01:53& 04:14@																						
60:56+ 01:04+	63:56+ 03:00+																						
	02:00@			_	_																		
26	Nancy Veng Holi 09:15+ 13:23+ 16:45+		21.12+	23:40+		20.20+	21.17_	22.10+	36.22+	30.16+	1:04:5		12.17+	44.59+	16.23+	10.26+	49.40+	50:44+	51·21±	52:45+	54.51+	56.35+	57:55+
	04:11+ 04:08+ 03:22+																						
	01:45& 01:15& 01:08& 62:26+ 64:52+	01:35&	00:17&	00:32&	01:34@	00:01-	00:22&	00:44&	00:02-	00:40&	00:37&	00:33&	00:10#	00:08-	00:13#	00:12#	00:10#	00:18&	00:02+	00:41@	01:10@	00:16#	00:08#
03:11+	01:20+ 02:26+																						
02:26@ <b>27</b>	Tage Baun			4							1:04:5	56											
	08:24+ 13:01+ 16:09+	19:29+	20:32+	23:23+	25:53+	28:58+	30:55+	33:28+	36:01+	38:19+			43:04+	44:27+	46:09+	47:54+	49:09+	50:21+	51:11+	52:34+	54:46+	56:36+	57:40+
	03:56+ 04:37+ 03:08+ 01:30& 01:44& 00:54&																						
	61:44+ 64:56+	01.270	00.204	00.30%	01.09&	00.11+	00.30%	00.436	00.02-	00.34	00.33&	00.02-	00.314	00.041	00.00=	00.24&	00.11#	00.204	00.03#	00.30@	01.10@	00.22#	00.00-
	01:20+ 03:12+ 00:20& 02:31@																						
28	Susanne Baun			4							1:05:0	)2											
	09:21+ 13:30+ 16:54+ 04:08+ 04:09+ 03:24+																						
02:00&	01:42& 01:16& 01:10&																						
	62:27+ 65:02+ 01:20+ 02:35+																						
02:17@	00:20& 01:54@			_	_																		
<b>29</b>	Helle Nikkel 08:14+ 12:38+ 15:18+	18:16+	19:13+	22:08+		28:23+	30:36±	33:33±	36:15±	38:37±	1:05:5		44:34+	46:18+	48:08±	49:30±	51:28±	52:19±	53:55±	56:23+	58:32±	59:32±	61:21+
04:20+	03:54+ 04:24+ 02:40+	02:58+	00:57+	02:55+	02:08+	04:07+	02:13+	02:57+	02:42+	02:22+	01:54+	01:54+	02:09+	01:44+	01:50+	01:22+	01:58+	00:51+	01:36+	02:28+	02:09+	01:00-	01:49+
	01:28& 01:31& 00:26# 65:57+	01:05&	00:14&	01:00&	00:47&	01:13&	00:46&	01:09&	00:07+	00:38&	00:34&	00:34&	01:08@	00:25&	+80:00	00:01+	00:54&	00:05#	00:51@	01:55@	01:13@	00:28-	00:37&
01:13+	03:23+																						
00:28&	02:23@																						

Plass	Navn				K	lasse					-	Γid												
30	Karen Piil	Kriston	san		1	3						1:06:0	11											
	07:32+ 12:27+			20:04+		-	28:25+	30:45+	33:35+	37:41+	40:07+			45:21+	47:28+	49:12+	50:27+	51:45+	52:32+	53:59+	56:19+	58:19+	59:26+	61:37+
	04:01+ 04:55+ 01:35& 02:02&																							
63:27+		00.37&	01.23&	00.45@	01.13%	00.540	00.02+	00.53&	01.02&	01.31%	00.420	00.22&	00.40%	00.23&	00.40%	00.02+	00.06-	00.14#	00.01+	00.420	01.47@	01.04@	00.21-	00.55&
01:50+ 01:05@																								
31	Gert Krist	ansan			1	3						1:06:5	52											
-	07:28+ 12:30+		18:40+	20:00+			28:42+	30:43+	33:33+	37:37+	40:04+			45:33+	47:30+	49:10+	50:24+	51:44+	52:37+	54:13+	56:26+	58:28+	59:48+	61:41+
	03:53+ 05:02+																							
63:30+	01:27& 02:09& 66:52+	00.38&	01.25&	00.37&	01.1/&	00.54&	00.21#	00.34&	01.02&	01.29&	00.43&	00.29&	00.48&	00.31%	00.38&	00.02-	00.07-	00.10#	00.07#	00.21@	01.40@	01.00@	00.08-	00.41&
01:49+																								
01:04@ <b>32</b>	Thora Dar	nsgaard	4		1	9						1:07:1	2											
04:11+	08:11+ 12:51+	15:33+	18:28+		23:25+	25:53+					39:48+	41:46+	44:11+											
	04:00+ 04:40+ 01:34& 01:47&																							
64:15+		00.20#	01.02&	00.39@	01.20&	01.07&	00.13+	01.10%	00.110	00.40%	00.21#	00.30&	01.03&	00.22&	00.224	00.00-	00.00=	00.220	00.01-	00.47@	01.31@	00.33&	00.25-	00.134
03:31+ 02:46@																								
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## mtbo8

1 Ulrik Mathiasen 15 1:06:21

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

66:21= 00:00=

Plass Navn Klasse Tid

# Beste stræktid for klassen

66:21

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.